



VASA ORDER OF AMERICA
A Swedish-American Fraternal Organization since 1896

Vol. 18, No. 8

October 1994



The October 7 meeting is a dinner meeting. We will be serving *Pytt i panna* (Swedish hash) with pickled beets, salad, bread, and dessert — all for \$4.50 (children free). Refreshments start at 6:00 and dinner will be served at 6:30. Come and enjoy a good Swedish meal, welcome our newest members, and applaud Charles and Berthell Nelson who will receive their 25-year pins.

The business meeting starts at 8:00. We will be voting on lodge officers for 1995, initiating new members, discussing our 1995 program of events, and there will be sign-ups for the *Smörgåsbord* — all in all a busy evening. It's important that as many members as possible attend.

Chairman's Message

Fall is always busy for Monitor members: lots of good times, good food, and great memories. For instance, we will be hosting the District Cultural Seminar on October 8. On the 15th, we will have our fund raising pancake breakfast at Farmer Bob's. Our big *Smörgåsbord* is coming up again on November 12. We are going to need lots of help from everyone to make all of these events big successes. So when you get that call, please say YES!

*In Truth and Unity,
Margaret Carlson*

Our dear friend Muriel Hjersman, a long-time valued member of Monitor Lodge, passed away on August 25. She was born Muriel Reaves in Plymouth, California, graduated from U.C. Berkley with a degree in biology, and taught for eight years at the Taft Junior High School. Muriel married Henry Hjersman in 1942 and they had three children, nine grandchildren, and one great grandchild. Besides making great contributions to our lodge, Muriel was active in the Girl Scouts, the PTA, and her church. Our deepest sympathy to Henry, Mimi, and the entire Hjersman family.

Officer Nominations

We will be voting for new officers at our October 7 meeting. So far, we have the following nominations:

Chairman:
Margaret Carlson
Vice Chairman:
Arthur Niemoller
Secretary:
Marianne Ek
Assistant Secretary:
Brian Stockham
Financial Secretary:
Gail Nemy

Assistant Financial Secretary:
Ingegerd Kennedy
Treasurer:
Betty Schoeph
Cultural Leader:
Jewel Wright
Chaplain:
Dorothy Scherer
Master of Ceremonies:
Peggy Carlson
Assistant Master of Ceremonies:
Liesma Krastins
Inner Guard:
Leo Krastins
Outer Guard:
John Wright
Historian:
Eleanor Vine
Past Chairman:
Myrtle Widmark
Trustees:
Diedre Dahlberg (1 year)
Helen Jensen (2 years)
Donn Stafford (3 years)
Auditors:
Liesma Krastins (1 year)
Arlie Veis (2 years)
Richard Westrup (3 years)
Membership Committee:
Ethel Johnson (1 year)
Jean Anderson (2 years)
Eivor Pfannkuch (3 years)
Scholarship Committee:
Christine Bodelson (1 year)
Jewel Wright (2 years)
Ronny Kagstrom (3 years)



Minutes from the September 2 Business Meeting

1. The meeting was opened by Chairman Margaret Carlson. District Deputy Helen Mingram was present. Roll of officers was called.
2. There were no new applications for membership. Former Monitor members Don and Joyce Johnson were welcomed back into Monitor. They have dual membership with Gold Nugget Lodge.
3. Previous meeting minutes were approved.
4. The charter was draped in memory of Muriel Hjersman who passed away Aug. 25. Also remembered were Ted Olson and Kurt Swanfeldt who passed away on June 5 and June 6.
5. Ingrid Kennedy reported that cards had been sent to the families of the deceased and members who were ill.
6. Peggy Carlson reported that the Children's Club will resume meetings on alternate Mondays, starting Sept. 19. There will also be a youth club for youngsters in junior high and high school, who will meet monthly prior to the regular lodge meetings.
7. The Valley Viking Singers will perform at the Turlock Scandinavian Festival Sept. 24.
8. Myrtle Widmark announced the officer nominees for next year. [See list on page. 1]
9. Don and Joyce Johnson volunteered to take over the job of mailing out the newsletters.
10. Letters were read regarding Monitor's insurance; a reception for the new Grand Master, Eric Johnson; and the upcoming cultural seminar.
11. Future events:
 - a. Motion passed to advance \$125 to Jewel Wright for the pancake breakfast on Oct. 15.
 - b. Motion passed to advance \$500 to Margaret Carlson for the *Smörgåsbord* on Nov. 12.
 - c. Motion passed to pay for Cultural Leader Jewel Wright's lunch at the Cultural Seminar on Oct. 8.
12. Margaret Carlson reported that nice property has been located near Blue Canyon to be used as a Golden Gate Resort Center. District members knowledgeable about real estate will look into purchasing this property. The asking price is \$190,000. The District Resort Committee voted to make an offer of \$150,000 on certain conditions. [See also separate insert with this newsletter.]
13. Helen Mingram spoke for the good of the order.

— Jean Anderson,
Assistant Secretary

Friendship Committee

Rx We have just learned that Elizabeth Johnson was in the hospital for a couple of days with a foot infection. Also,

Eivor Pfannkuch had more hip surgery and is doing better now.

Helen and Richard Forsty are sending lots of thanks to the lodge and individuals members for all the phone calls and cards following Richard's heart attack. He is home from the hospital and is doing well.

Library books

will be available for check-out at our next meeting.

Mormor's Cookies

recipe books are for sale for only \$1.50 each.

Address Changes

Helen and William Dyckman
2056 Kettner Blvd.
San Diego, CA 92101-2207

William and Kristina Marsh
2116 Danbury Way
Rancho Cordova, CA 95670-2207

Alice Swanfeldt
90 Red Cypress Court
Danville, CA 94506-4551

Don and Joyce Johnson
9026 Chantal Way
Sacramento, CA 95829
Phone 689-7266

Nål och Tråd

Our October meetings will include work on our Swedish wooden Christmas trees as well as any handwork you are doing. Come and join us!

Tisdagen den 11 oktober, kl. 19.00 (7 pm), hos:

Fran Haas
11508 Armour Court
Gold River (east of
Rancho Cordova)
Tel.: 638-9341

Tisdagen den 25 oktober, kl. 19.00, hos:

Jean Anderson
126 Hibiscus Avenue
Tel.: 681-7438



Member of the Month

Here's the Louise Simms story:

I was born and raised in Glens Falls, New York, not far from where my grandfather settled when he came from Sweden. Later my family moved to Albany, New York, where I finished high school. After graduating from college, I worked as a medical technologist at Albany Medical Center for a number of years. It was there I met my husband. I have three children, Kristine, George, and John, and five lovely granddaughters.

My travels have included Sweden, Denmark, Finland, Russia, and the Mediterranean. Of course, Sweden was my favorite.

Among my many and varied interests are French cooking, baking, Bonsai trees, needlework, and Swedish lace. But Christmas is really special for me. This is when I show off my beautiful collection of *Tomtar*, Lucias, and ornaments of every description, even a *ljuskrona*.

I have enjoyed the many activities in Monitor Lodge and all the wonderful people I've met.

You're Invited

The Sons of Norway are inviting Monitor members to their dinner on **October 22, 5 pm**, at **Sons of Norway Hall, 770 Darina Avenue**. They serve **torsk and lutefisk with meatballs and lefse**. Dinner will be followed by dancing to live music at 8 pm.

The cost is \$13.50 for adults and \$5.00 for children 12 and under. For information, call Irene Karlstad 381-8934, Pearl Lemkuil 483-4496, Florence Smith 783-8830, or Eleanor Malm 969-8389. (Tickets sales are limited.)



Happy Birthday To:

10/01 - June Delle
 10/03 - Lowell Carlson
 10/03 - Bernie Lundberg
 10/04 - Eva Allred
 10/05 - Karen Johnson
 10/06 - Dale Ingvarlsen
 10/08 - Barbara Lutz
 10/10 - Karin Bodelson
 10/10 - Helen Dyckman
 10/11 - Keith Bergstrom
 10/16 - Juanita Skorheim
 10/17 - Ruby Anderson
 10/18 - Ann-Catrin Titus
 10/20 - Ethel Hoffman
 10/23 - Lilman Olson
 10/24 - Marianne Ek
 10/27 - Vickie Lydecker
 10/28 - Katherine Gagne
 10/29 - Gibson Kingren
 10/30 - John Anderson



Congratulations

to Ernie and Juanita Skorheim who recently celebrated their 50th wedding anniversary with an Alaskan cruise.

The editor

would appreciate receiving
 all input
 for the November newsletter
 by
 FRIDAY, OCTOBER 14

Scandinavian Dancing

■ Partners and singles are welcome to learn basic Scandinavian *folkdans* every **Wednesday 7:30-9:30 pm** at the Recreation Center, 4855 Hamilton Street (off Myrtle Avenue, close to Bus. 80). Fees are \$25 for three months or \$15 per month or \$5 per class. For registration information, call 482-8377. Instructors are Dick Livingston and Sallie Odom.

■ Dick and Sallie also have afternoon Scandinavian dancing parties 1:30-5:00 pm at 27th & N Streets on certain Sundays. The **1994 dates are Sept. 25, Oct. 9, Oct. 23, Nov. 20, and Dec. 18**. The cost is \$6 per session (first time free!). For more information, call Dick Livingston at 477-9559 or Sallie Odom at 257-2061 evenings and 774-5236 days.



For More Information about Monitor Lodge

feel free to contact one of the following:

- Membership Committee members Jean Anderson 682-7438 or Ethel Johnson 457-0966; or
- Chairman Margaret Carlson at 742-9346; or
- Vice Chairman Ingrid Kennedy at 638-3212; or
- Secretary Marianne Ek at 372-7824.



October Dues Anniversaries

If you have already paid, please ignore this reminder and thank you for your promptness.

Louise Amundsen
Edna Anderson
Robert Anderson
Erika & Thor Barrows
Jone Canady
Lucy & Ed Dahlberg
June Delle
Karin & David Dorey
Katherine Gagne
Paul & LaVerne Gullans
Madeline Hallstrom-Hinman
Carol Kwolek
Elayne Lincecum
Barbara Mecci-Ericson
Lois Mullen
Faye Powell
Jillian Stanley
Inger & Lennart Thornros

Dues are \$14 a year, payable to Monitor Lodge No. 218. You may pay them at the October meeting or by mail to our financial secretary, Gail Nemy, 4239 Daybreak Lane, Sacramento, CA 95821.



*Happy
Columbus
Day!*

(Although, of course, we know it was a Norwegian who really discovered America.)

A BIG THANK YOU

to Don and Joyce Johnson for volunteering to send out our newsletter every month; and

TUSEN, TUSEN TACK

to Karin and Viola Bodelson who have been doing it for years and years!

Rye Bread

4 cups rye flour
4 cups white flour
2 1/2 cups milk
2 pkgs dry yeast
1 1/2 tsp salt
1/4 cup fat or butter
3/4 cup syrup
2-3 tsp aniseed (fine)
or fennel also fine



Add yeast to flour and other dry ingredients. Add the milk and syrup that

has been warmed to lukewarm. Beat till warm and smooth. Cover with towel until nearly doubled in bulk. Divide into 6 pieces and roll each piece into round flat loaf and cut a hole in center. Place on buttered baking sheet, prick with fork. Cover and let rise. Bake in a hot oven 425F until light brown. Brush with warm water and cover with towel. Alternatively, shape into 3 loaves, prick with folk and let rise. Bake in moderate oven about 350F for 30 minutes. Brush with warm water when half done, and again when ready.

- From *Swedish Press*, Apr. 94

Göta Canal

Many Monitor members have probably traveled the *Göta Kanal* on their visits to Sweden. Here's some background information about this beautiful waterway:

The idea of building a canal from Lake Vänern to the Baltic Sea dates back to the early 16th century. Work finally got underway in 1810, and by 1832 it was possible to travel by way of canal from Göteborg to Stockholm.

The canal flourished at first, but in 1862, when the main railway line across Sweden opened, many shipowners sold off their vessels. However, the canal shipping company *Motala Ström* was founded in 1869 by a strong believer, Captain Erik Thorsell. Canal traffic thrived again, and this company became the first to actively attract tourists to Sweden on its own initiative. The following couple of decades were highly successful, with 11 cargo and passenger vessels.

In this century, the Göta Canal Steamship Company has had its ups and downs, but now on its 125th birthday it looks to the future with optimism. It knows it can offer tourists a unique experience.

In its heydays, the steamers provided the fastest means of transport between Göteborg and Stockholm. Today, the narrow enchanting waterway probably is the slowest way to travel but the most fulfilling way to see a cross-section of Sweden. The steamships have been replaced by diesel power which, at five knots, plough through the waters of a network of rivers, lakes, and man-made canals "climbing" up and down by way of locks.

- Summary of an article in *Swedish Press*, June 1994

P R E L I M I N A R Y
■ **MONITOR LODGE NO. 218 CALENDAR FOR 1995** ■

To be discussed and voted on at the October 7 meeting.

JANUARY

Fri, 6th 6:30 – Business meeting with election of district delegates and annual reports followed by refreshments.

Fri, 13th Monitor is invited to Sierra Kronan Lodge for a joint installation of officers.

FEBRUARY

Fri, 3rd 6:30 – Dinner of pea soup and Swedish pancakes. Cultural program.

Wed, 8th 7:00 – Business meeting. (Place to be announced.)

MARCH

Fri, 3rd 7:00 – Business meeting and a cultural program.

APRIL

Sat, 1st 10:00am-3:00pm - Scandinavian Festival at St. Ignatius, 3235 Arden Way

Fri, 7th 7:00 – Anniversary celebration. (No business meeting this month.)

MAY

Fri, 5th 6:30 – *Mors Dag* family dinner hosted by the men. Scholarship presentation and cultural program.

Wed, 10th 7:00 – Business meeting at location to be decided.

Sat, 27th *Sillfrukost* at the Pfannkuch home in Yuba City.

JUNE

Fri, 2nd 6:30 – *Fars Dag* family *knytkalas* with Swedish foods, business meeting, and cultural program.

Sat, 24th Midsummer celebration at the home of Thomas and Annika Anderson.

JULY

No meeting.

AUGUST

Sat, 19th Crayfish party preceded by short meeting.

SEPTEMBER

Fri, 1st 7:00 – Business meeting with Nominating Committee report followed by a cultural program.

Weekend of 23rd-24th - Turlock Scandinavian Festival with Valley Viking Singers.

Sat, 30th Swedish pancake breakfast.

OCTOBER

Fri, 6th 6:30 – Swedish *pytt i panna* dinner, business meeting, election of 1996 officers.

NOVEMBER

Fri, 3rd 6:30 – Business meeting and cultural program.

Sat, 11th *Smörgåsbord*

DECEMBER

Fri, 1st 6:30 - Short business meeting.

7:00 - *Glögg* party.

Fri, 8th *Luciafest*.

The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that every entry should be supported by a valid receipt or invoice. This ensures transparency and allows for easy verification of the data.

In the second section, the author outlines the various methods used to collect and analyze the data. This includes both manual and automated processes. The goal is to ensure that the data is as accurate and reliable as possible.

The third part of the document provides a detailed breakdown of the results. It shows that there has been a significant increase in sales over the period covered. This is attributed to several factors, including improved marketing strategies and better customer service.

Finally, the document concludes with a series of recommendations for future actions. These include continuing to invest in marketing, improving operational efficiency, and maintaining a strong focus on customer satisfaction.