

VASA ORDER OF AMERICA
Monitor Lodge No 218
Vol. 15, No. 5, 1991
Editor: Marie Tillman

Wisteria Hall
3830 "U" Street
Sacramento, CA

THE MONITOR



MORS DAG FEST (Mother's day dinner)

FRIDAY MAY 3, 1991

The men of Monitor honor the ladies. Pot roast dinner, all ladies and boys under 12 free. Men \$5.00. Bar opens at 6.00 and dinner starts at 6.30 pm.

The meeting starts at 7.30 pm. Be there for initiation of new members.

To all men: you will be called on to serve the ladies.

NÅL OCH TRÅD

Tisdagen den 14 Maj, kl. 19.00, hos
Elizabeth Johnson
4332 T Street
Sacramento, CA 95819
452-2470



Next deadline for "The Monitor" will be
May 20, 1991
Send material to Marie Tillman, 1605 Truckee Way,
Woodland, CA 95695

Monitor Lodge No. 218
Vasa Order of America
5110 42nd Street
Sacramento, CA 95820

Address Correction
Requested

DATED MATERIAL

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CHAIRMAN'S MESSAGE

Many thanks to all the workers from our lodge that helped to make the Scandinavian Festival a success. There was a large attendance which shows that the word is out about the good food, crafts and entertainment that is put on. Audrey Fales talked with many people about the Scandinavian lodges here in Sacramento and many signed up for more information.

We are now looking forward to our annual Mother's Day dinner put on by the men of our lodge. If you have not signed up to help in the kitchen at our dinners, do so at the meeting. This is a good way for new members to join with the older ones and participate in the activities.

The Swedish Musicians gave an outstanding concert at the Fremont Church, Saturday, April 6, and our lodge was well represented to hear them.



In Truth and Unity,
Myrtle Widmark

SICK COMMITTEE REPORT

Roland Erickson is suffering from a sinus infection. Hopefully when the windy spring season abates and antibiotics take hold, he will feel better. Don Gustafson is regularly in contact with his doctor and awaits news from the UCD Doctor on new developments in this field of treatment. Inger Thornros has been ill but is recovering with medication. Please inform Vice Chairman Harry Johnson (452-2470) or any officer of illness of any of our members. We want to keep in touch with them.



THE MAN OF MANY LIVES

In 1882 a young, adventuresome, Norwegian zoologist joined a sealing ship sailing to Greenland waters. He wished to gain practical experience in observing the arctic animals he studied. This interest in the arctic continued all of his life but was only part of his life.

His name was Fridtof Nansen, described in his biography as explorer, scientist, artist, statesman humanitarian and winner of the 1922 Nobel peace prize.

As explorer he led a party in 1888 which was the first to cross the Greenland ice cap. A more daring adventure involved the specially constructed ship "Fram". Nansen proposed that arctic currents flowed from Siberia to Greenland based on his observation of Siberian driftwood on the shores of Greenland. The Fram was financed by the Norwegian Parliament and public subscription. King Oscar II of Sweden-Norway was a generous contributor. The Fram sailed into the arctic in 1895 and was frozen into the ice. It drifted north to 315 miles from the North Pole. Nansen and a companion left the Fram and travelled further north over the ice to a new furthest north, only 240 miles from the pole, before returning back. Instead of rejoining the Fram they headed for Franz Joseph Land and wintered on an island they had discovered. They lived on walrus and polar bear.

In addition to these exploits Nansen continued his scientific research. In 1887 he received his doctorate based on his research in microscopic analysis of the central nervous system. His paper was accepted with reservation by the review committee since it contained original research that could not be verified at the time. It is now regarded as a classic.

(to be continued)
Ted Olson



MEMBERSHIP ANNIVERSARIES FOR THE MONTH OF MAY

It's that time again for the following members to renew their membership for the year 1991-1992. We are all pleased to belong to VOA Monitor Lodge No. 218, and happy that you belong too.

Dues are \$14.00/yr. payable to Monitor No. 218. Please bring with you to the May 3rd meeting or mail to Financial Secretary Elizabeth Johnson, 4332 T Street, Sacramento, CA 95819. If you wish a receipt mailed to you, please enclose a SAS envelope.

Anholm, David
Doze, Kerstin
Ek, Marianne
Erickson Roland & Dorothy
Hjersman, Mimi
Horyza, Astrid
Kaiser, Jeannine
Lagomarsino, Kathleen
Nemy, Gail
Pfannkuch, Eivor
Range Thelma
Rydbrink, Kenneth and Jeanette
Wardlow, Peter



BIRTHDAYS



Hjärtliga gratulationer på födelsedagen!
Congratulations!

5/03	Deidre Dahlberg	5/12	Charles Linn
5/05	Don Johnson	5/15	Nancy Misenti
5/05	Louise Sims	5/18	Charles Nelson
5/06	Elizabeth Coleman	5/25	George Uffens
5/07	Martin Thornros	5/25	Frances Misenti
5/08	Jeanette Rydbrink	5/27	Darlene Aylward
5/12	Myrtle Widmark		

Special birthday: George Uffens 82

1991 ANNUAL PROGRAM

Corrections and Updating with regard to
Monitor Lodge, No. 218

Delete from membership:

Sandstrom, Johan
Stromgren, Steve
Rydbrink, Karin
Smith, Jack

Add to membership list:

Herting, Ellen
4408 11th Ave
Sacramento, CA 95820
(916) 456-9450

Andersson, Birgitta
7524 Sloughouse Rd.
Elk Grove, CA 95624
(916) 682-2285

Corrections:

New phone:
Katherine A Gagne,
(916) 368-8288

Change of apt. number:
Lilmer Olson, 1922 Morse
Ave., #73

Add phone number:
Brian and Jill Stockham,
(916) 685-3091



THERE IS A BIRD WE HAD IN SWEDEN !(cont.)

by Henry Hjersman

I have tried to keep the scientific names consistent with those used by Udvardy. Where there has been a differing name in another reference, I have listed that also in a numbered footnote. It is recommended that Udvardy's excellent field handbook be used when trying out these inter-continental identifications. As a word of caution, many of the birds listed do not occur in California, and some may only have been seen in Alaska. Also, the Rocky Mountains are a barrier to the spread of some North American birds. The Blue Jay (Cyanocitta cristata) for example, is found only east of the Rockies. Some warblers, however, are found on both sides of the Rockies.

There is a companion Audubon Society handbook for our eastern birds, that would provide bird names not included by Udvardy.

(to be continued)

3.

HABITAT

Swedish Name	Scientific Name	American Name	Family	Comments
OPEN OCEAN				
Stormfågel	<u>Fulmarus glacialis</u>	Northern Fulmar	Procellariidae	Circumpolar
Silvertärna	<u>Sterna paradisaea</u>	Arctic Tern	Laridae	High Arctic
Mindre lira	<u>Puffinus puffinus</u>	Manx Shearwater	Procellariidae	N. Atlantic
SEASHORE				
Gråtrut	<u>Larus argentatus</u>	Herring Gull	Laridae	Widespread
Fiskmåsar	<u>Larus canus</u>	Mew Gull	Laridae	Common Gull
Småtärna	<u>Sterna albifrons</u>	Least Tern	Laridae	Cosmopolitan
Ejder	<u>Somateria mollissima</u>	Common Eider	Anatidae	Circumpolar
Sjöorre	<u>Melanitta nigra</u>	Black Scoter	Anatidae	Circumpolar
Svärta	<u>Melanitta deglandi</u> (1)	White-winged Scoter	Anatidae	
Vitnackad svärta	<u>Melanitta perspicillata</u>	Surf Scoter	Anatidae	
Prutgås	<u>Branta bernicla</u>	Brant	Anatidae	Circumpolar
Smålom	<u>Gavia stellata</u>	Red-throated Loon	Gaviidae	
Storlom	<u>Gavia arctica</u>	Pacific Loon	Gaviidae	
Svartbent strandpipare	<u>Charadrius alexandrinus</u>	Snowy Plover	Charadriidae	Cosmopolitan
Kärrensnäppa	<u>Calidria alpina</u>	Dunlin	Scolopacidae	Holarctic
Sandlöpare	<u>Calidris alba</u>	Sanderling	Scolopacidae	Tundra
Brednäbbad simsnäppa	<u>Phalaropus fulicarius</u>	Red Phalarope	Phalaropodidae	Circumpolar
Smalnäbbad simsnäppa	<u>Phalaropus lobatus</u>	Northern Phalarope	Phalaropodidae	Circumpolar
Jaktfalk	<u>Falco rusticolus</u>	Gyr Falcon	Falconidae	Circumpolar

(1) Peterson uses Melanitta fusca.

4.

HABITAT

Swedish Name	Scientific Name	American Name	Family	Comments
SEA CLIFFS				
Vittrut	<u>Larus hyperboreus</u>	Glaucous Gull	Laridae	Circumpolar
Tretåig måsar	<u>Rissa tridactyla</u>	Black-legged Kittiwake	Laridae	Circumpolar
Spetsbergsgrißla	<u>Uria lomvia</u>	Thick-billed Murre	Alcidae	Northern
Sillgrißla	<u>Uria aalge</u>	Common Murre	Alcidae	Northern Coastal
Tordmule ⁽²⁾	<u>Alca torda</u>	Razor-billed Auk	Alcidae	
Roskarl	<u>Arenaria interpres</u>	Ruddy Turnstone	Scolopacidae	Arctic
SALT MARSHES				
Kohäger	<u>Bubulcus ibis</u>	Cattle Egret	Ardeidae	Introduced
Sandtärna	<u>Gelochelidon nilotica</u>	Gull-billed Tern	Laridae	Cosmopolitan
Vigg	<u>Aythya fuligula</u>	Tufted Duck	Anatidae	Taiga
Bergand	<u>Aythya marila</u>	Greater Scaup	Anatidae	Circumpolar
FRESH-WATER MARSHES				
Ågretthäger	<u>Casmerodius albus</u>	Great Egret	Ardeidae	
Natthäger	<u>Nycticorax nycticorax</u>	Black-crowned Night Heron	Ardeidae	
Amerikansk rördrom	<u>Botaurus lentiginosus</u>	American Bittern	Ardeidae	
Svarttärna	<u>Chlidonias niger</u>	Black Tern	Laridae	Temperate
Ringand	<u>Aythya collaris</u>	Ring-necked Duck	Anatidae	

(2) As listed by Peterson.