

VASA ORDER OF AMERICA  
Monitor Lodge No 218  
Vol. 14, No. 4  
Editor: Marie Tillman

Wisteria Hall  
3830 "U" Street 1990  
Sacramento, CA

# THE MONITOR



Älgstuvning (Elk Stew) with salad and limpa is our dinner for April. The price is \$4.00. The bar opens at 6:00 p.m. and the dinner will be served at 6:30 p.m. Gil and Camilla Holm are the chairmen of the dinner Committee. Don Gustafson, Ernie Skorheim, and Ed Dahlberg will help them. Margaret Carlson, Ted and Alice Olson are setting up the tables.

After the dinner, at 7.30 p.m. our children's group will present their program "Var i Sverige". A short business meeting will start at 8.00 p.m. This is our 78th anniversary. Our past chairman will be honored and cake and champagne will be served. On the desert committee this month is Myrtle Widmark, Jone Canady and Donna Niemoller.

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## Children's Club

The children's group will be meeting every Monday at 4:30 p.m. at Coloma Recreational Center on 46th and T Street in the Jamestown room. For more information call Peggy Carlson or Camilla Caldwell.

Don't forget the Scandinavian Festival on April 7, from 10.00 a.m. to 3.00 p.m. at Board of Realtors Auditorium on 2003 Howe Avenue. Bring your friends and family.

VASA ORDER OF AMERICA  
MONITOR LODGE NO. 218  
5110 42nd STREET  
SACRAMENTO, CALIFORNIA 95820

DATED MATERIAL

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Sacramento, CA

## Scandinavian Dancing

This month, the dance group will be meeting on Saturday, April 21, at 7.30 p.m. at Mira Loma High School on Edison Avenue in Sacramento. Beginners as well as more experienced dancers are welcome. Please bring some goodies to share during the breaks.



Tisdagen den 3 April, kl. 19.00, hos  
Dede Dahlberg  
5829 Birdcage Street #266  
Citrus Heights, CA 95610  
(916) 966-4631  
Punch #180 at security gate

Please bring items to price for the Scandinavian Festival.



## Sick Committee Report

Marge Skicklig is up and around.

Cecile Spencer is recovering at home after her operation and is using a walker to get around. She would like to hear from her friends.

Holgar Nordquist is at home now under doctor's care.

How about some notes and calls to our 40 year member, Olga Fredrickson, who is in a nursing home.

Land Park Senior Lodge  
966 43rd Avenue  
Sacramento, CA 95831  
Office phone: 421-7000



We are sorry to hear about the death last November of our member Ivy Bland.

When you visit Sweden or almost any foreign country including Canada, you will encounter the metric system of weights and measures. Most of us find it confusing at first. When we introduced a couple simple metric exercises such as estimating the weight of a watermelon in kilos and grams and the length of a sausage in centimeters, many complained it was impossible. Actually, the metric system is simple and logical, that is why it is used in most of the world.

The basic unit is the meter, which is one ten millionth of the distance from the equator to the north pole. The meter is divided by one hundred into centimeters and further divided by ten into millimeters. In the other direction, one thousand meters equals one kilometer.

Area measurement is similar, the square millimeter, the square centimeter and square meter. Ten thousand square meters equals one hectare.

Weight is also based on the same principle. One cubic centimeter of water weighs one gram. One thousand grams equals one kilo. Liquid measurement is similar. One thousand cubic centimeters (cc) equals one liter. In recipes you will find measurements of a deciliter (dl) which is one tenth of a liter, and centiliter (cl) one hundredth of a liter.

The simple metric system is only confusing when we attempt to translate to the complicated English system which we use. However, we are living in an increasingly metric world. If you own a Japanese, German or Swedish automobile, you will find the need for metric wrenches. Wine and liquor bottles are now metric. Even the two liter soft drink bottle is now familiar. Engine displacements are now given in liters instead of cubic inches.

Metric equivalents of our familiar measurements are found in most dictionaries and other reference books. It should be easy to remember that a meter equals 39.37 inches, therefore a centimeter is just about two fifths of an inch. There are 454 grams to a pound. A liter is just a little over one quart.

Canada and New Zealand have recently successfully moved to the metric system. It is not impossible. The metric system is even in common use in part of the US. The metric system was in use in Spain when Puerto Rico belonged to that country. It has continued now that it is a commonwealth of the United States.

Be it RESOLVED THAT Article 17 (a) of the By-Laws of the District Lodge Golden Gate No. 12 be emended to read as follows:

The District General Fund shall receive its income from a per capita tax, the amount to be established by the annual District meeting in session, plus any assessments levied by the Grand Lodge, to be paid yearly by the Local Lodges at the close of the term. All surplus funds received from festivals and other affairs under the auspices of the District Lodge shall be paid into the District General Fund unless otherwise directed.

Motivation: This amendment allows each District meeting in session to determine the per capita tax for the ensuing year; more accurately reflects the wishes of members of the District; allows more flexibility in responding to changing economic conditions and mandates of the District; and eliminates the need to alter the By-Laws each time a change becomes necessary. This change also makes the By-Laws of the District Lodge Golden Gate No. 12 consistent with the Grand Lodge Constitution and By-Laws.

District Lodge Golden Gate No. 12  
Executive Board  
Helen Mingram, Secretary



Note: These resolutions will be voted on at our next meeting. Please come prepared.



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Next deadline for "The Monitor" will be  
April 15, 1990.  
Note new address below  
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Dues Anniversaries for the month of April

Annabel Audet	Dorothy Scherer
Kersten Barney	Steve Stromgren
June Brown	Marie Tillman
Birgitta Ellis	Terry Tillman
Arthur Niemoller	Eleanor Vine
Donna Niemoller	Myrtle Widmark
Ricki Niemoller	

If you can't attend the meeting, please send your \$14.00 to the financial secretary, Lisa Krastins, 5550 78th Street, Sacramento, CA 95820.



Hjärtliga gratulationer på födelsedagen!  
Congratulations!

4/02	Millie Johnson	4/23	Ronny Kågström
4/03	Harry Johnson	4/24	Magaretha Logus
4/04	Inez Norling	4/25	Roland Erickson
4/04	Christina Barrett	4/28	Annika Anderson
4/05	Lennart Andersson	4/30	Didrik Anderson
4/16	Lois Mullen	4/30	Holgar Nordquist
4/21	David Dorey	4/30	Annalena Bronson

Special Birthdays: Inez Norling 93, Holgar Nordquist 85, Harry Johnson 82, Roland Erickson 82.

Change of Address

Terry & Marie Tillman  
1605 Truckee Way  
Woodland, CA 95695  
Ph# (916) 668-1646

RESOLUTION NO. 1:

Article 24 - ANNUAL SCHOLARSHIP be amended from:

Section (a) no. 3 - The Executive Board will examine all scholarship applications in order to satisfy themselves that rules governing length of membership, high school grades, and general scholastic requirements are followed.

Section (a) no. 5 - Upon recommendations of the judges, the Executive Board shall make the final decisions and have the District Secretary make the official announcement to the winner, as well as to the secretary of all local lodges. All applicants for scholarship shall be notified concerning the results of the contest as early as convenient, giving the name of the winner.

Section (b) no. 1 - The Scholarship is intended for young people entering an institution of higher learning, including a vocational school (college level), and who are enrolled for a fulltime program.

Section (b) no. 4 - The candidate must submit with the application, a complete record of the high school grades, including first half of the senior year.

Section (b) no. 5 - The highest qualified candidate will be awarded the sum of \$300.00 as scholarship which will be payable to a college, university, or vocational school of the candidate's choice.

Be it RESOLVED that the Annual Scholarship be amended to read as follows:

Section (a) no. 3 - The Executive Board will examine all scholarship applications in April, in order to satisfy themselves that rules governing length of membership, transcripts, and general scholastic requirements are followed.

Section (a) no. 5 - Upon the recommendations of the judges, who shall consist of two non-Vasa educators, the Executive Board shall make the final decisions and have the District Secretary make the official

RESOLUTION NO. 7:

Article 22, General Rules (j)

The local lodge Secretary shall notify the District Secretary when the VASA VISITOR is received, and when and where the lodge receiving the VASA VISITOR will take it.

Be it RESOLVED THAT Article 22, General Rules (j) of the By-Laws of District Lodge Golden Gate No. 12 be amended to read as follows:

The local lodge Secretary shall notify the District Secretary when the VASA VISITOR is received and when and where the Lodge receiving the VASA VISITOR will take it. The lodge receiving the VASA VISITOR shall take it to another lodge within six (6) months of its receipt.

Motivation: During the past several years the VASA VISITOR has stayed in the receiving lodge for extended periods of time. It is the intent of the VASA VISITOR to promote fellowship and visitation among the local lodges. The addition of the obligation to pass the VASA VISITOR along during a specific period of time is intended to return us to its original purpose.

District Lodge Golden Gate No. 12  
Executive Board  
Helen Mingram, Secretary

RESOLUTION NO. 8:

Article 17 - District General Fund (a)

The District General Fund shall receive its income from a \$3.70 per capita tax, plus any assessments levied by the Grand Lodge, to be paid yearly by the local lodges at the close of the term. All surplus funds received from festivals and other affairs under the auspices of the District Lodge shall be paid into the District General Funds unless otherwise directed.

Section (b) - The officers in the local lodges shall serve the term for which they have been elected (January 1st to December 31st).

Be it RESOLVED THAT Article 20 (b) of the District Lodge Golden Gate No. 12 By-Laws be amended to read:

The officers in the local lodges shall serve the term for which they have been elected.

Motivation: This resolution will make the By-Laws of the District Lodge Golden Gate No. 12 consistent with the Constitution of the Grand Lodge. As the By-Laws currently stand the term of January 1st to December 31st does not take into account the fact that most installations of local lodge officers take place after January 1st.

District Lodge Golden Gate No. 12  
Executive Board  
Helen Mingram, Secretary

RESOLUTION NO. 6:

Article 22, General Rules (b)

Election of officers in the local lodges shall be held during the first meeting in October.

Be it RESOLVED THAT Article 22, General Rules, (b) of the By-Laws of the District Lodge Golden Gate No. 12 be amended to read as follows:

Election of officers in the local lodges shall be held during the first meeting in October. The local lodges shall have the option of electing officers for a two (2) term.

Motivation: This resolution allows local lodges greater freedom in setting the terms of office of their elected officers.

District Lodge Golden Gate No. 12  
Executive Board  
Helen Mingram, Secretary

announcement to the winner, as well as to the secretary of all local lodges. All applicants for scholarship shall be notified concerning the results of the contest as early as convenient, giving the name of the winner.

Section (b) no. 1 - The Scholarship is intended for Vasa Members entering or enrolled in an institution of higher learning, including a vocational school, college level and who are enrolled for a full-time program.

Section (b) no. 4 - The candidate must submit with the application, a complete record of high school grades, or most recent transcript.

Section (b) no. 5 - The highest qualified candidate will be awarded the sum of five hundred dollars (\$500.00) as a scholarship, which shall be payable to a college, university, or vocational school of the candidate choice.

Motivation: Vasa members entering or enrolled in institutions of higher learning should be eligible for a scholarship in addition to members who are just graduating from high school. Funds are available in the scholarship fund to support passage of this resolution and this would involve no increase in assessments.

District Lodge Golden Gate No. 12  
Executive Board  
Helen Mingram, Secretary

RESOLUTION NO. 2:

Article 9, Officers

Section (a) - District Master, Vice District Master, District Secretary, Assistance District Secretary, District Treasurer, Treasurer of District Sick Benefit Fund, District Cultural Leader, District Chaplain, District Master of Ceremonies, Assistance District Master of Ceremonies, District Inner Guard, District Outer Guard; the first seven (7) by majority vote and the remainder by a plurality. All the elections in the District Lodge shall be by secret ballot.

Be it RESOLVED THAT Article 9 (a) of the District Lodge Golden Gate No. 12 By-Laws be amended to read:

District Master, Vice District Master, District Secretary, Assistant District Secretary, District Treasurer, Treasurer of District Sick benefit Fund, District Cultural Leader, District Master of Ceremonies, Assistant District Master of Ceremonies, District Inner Guard, District Outer Guard; the first seven (7) by majority vote and the remainder by a plurality. All elections in the District Lodge shall be by secret ballot.

Motivation: The District Chaplain is an office which serves the District only during the opening and closing of official District meetings. This resolution would eliminate the elected office of District Chaplain, thereby saving time during the election of officers at the annual meeting.

District Lodge Golden Gate No. 12  
Executive Board  
Helen Mingram, Secretary

RESOLUTION NO. 3:

Article 9 (b) - The offices of District Chaplain, District Master of Ceremonies, Assistant District Master of Ceremonies, District Inner Guard, and District Outer Guard shall be for a term of one (1) year, and the incumbent in any one of these offices shall not succeed himself or herself in any consecutive year.

Be if RESOLVED THAT Article 9 (b) of the District Lodge Golden Gate No. 12 By-Laws be amended to read:

The offices of District Master of Ceremonies, Assistant Master of Ceremonies, District Inner Guard and the District Outer Guard shall be for a term of one (1) year, and the incumbent in any one of these offices shall not succeed himself or herself in any consecutive year.

Motivation: If Resolution No. 12 is passed this resolution would be necessary to bring all portions of

the District By-Laws into conformity. The elected office of District Chaplain would be eliminated, and Resolution No. 4 would establish the office of District Chaplain as an appointed office by the District Master, if passed.

District Lodge Golden Gate No. 12  
Executive Board  
Helen Mingram, Secretary

RESOLUTION NO. 4:

Appendix - Duties of Officers - District Master, section (c), second paragraph.

The following officers shall be appointed by the District Master:

1. Vasa Star Correspondent and Publicity Director;
2. Membership Chairman; 3. District Historian; 4. Blood Bank Chairman.

Be it RESOLVED THAT the Appendix, Duties of Officers, District Master, (c) second paragraph, be amended to read as follows:

The following officers shall be appointed by the District Master: 1. District Chaplain; 2. Vasa Star Correspondent and Publicity Director; 3. Membership Chairman; 4. District Historian; 5. Blood Bank Chairman.

Motivation; If Resolution No. 2 is passed this resolution would establish the office of District Chaplain as an appointed office to be appointed by the District Master to serve at official District meetings during his/her term of office.

District Lodge Golden Gate No. 12  
Executive Board  
Helen Mingram, Secretary

RESOLUTION NO. 5:

Article 20 - Fiscal Year