

The Monitor

VASA ORDER OF AMERICA

A Swedish-American Fraternal Organization since 1896

Vol 21. No. 9

November 1997

BE SURE TO COME TO OUR **Friday, November 7,** meeting, starting at 7 PM. We'll have important business to transact, initiation of new members, and last but not least, there will be refreshments. **Please bring a pie.** We'll eat as much as we can and raffle off the rest. We all also need to come to this meeting to sign up for the big December *smörgåsbord* dinner.

Don't forget to wear your name tag at all our activities. It helps old and new members to get to know each other.

The October meeting was absolutely super! Big thanks to Margaret Carlson for the wonderful *kålpudding* dinner [see recipe on page 3], to our cultural leaders for all their work, to the Valley Viking Singers for the entertainment, and to everyone else who help with various chores. We're a fortunate organization to have so many big talents and hard workers.

Calendars

At our November meeting, the very beautiful 1998 Swedish calendar, with artwork by Erkers Marie Persson, will again be available for \$12. The profit goes to the Children's Club. If you can't come to this meeting, you can also order a calendar from Karin Dorey, 858-8568. However, we have only a limited supply that Eivor Pfannkuch was able to bring back from Sweden.

Chairman's Message

Last month I discussed two subjects I believe critical to the continuation of Monitor Lodge: Changes in the way our meetings are conducted and lack of membership participation. At the last business meeting your officers discussed these topics and the following steps were adopted:

Meeting Agenda: Of our ten annual meetings, six will continue as social events with dinner, drinks, a cultural presentation, and other entertainment. The remaining four will be primarily business meetings conducted in the old style. We will vote on and initiate new members, plan upcoming event and end with coffee and light refreshments.

We will start by having a business meeting followed by pie and coffee on November 7. March, June, September, and November of 1998 will also be business meetings.

Participation: Myrtle Widmark and Dorothy Scherer have volunteered to help Margaret Carlson organize and put on our meetings. They will be calling you to list the when, what, and how you would like to help. Please sign up to work at least one event!

Is anyone interested in genealogy? How many of you can trace your ancestry back to a specific town or parish in

Sweden? It might be interesting to compile a family tree for each member, especially if it contained a short narrative on the adventures experienced getting from there to the here and now. Any volunteers to head up such a project?

A Swedish Cookbook: I have received numerous queries about cookbooks; either reprinting our old one or compiling a new one. Anyone interested?

I had the opportunity to attend Sierra Kronan's Swedish Pancake Breakfast last weekend and thoroughly enjoyed a delicious meal. I invited them to our Christmas Party, so call up your Roseville friends and tell them to come on down!

*In Truth and Unity
Art Niemoller*

In Memoriam

Violet Backman was born in Sweden and passed away on September 20. She was Dan's wife for over 54 years, mother, grandmother, and elementary school teacher. Violet was active in many organizations and in the Carmichael Presbyterian Church.

George Uffens left us on September 30. He and his late wife arrived here in 1955 and he served, among other things, as Monitor Treasurer. He worked at the State Printing Office and enjoyed swimming, dancing, and golf.

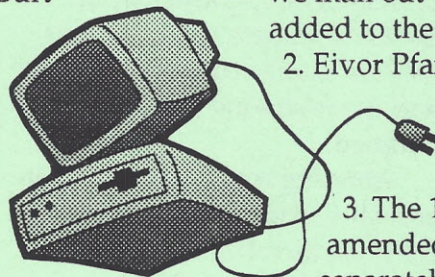
✎ Condensed Minutes from Monitor Business Meetings ✎

At a short business meeting before the **August 23** crayfish party, it was announced that the Valley Viking Singers have been invited back to the Turlock Festival for 1998. The meeting discussed future [now past] events and started working on the 1998 calendar of activities [see separate page with this newsletter]. It was decided that Monitor will have Christmas greetings from the lodge published in *Vestkusten* and *The Vasa Star*. The cost is \$10.

Regular business meeting September 16

1. The lodge had received a letter from Kathi Goldsberry, daughter of Eleanor Vine, with a scholarship donation from Jean and Burt Bease and Diana Lambrecht in memory of Eleanor Vine.
2. Regularly scheduled key people with back-ups are needed to handle meeting duties such as the bar, setting up the sound system, tables for officers, etc. We also need "dinner chairpersons" to coordinate kitchen duties and other such arrangements. Margaret Carlson will put together a list of tasks for people to sign up for, including "cook training."
3. Christina Fletcher and Dorothy Scherer have volunteered to serve on the committee to discuss meeting procedures and rituals.
4. There was a discussion on awarding certain membership rights to applicants who have paid and been accepted while they wait to be initiated.
5. Motion was carried to pay registration and mileage for delegates to the Membership Seminar.

During a short meeting on **October 3** in conjunction with dinner, the charter was draped in memory of Violet Backman and George Uffens. Joyce Trnka was presented with her 25-year pin.



A slate of officers was approved as published in the October newsletter with the change that LaVerne Gullans and Dorothy Scherer will be co-cultural leaders.

October 7 Business Meeting

1. Eivor Pfannkuch reported for the Membership Committee that five new applications were received from the preceding Friday's meeting. Initiations are planned for the November meeting. A motion carried to send six free issues of the newsletter to interested individuals. After that they will be offered annual subscriptions for \$10, i.e., \$1 per issue since we mail out 10 issues in a year. Dee Benson has been added to the Membership Committee.

2. Eivor Pfannkuch, Margaret Carlson, and Dorothy Scherer will be delegates to the Sweden Day and the Membership Seminar.

3. The 1998 program was discussed and amended. When business meetings are held separately from general meetings, they will be held on a Tuesday or Wednesday, usually in the week following the general meeting. Meetings with initiations will include full business meetings four times a year in March, June, September, and November.
4. The meeting agreed to holding this year's Lucia at the Winterstein Adult Education School.
5. Margaret Carlson will arrange to have place mats with Swedish motifs made for the *smörgåsbord* dinner in December.
6. New member Lars Hammarin has donated five big boxes of Swedish books to Monitor.
7. The Grand Master, Eric Johnson, and the District Master, Bob Bergman, will be invited to Monitor's Christmas *smörgåsbord* dinner.

- Brian Stockham, Secretary

Thanks

"During a time like this, we learn how much our friends really mean to us. Your expressions of sympathy, including card and plant, will always be treasured."

- Dan Backman and family

Roster Changes

Sue Bergman
c/o Pioneer House
415 P Street, Apt 210
Sacramento, CA 95814
443-5183

Viola Hallen
6700 Indian Oaks Lane
Loomis, CA 95650
652-6900

George Lively's new phone number is 332-3886

Congratulations, Ruby!

Vestkusten has announced that Ruby Hendrickson, a member of Monitor Lodge we're proud to say, was among the winners of the Swedish Council's newly created Award of Merit to bring recognition to individuals who have made significant contributions to the promotion and preservation of the Swedish heritage. The winners were invited to Chicago to receive their awards at the Swedish Council's 25th Anniversary Banquet on September 13.

Ruby has been a driving force in the Swedish Club for many years and serves on its board. Among other things, she took the lead in organizing exhibits and created a photographic register of owners of Swedish national costumes.



Happy Birthday!

11/01 - Anne Phelan
 11/04 - Viola Hallen
 11/05 - Gary Baker
 11/06 - Louise Amundsen
 11/06 - Kerstin Doze
 11/06 - Ingrid Gilchrist
 11/07 - Wendy Strand
 11/09 - William Dyckman
 11/10 - Joyce Trnka
 11/11 - Richard Eriksson
 11/11 - Launna K. Nelson
 11/13 - Donna Niemoller
 11/16 - Russell Ellis
 11/16 - Jeannine Lokey
 11/19 - Alice Axberg
 11/19 - Christine Kagstrom
 11/23 - Kathy Goldsberry
 11/24 - Lillian Stafford
 11/25 - Terry Tillman
 11/26 - Gloria Eriksson
 11/27 - Barbara Olson
 11/30 - Thelma Range
 11/30 - Janice Sjogren

Per Request



A few years ago when the Cultural Seminar was held in Sacramento and the women of Monitor prepared the luncheon, I used this recipe for *kålpudding* (cabbage pudding), which always has been a favorite in our family in Sweden. It's a lot easier to prepare than *kåldolmar* (stuffed cabbage leaves). At our October meeting, Margaret Carlsson, our great cook, prepared the cabbage pudding for our dinner and I was asked to share the recipe with all of you.

CABBAGE PUDDING

1 medium head green cabbage
 2-4 tablespoons margarine or butter
 2 tablespoons dark corn syrup
Stuffing
 1 egg
 1 teaspoon salt
 1/4 teaspoon pepper
 1 teaspoon Worcestershire sauce
 2/3 cup milk
 1/2 pound lean pork
 1/2 pound lean beef
 1 cup of cooked rice

Chop cabbage and brown in butter until soft. Drizzle with syrup and stir. Put half of the cabbage in the bottom of a casserole pan. Prepare the stuffing by mixing the egg, seasoning, milk, and rice. Add the meat and stir well. Put the meat mixture on top of the cabbage in the casserole and finish with the rest of the cooked cabbage on top.

Cover the dish with foil and bake in 350 degree oven for about 1 1/4 hours or until the meat is cooked. Serve with mashed potatoes and lingonberry jam.

- Eivor Pfannkuch

Advertising Opportunity

If you have a business, a specialty, or expertise of some kind, you can advertise in the District 12 1998 Program Books, which go to some 20 Vasa lodges in central and northern California. Here are the prices:

\$75 inside covers (2)

\$50 whole page

\$25 half page

\$15 business card size ad

Send "copy" for the ad in now (there isn't much time) along with your check to:

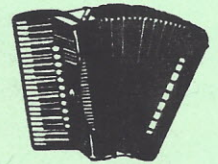
Chuck Olson

211 Bean Creek #8

Scotts Valley, CA 95066

Are You're a Musician?

Cecilia Segerstedt's daughter, June Phillips, has a 120 base black accordion for sale. If you are interested, call June at 481-3510.



IKEA Catalog

We're disadvantage in this part of California in that we don't have an IKEA store within convenient reach. However, you can order the new 276-page IKEA catalog by calling 1-800-661-9807. It's filled with as much fun and inspiration as some of the best interior decorating magazines. In Sweden, the annual catalog is reviewed on the cultural pages of the daily papers because the catalog is a great indicator of the changing lifestyles of the average family.

- From *Swedish Press*, Sept 97



Davis Heritage Day

The Davis International House and the City of Davis sponsor the annual Community Heritage Day. This year it will take place on **Saturday, October 25**, from 10 am to 4 pm, on 5th Street at B and C Streets.

Monitor Lodge will be represented with an information table of brochures, maps, books, magazines, etc. This is an opportunity to spread the word about our Swedish heritage and our lodge.

There will be quite a few nationalities represented with entertainment, food, and crafts. There will also be a variety of activities for children. The Davis Farmers' Market Fall Festival is on the same day, along C Street. Bring the family for a fun day! For more information, call Davis at 753-5007 or Monitor at 481-4056.

Monitor's Library

The lodge thanks our member Lars-Erik Hammarin for his donation of books to our library. Some will be on the shelves in the children's room and in the book case at Wisteria Hall. You are welcome to check out books, but a card must be filled out with title, author, and a signature.

Here's an opportunity to read about Sweden, cookbooks, mysteries, novels, and magazines. Please take advantage of your Monitor library, established for your enjoyment.



Telephone Committee

The telephone chairmen thank all the callers for their time and effort to reach all our members with announcements. If your designated caller does not reach you, or cannot leave a message, he or she will call again. Please return their calls so they will know that you received the message.

Have you missed receiving notices? Please let us know. If you don't know your caller's name and number, call one of the following committee members:

For the south area, June Delle at 363--7598 and for the north area, Thelma Range 487-1772 or Elizabeth Johnson 452-2470 or Myrtle Widmark at 481-4056.

It might help to write down your caller's name and number in your program book.

The calling committee will be updating its lists in January and will be asking for members to help make calls. Older members who cannot participate in our activities will also be called. They like to be remembered and to have a nice phone visit.

Hint

If you want to have a long and happy marriage, you should get married to a reindeer keeper. According to Statistics Sweden, this is the group that has the lowest frequency of divorce.

- Swedish Press, March 1997

Note to Nonmembers

We really want to mail out as many newsletters as possible to tell about our activities and share our Swedish heritage. However, Monitor Lodge has now found it necessary to limit the number of free issues to six per nonmember. It's all we can afford! We hope that in the meantime, you have decided to join the lodge and keep receiving the newsletter.

When someone has received six issues and has decided against joining, it will still be possible to stay on the mailing list for \$10 a year. If you have received six free issues and do not plan to join Monitor, please send your subscription check to:

Karin Dorey,
Monitor Financial Secretary
2434 Stokewood Way
Rancho Cordova, CA 95670

November Dues Anniversaries

Barbara and Tom Anderson
Alice Axberg
Lisa Bleasdale
Astrid Broess
Elizabeth Bushnell
Helen and Rod Dyckman
Monica Eriksson
Ruby Hendrickson
Joesie and Ellen Hennig
Gertrud and Michelle Kauffman
Erika Lewis
Ivan and Patricia Page
Janice and Roy Sjogren
Sophia Swanson

Dues are \$18 a year, payable to Monitor Lodge No. 218. You may pay them at the November meeting or by mail to our financial secretary, Karin Dorey, 2434 Stokewood Way, Rancho Cordova, CA 95670.

Heads Up!

We hope you have carefully annotated our *Luciafest* on your calendar for Friday, December 12, 7 pm. However, this is a heads-up to let you know that the location has changed. We will be in the Winterstein School at the corner of Morse and Northrup. A separate flyer on this event will be enclosed with our December newsletter.

For More Information

about Monitor Lodge, please contact one of the following:

- ❑ Membership Committee members Eivor Pfannkuch, 673-5917, Astrid Broess, 791-4463, or Michelle Kaufman, 451-3075
- ❑ Secretary Brian Stockham, 683-3078
- ❑ Vice Chairman Marianne Ek, 372-1015
- ❑ Chairman Arthur Niemoller, 631-9330.

Svenska Hörnan

Here's another Swedish lesson from our teacher LaVerne Gullans:

- "Hur mår [like in "more"] du?" (How are you?)
- "Tack, bra! Och du?" (Thanks, fine! And you?)

The above is the easy answer to the question, "Hur mår du?" LaVerne also offers a fancier reply she learned as a tiny tot from her grandfather:

- "Fint som snus och starkt som brännvin!" (Fine as snuff and strong as aquavit.)

Please Bring

your *Vasa Star* magazines, *Vest-kusten* newspapers, brochures, and any other material you are finished with to the meetings. We use it at our information tables to pass out to people interested in Swedish news.

"Kalmar Nyckel"

Fran Haas has mailed us lots of information about a full-size replica of "Kalmar Nyckel," the ship that brought the first Swedes to this continent about 359 years ago. The ship was launched in Wilmington, Delaware on September 28. Fran tells us that Kalmar Nyckel's builders went to Scotland to secure the drawings for the ship. The ship "has some marvelous carvings and is very colorfully painted, even with designs along the hull, all of which befitted a ship belonging to a great world power, which Sweden was in those days," writes Fran. She attended the launching, christening, and several other day-long festivities celebrating the occasion.

The "Kalmar Nyckel" will be commissioned on March 20, 1998, and the King and Queen of Sweden have been invited to attend. The ship will also participate in the Parade of the Tall Ships in New York, in conjunction with the turn-of-the-century celebration in the year 2000. She is outfitted with 12 cannons, displaces 317 tons, and her three masts carry eight sails. A fully functioning sail training vessel, she will be available for educational and civic purposes, as well as for private charters.

The original "Kalmar Nyckel" was the only colonial vessel to make more than two trips to the New World: she crossed from Sweden four times, returning to solidify the settlement in 1640 and 1641. She was lost off the city of Kalmar (in the Swedish province of Småland) in the late 17th century. [The Swedish word "nyckel" means "key."]

The first ship carried a group of 24 men from Sweden, Finland, Holland, and Germany in a Swedish expedition headed by colonial leader Peter Minuit, known from his earlier activities in New York. The original intention was to establish a fort and trading post, so there were no women and children aboard. It was the first permanent European settlement in the Delaware Valley, according to the September 18, 1996, issue of *Nordstjernen*.

Fran Haas has more information about the ship, its future use, and also about the Swedish-American Historical Society, of which she is a member. For further information about the Kalmar Nyckel Foundation, call 302/429-7447 or consult the Internet page at www.kalnyc.org.

Don't Forget!

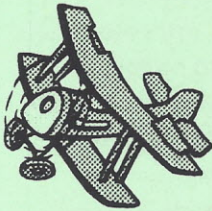
You are needed at the Scandinavian Festival planning meeting, **Monday, November 10, 7 pm**, held at the Norway Hall, 770 Darina Avenue.

Deadline

for the December newsletter is **Thursday, November 13**. Please send input to Ingrid Kennedy, 10582 Apple Grove Way, Rancho Cordova, CA 95670-2317. Or you can send it to my e-mail address iken@gvn.net.



✈ Nordic Aviation ✈



The Swedish, Norwegian, and Danish airlines, which ultimately formed the Scandinavian Airlines System (SAS), and Finnair are among the oldest carriers in the world. They all go back to the early 20s when their Junkers and Fokkers on floats and skis followed roads and railroad tracks to find destinations in countries where airports were then nonexistent.

When SAS was founded on August 1, 1946, Finnair was invited to become part of it. Maybe even through changing the name to the Nordic Airlines System. But the Finns, who had been part of Sweden for 600 years weren't going to take any more "Scandinavian" risks.

Soon the Swedes bought a couple of B17 bombers which had made emergency landings in Sweden during raids over Germany, getting them for a dollar a piece and converting them. They were so cramped that the lavatory was also housing the purser's quarters. He just had to get out when someone needed to get in.

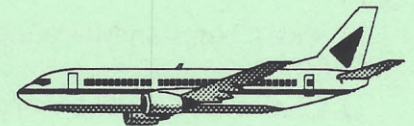
It is remarkable how quickly the US aircraft builders converted to civilian use. And how quickly the newly formed SAS took advantage of this and the fact that Sweden, basically untouched by the war, could launch an international airline while the war torn countries were still trying to piece their civil air traffic together.

As there were few airlines flying, SAS had an open sky to anywhere. The carrier was already testing the route to New York with a converted B-17 in anticipation of regular traffic when it was to take delivery of its first DC-4. Founded only weeks earlier, SAS was hardly out of the crib when, on September 17, 1946, the DC-4 "Dan Viking" touched down on La Guardia in New York and SAS became the first European airline to open scheduled air traffic from Europe.

In its first five years, SAS grew from 0 to 6,500 employees with 56 planes flying to 67 destinations in 37 countries. SAS had in this short time become one of the world's largest airlines with a global network, which culminated in 1957 when SAS pioneered the world's longest shortcut, over the North Pole to Tokyo, reducing the flying time from 52 to 32 hours.

Today, on its own, Finnair ("the official airline of Santa Clause") is doing very well. It flew to 45 world wide destinations and logged its 100 millionth passenger in 1995. In 1955, Finnair was the first western airline to start regular flights to Moscow. In 1960, Finnair became the first medium-sized airline in the world to enter the jet age with the Caravelle and the first to operate a commercial jet aircraft with a two-man crew instead of the normal three. Finnair opened its Helsinki-New York route in 1969. It also became the first West European airline to operate a non-stop route between Europe and China. Finnair holds an advantage being a one-country airline, never rocked by some of the labor problems facing SAS.

SAS and Finnair both are profitable today despite a fierce competition with government-subsidized foreign carriers. SAS has no government subsidies to rely on and Finnair, although



government majority owned, doesn't ask for help. Knowing the Finns, they would gnaw the bones before asking for a handout. A sign of the countries' trust in the future of their carriers is the new state of the art air terminal that opened in Helsinki in 1996 and the expansion of the Arlanda terminal outside Stockholm which now also has become a second hub for Finnair.

— Condensed from an article by
Lars H. Ottoson in *Sweden Now*, Spring 1997

Happy Thanksgiving!



Monitor Lodge No. 218 — 1998 Calendar of Activities

- Jan 9, 6:00 Dinner and joint installation of officers with, and at, Sierra Kronan Lodge, Roseville.
- Jan 14, 7:00 Separate business meeting at member's house (location TBA). Annual report and delegates to convention to be voted on.
- Feb 6, 6:30 Pea soup and Swedish pancake social.
- Feb 10, 7:00 Business meeting at member's (TBA) home.
- Mar 6, 6:30 Moosestew dinner, initiation, and business meeting.
- Mar 15 (Sun.), 9 am-1 pm - Pancake breakfast at Wisteria Hall.
- Apr 3, 6:30 86th anniversary celebration and dinner.
- Apr 7, 7:00 Business meeting at member's (TBA) home.
- Apr 18, 10 am-3 pm - Scandinavian Festival at St. Ignatius Parish Center, 3235 Arden Way.
- Apr 25-26 District Convention at the Flamingo Hotel, Santa Rosa.
- May 1, 6:30 Mors Dag dinner.
- May 13, 7:00 Business meeting at member's (TBA) home.
- May 16, 10:30 a.m. - Sillfrukost at Myrtle Widmark's home.
- Jun 5, 6:30 Fars Dag potluck, new-member initiation, and business meeting.
- Jun 6-7 Sweden Day weekend at Alta, CA.
- July NO ACTIVITIES
- Aug 1, 6:30 Picnic and ice cream social - location TBA.
- Aug 22, 7:00 Crayfish party (home of Ken and Peggy Carlson) with short business meeting at 6:30.
- Sep 4, 7:00 Kaffekalas, new-member initiation, and business meeting.
- Oct 2, 6:30 Swedish meatball dinner, election of officers for 1999.
- Oct 14, 7:00 Business meeting at member's (TBA) home.
- Nov 6, 7:00 Fikakalas, new-member initiation, and business meeting
- Dec 4, 6:30 Smörgåsbord and glögg party.
- Dec 11, 7:00 Luciafest with Children's Club and jultomten.

**Monitor Lodge No. 218
Vasa Order of America
10582 Apple Grove Way
Rancho Cordova, CA 95670**

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