

Wisteria Hall
3830 "U" Street
Sacramento, CA

Monitor Lodge
No. 218
Editor: Marie Tillman



VASA ORDER OF AMERICA

Vol. 15, No. 8

October, 1991



Don't miss the October 4th meeting which will be preceded by a very special Swedish dish, Köttbullar (meatballs). They will be served with mashed potatoes, vegetables and more. The price is \$5.00. The bar opens at 6:00. The dinner begins at 6:30 and is followed by the meeting.

During the business meeting we will initiate our new members, present a tentative 1992 program, and elect officers for next year. I hope that everyone contacted by our nominating committee could accept their nomination. It is a good opportunity to get to know other members and to learn how the lodge operates.

CHAIRMAN'S MESSAGE

Our fall activities were off to an informative start with cultural leader Eivor Pfannkuch's presentation about elections in Sweden. We'll be waiting to hear of the result and about the composition of their new

Parliament.

Many visitors to our Swedish lodge exhibit at the Yuba City Prune Festival signed up to receive information. This cultural display made people aware that there are Swedish lodges in the vicinity.

Peggy Carlson needs more volunteers for our September 28th Pancake Breakfast. Participation assures success, and there's always a place for you to help. In addition, lodge members learn about preparations for these events. See you at our October 4th meeting.

In truth and unity
— Myrtle Widmark

TRUSTEE INVENTORY

All members who have lodge property at their home must submit a report listing all items to the trustees. This inventory is for their annual report.

Monitor Lodge No. 218

Vasa Order of America
2529 Eastern Ave #26
Sacramento, CA 95821

ADDRESS CORRECTION REQUESTED

DATED MATERIAL

Nonprofit Org.
U.S. Postage
PAID
Permit No. 771
Sacramento, CA

TELEPHONE COMMITTEE

Our telephone committee will be calling members to inform them of upcoming events, new information, etc.. We could use a co-caller for each page of the program book in case the assigned person is unavailable.

- Pg. 40 Eva Allred
- 41 Karin Bodelson
- 42 Ethel Hoffman
- 43 Muriel Hjersman
- 44 Billie Nelson
- 45 Vicki Lydecker
- 46 Ted Olson
- 47 Myrtle Widmark

**80TH ANNIVERSARY AND DISTRICT CONVENTION
APRIL 24-26, 1992**

Everyone should circle this weekend on their calendar. The committee is working on many convention activities, including; music, dancing, food and other entertainment, all with "A Touch of Sweden" theme. Please contact a committee member with your ideas and help. We should all take part in milestone events such as Monitor's 80th Anniversary and District #12's 77th Annual Meeting.

There was a discussion at the September meeting of collecting cans to raise money for this celebration. Those present agreed that this would be a good project. So, bring your cans and we will arrange to have them recycled.

Also, as a fund raiser for the convention, Eivor Pfannkuch will have beautiful Swedish cards, calendars and books for sale again

at the next meeting.

A planning meeting for the convention will be held at Myrtle Widmark's, 7:00 pm, Tuesday, October 29th.

— Myrtle Widmark

THANK YOU

Special thanks to all of you providing rides to those who do not drive. It means a lot to them to be able to participate in lodge activities. If you would like a ride, call an officer or nearby members to let them know.

— Myrtle Widmark

UPCOMING EVENTS

Turlock Scandinavian Festival, September 27-29, 1991. Festivities, crafts, food, fun, and songs by the Monitor Chorus.

SMÖRGÅSBORD 1991

The smörgåsbord is just around the corner and there are already many, many tickets sold. This shows what a reputation for good authentic Swedish food the Monitor Lodge's smörgåsbord has earned. Remember this is Monitor's smörgåsbord, and does not belong to just a few members but all members. The funds we earn from this smörgåsbord (our main fund raiser) go to support many lodge functions. The life and quality of our lodge depend on fund raisers. And, the success of this fund raiser depends on you. The smörgåsbord is hard work, but with many volunteers it becomes the joint effort of a team, not the burden for a few.

TENTATIVE PROGRAM FOR 1992 (Please bring this with you to the October 4th meeting)

January	3	7:00 pm	Business meeting. District delegates elected. Annual reports. Refreshments.
February	7	6:30 pm	Pea soup and Pancake dinner followed by Business meeting
March	?		Camellia festival
	4	7:00 pm	Business meeting
	6	6:30 pm	Moose Stew dinner and social night
April	3	7:00 pm	Business meeting. Cultural program. Semlor
	11		Scandinavian festival, St. John Vianney Church, Rancho Cordova
	24-26		"80th Anniversary" and District Convention, Red Lion's Sacramento Inn
May	1	6:30 pm	Mors Dag Fest hosted by the Men. Social evening
	6	7:00 pm	Business meeting
	17		Bus trip. "Värmlänningarna" Play at Sveadal Park
	30		Bus trip. Swedish Music festival, San Mateo
June	5	6:30 pm	Fars Dag potluck followed by Business meeting
	6		Sweden Day
	20		Midsummer
July			No meeting
August	15	6:30 pm	Crayfish and Potluck at Bea Dillard's
September	4	7:00 pm	Business meeting. Nominating Committee report. Smörgåstårta.
	12-13		Yuba City Prune festival
	?		Pancake Breakfast
October	2	6:30 pm	Swedish Meatball dinner followed by Business meeting. Election of officers for 1993
	?		Cultural Seminar
November	6	7:00 pm	Business meeting
	14		Smörgåsbord
December	2	7:00 pm	Business meeting
	4	6:30 pm	Jul Glögg Party
	13		Lucia

egg. Blend well and fry a sample to test the seasoning.

Shape into balls. Make large meatballs to be served for dinner or small meatballs for the smörgåsbord.

Heat some of the margarine or butter in a skillet. When the foam subsides, add 10 to 15 meatballs. Cook over moderate heat until the meatballs are beautifully brown and cooked through. Transfer to a serving dish and keep hot while cooking the remaining meatballs. Serve with boiled potatoes, lingonberry preserve and a tossed salad.

BIRTHDAYS

Hjärtliga gratulationer på födelsedagen! Congratulations!

10/01 June Delle
10/03 Bernie Lundberg
10/03 Lowell Carlson
10/04 Eva Allred
10/05 Karen Johnson
10/06 Dale Ingvarlsen
10/07 Charles Campbell
10/08 Barbara Lutz
10/09 Ellerie Campbell
10/10 Karin Bodelson
10/16 Juanita Skorheim
10/20 Ethel Hoffman
10/23 Lilmer Olson
10/24 Marianne Ek
10/27 Vicki Lydecker
10/28 Katherine Gagne
10/29 Gibson Kingren

CHILDREN'S CLUB

The children's club is in full swing this fall with new songs, language and crafts. It is an exciting time for us and everyone

is enjoying themselves. Come join us every Monday afternoon from 4:00 to 5:30 pm. at the Coloma Community Center, 46th & "T" Streets.

— Peggy & Camilla

NÅL OCH TRÅD

Tisdagen den 8 Oktober, kl 19.00
hos: Karin & Viola Bodelson
2529 Eastern Ave #26
Sacramento, CA 95821
(916) 485-0815

Tisdagen den 22 Oktober, kl 19.00 hos:
Jean Anderson
126 Hibiscus Ave.
Sacramento, CA 95828
(916) 682-7438

SCANDINAVIAN DANCING

Learn to dance Scandinavian Dances with Dean Linscott. A workshop will be given every 4th Sunday. The next class is October 27th at YWCA, 17th & L Streets in Sacramento. A \$5.00 donation is requested. For more information, call Lupie at 456-7128 or Theresa at 457-3505.

SWEDISH MUSIC

Helen Tura has a music book of Swedish composer Carl Bellman with songs translated into English. Anyone interested, please call her at (916) 489-7833.

Next deadline for the Newsletter is October 15, 1991. Please send material to Marie Tillman, 1605 Truckee Way, Woodland, CA 95695

There are many, many, areas where we need help. It does not take a special talent to be a great volunteer. Don't wait to be asked. Instead, let us know that you are available to help. There are many things that can be done in your home. Some things take only a few minutes, and then there are jobs that require some physical strength. We have something that will fit your talent and schedule. With enough help, not only will Monitor Lodge benefit financially, but all members will see the other rewards that come from a unity of working together and a job well done.

— Peggy Carlson

CHANGE OF ADDRESS

Madeleine Hallstrom-Hinman
1514 Dunford Way
Roseville, CA 95678-6019

June B. Brown
1652 W. Texas Street, #233
Fairfield, CA 94533-5952

Audrey Ohlson-Smith
9960 Peoria Road
Browns Valley, CA 95918

District Secretary Phyllis Petersen
400 Walnut Avenue
San Carlos, CA 94070
(415) 508-1004

Transfer member:
Renee Ostrom transferred from Skogen Lodge, Redding
1421 Rene Avenue
Sacramento, CA 95838
(916) 922-1089

Zip Code change:
Maude Udvardy 95864

CORRECTIONS

Page 37 in the program book:
Chairman Myrtle Widmark 95841

DUES ANNIVERSARIES

If you have already paid your October dues, please ignore the listing of your name. The annual dues for Monitor Lodge No. 218 are \$14.00 per person. We are pleased with the prompt responses of our members in paying their dues. Thank you.

Please bring your payment to the next meeting on October 4th. Otherwise, you can mail your check to the Financial Secretary Elizabeth Johnson, 4332 "T" Street, Sacramento, CA 95819.

Amundsen, Louise
Aylward, Michael & Darlene
Barrows, Thor and Erika
Berry, Aliceann
Brill-Lehn, Gary & Sue
Cornelius, Barbara
Dahlberg, Ed & Lucy
Delle, June
Dorey, David & Karin
Erickson, Barbara
Gagne, Katherine
Glad, Amy
Gullens, Paul & LaVerne
Hallstrom-Hinman,
Madeleine
Kwolek, Carol
Lincecum, Elzyne A.
Mullen, Lois
Powell, Faye
Stanley, Jillian
Thornros, Lennart, Inger & Martin

If you have any questions, please phone (916) 452-2470

MESSAGE FROM THE CULTURAL LEADER

First, I would like to express my sincere thanks to the members who helped at our lodge's Cultural Booth and Exhibit at the Yuba City Prune Festival. Kurt and I were in our Swedish costumes and Karin and David Dorey helped to set up the booth. Myrtle Widmark, Karin Bodelson, Arlie Veis and Margaret Carlson were very helpful by being there Saturday to man the booth. Thank you for being such great supporters! Nearly 30,000 people attended the two day festival, and the international area was well visited. Many people signed up for more information about our Swedish lodge, cultural events, and, of course, our upcoming Smörgåsbord.

On the subject of Swedish food, I think this will make an interesting topic for the cultural program at the October meeting. The dinner that evening is traditional Swedish meatballs, and I am sure that there are more versions and variations of that dish than any other Swedish food. I am enclosing a recipe from the cook book "Swedish Cooking" published by ICA which includes recipes from the ICA Test Kitchen in Sweden. With our upcoming Smörgåsbord Dinner in November this program should provide a good opportunity to find out about the traditions and

background of Swedish foods. In particular, the foods traditionally served at a Smörgåsbord. The cultural program will be a "Show and Tell" event, so please feel free to bring anything that has to do with Swedish cooking. It could be recipes or tools, dishes etc., used in preparing and serving food. Please call me at 674-1068 and let me know about your participation in the program.

At the September meeting we discussed the Swedish Government and the upcoming Parliamentary Election. Thank you Lennart Thörnros and Kurt Pfannkuch for telling us about the seven different parties competing for seats in Sweden's September election.

Sweden is a constitutional monarchy with a parliamentary form of government. The King, since 1973 Carl XVI Gustaf, has only ceremonial functions as Head of State. The parliament consists of one chamber, whose members are directly elected by proportional representation for three year terms. Sweden has had universal suffrage since 1921 and the voting age is 18.

The Social Democratic Party held power alone or in coalitions from 1932 until the 1976 election when the non-socialist parties - Center, Liberal and Moderate (conservative) - won a majority and formed a coalition cabinet. After six years of non-socialist rule the Social Democrats returned to power again in 1982. They remained in office after the

1988 election, when they gained 156 of the 349 parliamentary seats. The remainder was shared between Moderates, the Liberals, the Center, the Communists, and the Green Party (the first new parliamentary party in nearly 70 years).

With the birth this year of New Democracy, a maverick, right wing, populist party, Sweden gained its seventh political party. After the election earlier in September, the results were rather interesting. Sweden's long-governing Social Democrats suffered their worst election defeat in more than 60 years. Financial problems, a stagnant economy, and high taxes prompted Swedish voters to swing sharply to the right. This gave the five non-Socialist parties a total of about 53% of the vote.

Many thanks to all of you who supported the Convention fund raising by purchasing calendars and books at the last meeting. We still have some left and they will be for sale again at the October meeting. When Kurt and I were in Sweden this summer, we brought back these wonderful items for the lodge and the artist is Erkers Marie Persson from Leksand, Dalarna. She has been called a modern Carl Larsson because of her style of painting. I urge you to come to our meeting and see Marie's artwork. The calendars portray a different Swedish province for each month, with recipes in English from that province. The

books, about Swedish summer and Christmas, are written and illustrated by Marie. The calendars, and the books, will make great Christmas gifts. The desk-top calendar is \$7.00 and a larger version sells for \$12.50. The books are \$15.00 each. Postcards in two sizes are also available. The smaller postcards are 50¢ each. Large postcards, suitable for framing, are \$1.00 each or \$15.00 for a set of twenty-five cards. If you cannot attend the meeting, contact myself or Myrtle Widmark to obtain these items. Remember, we are selling these to raise money for our lodge's 80th Anniversary Dinner and the District Convention in April. I'll look forward to seeing all of you at the next meeting.

— Eivor Pfannkuch

MEATBALLS

Köttbullar
1 dl (1/2 cup) fine dry bread crumbs
1 dl (1/2 cup) light cream
1 dl (1/2 cup) water
200 g (7 oz.) ground beef
200 g (7 oz.) ground lean pork
1 1/2 teaspoon salt
1/2 teaspoon ground allspice
2 tablespoons grated onion
1 egg, beaten
3 tablespoon margarine or butter

Mix the bread crumbs, cream and water; set aside for 5 minutes. Work together the beef, pork, salt, allspice and onion. Gradually add the bread crumbs, then the

SWEDISH SMÖRGÅSBORD

by

Monitor Lodge #218
Vasa Order of America

at

The Unitarian Church
2425 Sierra Blvd.
Sacramento, California

November 9, 1991

Bar open 5:30

seating 6:00

Food served 6:30

Dancing at 8:30

Children 5 to 12 yrs.
\$5.00

Anyone under 5 yrs
occupying a seat \$1.00



FRANK 'N DLORES
for your entertaining and dancing

DOOR PRIZE

SWEDISH FOOD AT ITS BEST



ADULTS - \$15.00

RESERVATIONS AND ADVANCE TICKET PURCHASE ONLY - NO TICKETS SOLD AT DOOR

Tickets available from.....

Peggy Carlson - 8370 Sunset Avenue Fair Oaks, CA. 95628 phone 967-9248

Margaret Carlson - 12054 Kimberly Rd. Marysville, CA. 95901 phone 1-742-9346

Adults - \$15.00

Monitor Lodge Smörgåsbord

November 9, 1991

Children 5-12 yrs \$5.00

Anyone under 5 yrs occupying
a seat \$1.00

I need _____ tickets for _____ adults _____ children Enclosed \$ _____

NAME _____ PHONE _____

ADDRESS _____

Send for tickets to Monitor Lodge - 8370 Sunset Ave. Fair Oaks, CA. 95628
or 12054 Kimberly Rd. Marysville, CA. 95901
phone - 967-9248 or 481-4056 or 1-742-9346

