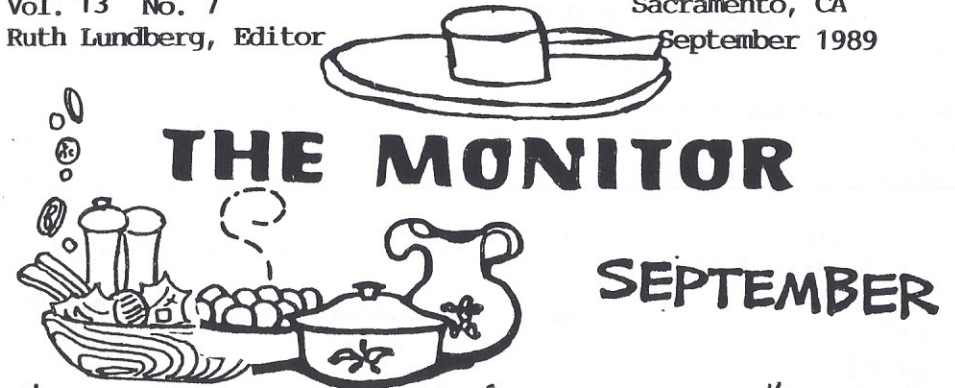


VASA ORDER OF AMERICA  
Monitor Lodge No. 218  
Vol. 13 No. 7  
Ruth Lundberg, Editor

WISTERIA HALL  
3830 "U" Street  
Sacramento, CA  
September 1989



1<sup>st</sup> 6:30 PM Scandinavian Smörgåsar, Sallad och Köttbullar

7:30 PM Bussiness meeting. Nominating Committee report. Cultural Program: Carl Miles

Welcome back! Your committee, Muriel Hjersman, and Peggie Carlson wish to report the following:  
"Annual Smorgasor evening is this year a "Potluck" - everyone shares. Bring your own eating utensils and enough of your assigned dish to serve six people.

If your name begins **A thru G** Smörgåsar, Open faced Sandwiches. (Thats Swedish)

**H thru L** - Sallad, Salad (that's Swedish, too)

**M thru W** - Köttbullar (meat balls) remember Swedish

The committee will furnish beverages and dessert. No dishwashing at the lodge that evening.

23<sup>rd</sup> District Golf Tournament on Stockton

Sorry I do not have any dates for the Children's Club or for the Nal och Trad group as the leaders haven't given me any information.

It is hard to bet back on schedule after the summer vacations. We went 4000 miles to Canada, Washington, Oregon in our motorhome and some of our members have returned from Sweden and other far away places.

Ruth & Bernie Lundberg

VASA ORDER OF AMERICA  
MONITOR LODGE NO. 218  
5110 42nd STREET  
SACRAMENTO, CALIFORNIA 95820

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No report from your chairman, Ruth Veis, this time.

In case you haven't heard she had surgery last month and is receiving chemotherapy treatments each week.

We were so happy she could come to our Crayfish party on Saturday night and that she is feeling much better and getting her strength back.

We all wish you continued good health.

\*\*\*\*\*



Thanks to **Bea Dillard** for opening her home to us again and providing us with such a delightful evening. Our Crayfish party was just wonderful and the food seemed to surpass that of other years.

It was nice to see some of our former members, like Jon Veis and his son, Johan, who were visiting his parents.

Also, many of our members that we haven't seen for a long time. We missed those of you that were on vacation.



We were sorry to hear of the death of our member, Iris Ostlund, on July 30th. Her funeral was held on August 2nd. Our sympathy goes to Lars and his family. She will be missed at Monitor!

\*\*\*\*\*

**Change of address:**

Mrs. June Brown  
321 Texas Street #104  
Fairfield, CA 94533

Mrs. Nancy Misenti  
4501 Engle Road  
Sacramento, CA 95821  
Phone 483-5881

**The Two Lives of Axel Munthe**

Axel Munthe (1857-1949) was a Swedish physician who had studied medicine in France and began his practice in Paris where he worked with the pioneer neurologist Charcot and with Pasteur. In 1929, his book "The Story of San Michele" was published. This was an account of his experiences as a doctor in Paris and later in Rome.

San Michele was the ruined villa on the Isle of Capri which Munthe loved and which he worked for years to own and rebuild.

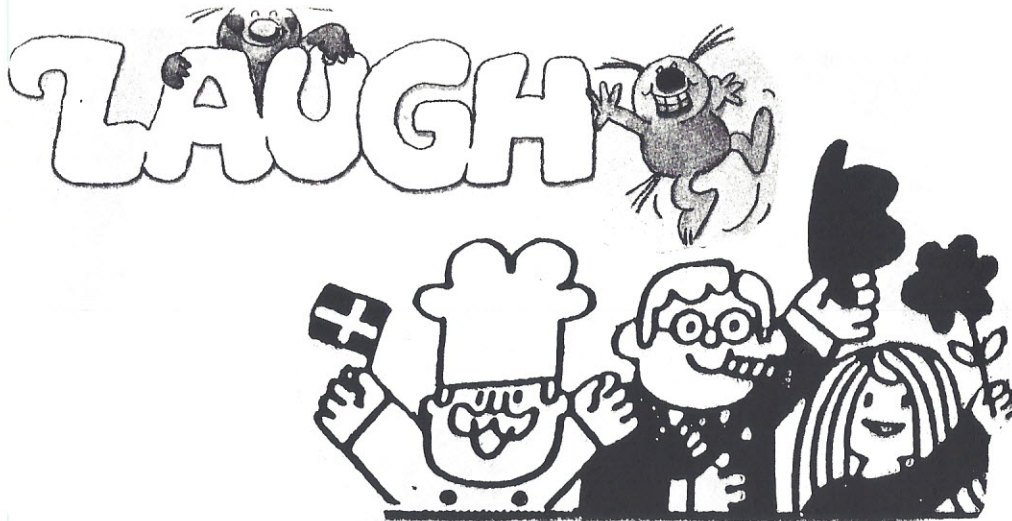
"The Story of San Michele" became popular with everyone who read it. Even in the depression years it went through many printings. The book cannot be described as biography. It is more nearly a series of sketches. The book does reflect much of Munthe's personality and philosophy, his humanitarianism and love for animals.

When his son published a biography containing many of his father's notes after his father's death, there were many who believed him an imposter. They had an image of the gentle doctor who preferred the poor and humble to the rich and privileged, spurned honors, who had no family and had lived his deserved retirement at his beloved San Michele. They could not reconcile this image with the facts.

In fact, Munthe had been honored by both the governments of France and Italy. In 1908, he became court physician to the Swedish royal family. Many members of the royal family spent winters in Italy so he was not deprived of San Michele. He split with the royal family during World War I because he believed them to be pro-German but later resumed the relationship. At his death in 1949, he had lived in the royal palace at Stockholm for ten years.

"The Story of San Michele" is still very readable. Reviewers say "its lasting success may be attributed to its intimate revelation of an unusually vital personality and its sympathetic, vivid description of suffering".

Ted Olson



What's the value of a smile? It costs nothing, but creates much. It enriches those who receive it without impoverishing those who give it.

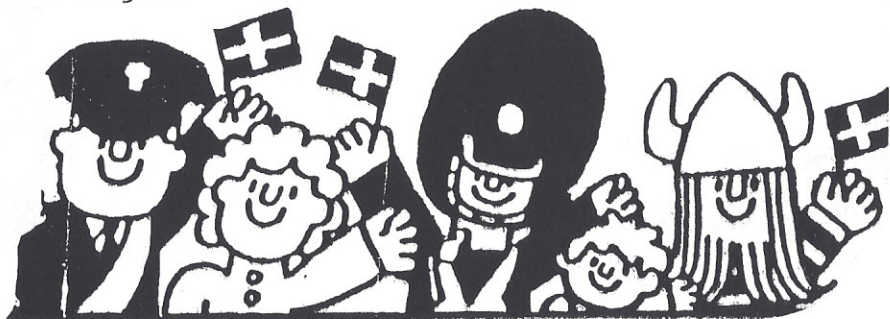
It happens in a flash and the memory of it sometimes lasts forever. None are so rich they can get along without it, and none so poor but are richer for its benefits.

It creates happiness in the home, fosters good-will in a business, and is the countersign of friends. It is rest to the weary, daylight to the discouraged, sunshine to the sad, and nature's best antidote for trouble.

Yet, it cannot be bought, begged, borrowed or stolen, for it is something that is no earthly good to anyone until it is given away.

And if in the hurly-burly bustle of today's business world, some of the people you meet should be too tired to give you a smile, maybe you should leave one of yours!

For nobody needs a smile so much, as those who have none left to give!



Hjärtliga gratular på Födelsedagen !

September Birthdays

- |                      |                      |
|----------------------|----------------------|
| 9/04 Erika Lewis     | 9/20 Helen Forsty    |
| 9/08 Jean Anderson   | 9/21 Elenor Vine     |
| 9/12 Muriel Hjersman | 9/21 Ethel Hubbell   |
| 9/12 Peggie Carlson  | 9/23 Britt Andersson |
| 9/12 Ronald Norton   | 9/24 Jeanne Hagstrom |
| 9/13 Kurt Swanfeldt  | 9/24 Dianne Norton   |
| 9/16 Arlie Veis      | 9/26 Joyce Kelley    |
| 9/19 Carl A. Larson  | 9/29 Estrid Doscher  |

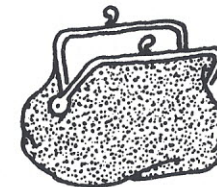
Special birthdays: Muriel Hjersman 75, Ethel Hubbell and Eleanor Vine 76, Helen Forsty 77.

\*\*\*\*\*

Dues anniversaries for the month of September

- Susan Buscher
- Etna Hermanson
- Camilla Holm
- Gilbert Holm
- Erika Lewis
- Victoria Lydecker
- Gustav Mattson
- Johan Sandstrom
- Ruth Whisman

Pay Your Dues



If you can't attend the meeting, please send your \$14.00 to the financial secretary, Lisa Krastins.

\*\*\*\*\*

Junk is the stuff we throw away, and stuff is the junk we keep.

\*\*\*\*\*

"Our American slang has got to be the only place 'slim chance' and 'fat chance' mean the same thing."

\*\*\*\*\*

## MIDSUMMER CELEBRATION



There were many favorable comments about our Midsummer Celebration on June 24th. The weather cooperated and we had a good turn out for an old fashioned family picnic.

The important thing is that so many willing hands joined in decorating and erecting the Majstång. You can report to your Swedish cousins that it was a California Majstång. Much of the greenery was camellia branches and most of the flowers were oleander. In Sweden they know oleander as Nerium, it is a hot house plant there.

We were happy to see many children and grandchildren. We can't thank everyone personally but Camilla Caldwell and Peggy Carlson deserve thanks for the children's games.

A Swedish Midsummer would not be complete without dragspel music. We thank our friends from Sierra Kronen, Carola and Lars, for providing the accordions and Audrey Fales for the song sheets for a good sing-along.

As he left, my youngest grandson said, "That was fun. Will we be invited next year?". The answer is, yes. We have reserved for next year on June 23rd. We were not able to get our favorite area at Elk Grove Park, but we have one almost as good. We want to see everyone there next June 23rd.

the Midsummer Celebration Committee

Ted Olson

