

The Monitor

VASA ORDER OF AMERICA
A Swedish-American Fraternal Organization since 1896

Vol 23. No. 1

January 1999

THE JANUARY MEETING THIS year is on a Saturday afternoon, **January 9 at 4 pm** at Wisteria Hall. (Note the different day and time!) We will have a joint installation of officers with the Sierra Kronan lodge.

We'll start out with some fingerfood, then install our new officers, and afterwards we will have a treat for you: The El Dorado Scandinavian dancers will perform for us and also teach us some folk dancing. [See also enclosed flyer on Scandinavian dance workshops.]

Be sure to put this meeting on your calendar and plan to attend. Please bring a plate of Swedish open-face sandwiches. The rest will be furnished.

-Margaret Carlson

Wow . . .

. . . what a great smörgåsbord and glögg party we had! It was a fun time, a delicious eating experience, and the glögg (thanks to Lars and Birgitta) was fantastic. Lots of thanks to everyone who helped and very special kudos to Margaret Carlson, Eivor Pfannkuch, and Ruby Henrickson who not only planned the event, made up the menu, and did the grocery shopping but also did all the cooking!

Congratulations

and **HAPPY BIRTHDAY** to our member **Sophia Swanson** who will be celebrating her 90th birthday on Christmas Eve!

Many thanks

to all our members who helped at dinners and meetings this past year. This was an opportunity for new members to learn the procedures and to socialize with others as they worked. The decorating committees always came up with interesting ideas. Many activities are planned for the new year and again we look forward to your help.

- Myrtle Widmark
and Dorothy Scherer

Business Meeting

Monitor's business meeting in January will be held on **Wednesday, January 13, 7 pm**, at the home of Ellen Harrod, 9546 Mira Del Rio Drive, Sacramento. Year-end reports are due and delegates to the 1999 convention must be voted on. All officers, and especially the new officers, are encouraged to attend.

Deadline

for the February newsletter is **Friday, January 15, 1999**. Please send input to Ingrid Kennedy, 10582 Apple Grove Way, Rancho Cordova, CA 95670-2317.

Nål och Tråd

Our "needle and thread" group will be brownbagging at Dorothy Mogford's on **Tuesday, January 26, 10 am**. Dorothy's address is 181 Whispering Pines, Rancho Cordova.

The Scandinavian Festival will be here before we know it, so we'll all need to keep plugging away on our projects at home between the few meetings we have left.

Swedish Cook Book

Our *Nål och Tråd* members are putting together a cook book and they need everyone's help.

Enclosed with this newsletter you will find separately a couple of Recipe Collection Sheets. Please use them to write down your favorite recipes and mail them to

Margaret Carlson
12054 Kimberly Road
Marysville, CA 95901

Let Margaret know if you need more recipe sheets and mail as many as possible, one recipe on each sheet.

We need these recipes by January 1 to have the books ready for the Scandinavian Festival.



Birgitta's Swedish Sentences

Swedish: Va(d) ska vi göra, tycker du?
 Sounds like: Vaa scha (as in school) vee yora, ticker dew?
 English: What are we going to do, do you think?

Swedish: Åka skidor i vinter.
 Sounds like: Occa sheedor ee vinter.
 English: Go skiing this winter.

Swedish: Gott Nytt År, 1999!
 Sound like: Got knit ore, kniton hundra (like tundra) netty (like pretty) kneeyo
 English: Happy New York, 1999!



1/06 - Michael Churkin
 1/07 - Robert Anderson
 1/07 - Thomas Anderson
 1/08 - Don Carlson
 1/08 - Randy Johnson
 1/08 - Gladys Stangl
 1/09 - Leisma Krastins
 1/12 - Phil Olson
 1/16 - Billie Nelson
 1/21 - LaVerne Gullans
 1/21 - Nancy Maddox
 1/22 - Thelma Badgley
 1/23 - Dee Benson
 1/24 - Brian Stockham
 1/30 - Linda Becker
 1/25 - Birgitta Ellis
 1/25 - Johanna Benker
 1/26 - Andrea Kjelstrom
 1/27 - Ed Dahlberg

Did You Know . . .

. . . that in an independent survey, Denmark is rated at the least corrupt of 85 nations? Ranking just below Denmark were, in order, Finland, Sweden, New Zealand, and Canada.

- *The Sacramento Bee*, 9/23/98

April Dues Anniversaries

If you have already paid, please ignore this reminder and thank you for your promptness.

Gerda Anderson
 Britt-Marie and Lennart Anderson
 Joy Carlson
 Linnea Carlson
 Edwin Cook
 Birgit Dillard
 Jack and Estrid Doscher
 Richard and Gloria Eriksson
 Kathleen Goldsberry
 Stanley Hagstrom
 Kerstin and Kjell Hakansson
 Dale Ingvarsen
 Herb and Mildred Johnson
 Karin Johnson
 Charles Linn
 Berthell and Charles Nelson
 Barbara and Wendell Olson
 Birgitta Ostlund
 Frank and Gladys Stangl
 Helen Starkey
 Arlie Veis

Dues are \$18 a year, payable to Monitor Lodge No. 218. You may pay them at the January meeting or by mail to our financial secretary, Karin Dorey, 2434 Stokewood Way, Rancho Cordova, CA 95670. If you would like a receipt and membership

card, please enclose a self-addressed, stamped envelope.

Please call Karin (858-8568) if you have questions or there are errors on this list.

Address Changes

Debbie Nikless
 530 Pajaro Court
 Sacramento, CA 95864

Beckie Oleson
 1426 Sutterville Road
 Sacramento, CA 95822

For More Information

about Monitor Lodge, please contact one of the following:

- Membership Committee members Michelle Kaufman, 451-3075, Dee Benson at 933-5502, or Elizabeth Swenson at 739-7637
- Secretary David Benson, 933-5502
- Vice Chairman Don Carlson, 783-0262
- Chairman Arthur Niemoller, 631-9330



❖ The Dala Horse ❖

Few tourists leave Sweden without a small-four-sided, orange-colored trinket of a horse with upright ears and multicolored saddle decorations. The Dala Horse has become Sweden's most popular symbol and the most endearing exponent of its folk art.

Very little is known about the origins of the Dala horse, but the carving of wooden horses for boys and wooden dolls for girls probably was a folk art practiced not only in the province of Dalarna but in many parts of Sweden. As early as in 1624, Bishop Johannes Rudbeckius in Västerås in a sermon is upset about the market sales of among other things "wooden horses" that can only lead to vanity in its owners.

The origins of woodcarving in this fashion can be traced back to the lumberjacks' log-cabins as early as the 18th century. The lumberjacks would sit around the open fires during winter, resting after the day's tree felling and transporting of logs and relaxing by carving figures from odd pieces of wood. The popular choice to carve was a horse. The lumberjacks would then take these wooden horses back to the villages where they became much-treasured toys for the children.

Around the town of Mora in Dalarna (or Dalecarlia in English), it became customary to paint the wooden horses with richly colored flower patterns like the Dala paintings that decorated furniture and interior walls. The people from this region who traveled about the country to sell products of the cottage industry—such as baskets, grinding stones, and wooden casks—often took Dala horses with them to add to their selection of goods. They were also often used as payment for board and lodging. It was not by accident that the horse came to be the most popular animal to carve. The horse was very valuable, a tower of strength and a great asset for any family.

There were many well-known carvers, such as Jones Anna Ersdotter (1844-1901) and her sons whose artistic horses command high prices at auctions today. The first Dala painter to use the characteristic technique of painting the horses with two different colors in the same brush was Stikå Erik Hansson (1823-1897) who emigrated to America with his son and is buried in Nebraska.

Today, most of Sweden's Dala horses in sizes from 3 to 75 centimeters are carved by two competing enterprises in Nusnäs. Nils Olsson Hemslöjd, started by a couple of teenagers in 1928, produces some 800,000 horses a year. First the shape of the horse is cut out from a wooden block before a carver takes over, finishing the carving in as little as six minutes. Just like in the past, the carving is generally done by pensioners and handicapped people in their homes, while the dipping of the horses in color baths and the final decorations and varnishing takes place in a more industrial setting.

The world-wide popularity of the Dala horse started when architecture professor Sven Markelius placed a large bright red horse outside the Swedish pavilion at the 1939 World's Fair in New York. People flocked to the horses on sale inside—and to the Swedish *smörgåsar* also made famous by this exhibition.

Lindsborg in Kansas is almost as attached to the Dala Horse as Mora in Sweden. There are horses on light poles, taxis, ambulances, fire engines, and even the city seal. The same goes for Scandia and Mora in Minnesota and Kingsburg in California, where even McDonalds has adopted the Swedish theme.

— From *Swedish Press*, Nov 98

What and Where Is Scandinavia?

Scandinavia (ancient *Scandia*), name applied collectively to three countries of northern Europe: Norway and Sweden (which together form the Scandinavian Peninsula), and Denmark. The three countries are so grouped because of their historical, cultural, and linguistic affinities. The term Scandinavia is sometimes extended to include Iceland, which is linguistically related to the others, and less often to Finland, which is not linguistically related. The term Nordic has been applied to the five countries of northern Europe (Norway, Sweden, Denmark, Finland, and Iceland) that are united by geographical and economic factors.

— *Encarta Encyclopedia*

**Monitor Lodge No. 218
Vasa Order of America
10582 Apple Grove Way
Rancho Cordova, CA 95670**

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DATED MATERIAL

SCANDINAVIAN DANCE WORKSHOPS & EVENING PARTY WITH LIVE MUSIC

SATURDAY, FEBRUARY 6, 1999

**Larry Reinert - Guest Teacher from Seattle
teaching**

Morning Advanced Dance Workshop 9:30-12:00 am

Afternoon Beginner Dance Workshop 2:00-4:30 pm

Swedish, Finnish, Danish and Norwegian dances being taught including
Ti-ti-ti jenkka , Pero, Humppa promenad, Enbens bingsjö polska & Enbens bodapolska ,
Four-footed waltz, Reinlender fra Fosen, Jens's & Odine's series and others.

Possible Fiddle Workshop

If interested, preregister at 916/455-7501 or e-mail dameyl@csus.edu

Review instruction 7:00-8:00

Evening Party with Live Music 8:00-11:00

Location: 3100 Ponderosa Road, Shingle Springs.

Take Highway 50 to Ponderosa Road. Go north 2 miles, pass the vineyard on your left , and
watch for a sign on your left directing you to the parking area.

Sponsored by El Dorado Scandinavian Dancers

Contact Marida (530) 672-2926 or tmartin@ns.net

\$15.00 package for the whole day, if application & check received by January 22nd

Cost after Jan. 22nd or for individual events see below

REGISTRATION (Prices per person)

Name: _____

Address: _____

Phone: _____

e-Mail: _____

Morning Advanced Dance Workshop \$ 7.00 _____

Afternoon Beginner Dance Workshop \$ 5.00 _____

Music Workshop \$10.00 _____

Evening Party \$ 7.00 _____

Package (received by 1/22/99) includes workshops & party \$15.00 _____

Total _____

Checks Payable to: El Dorado Scandinavian Dancers

Mail to: 5692 Valley Oaks Ct.

Placerville, CA 95667

PC MEDICAL / JAY DANCE WORKSHOPS AN EVENING PARTY WITH LIVE MUSIC

SATURDAY, FEBRUARY 4, 1995

Event Location: Grand Ballroom, Hyatt Regency

Time: 7:00 PM

Morning Advanced Dance Workshop 9:00-11:00 AM
Afternoon Beginner Dance Workshop 1:00-4:00 PM

Special Feature: Live Music by the house band
The band will play a variety of music including pop, rock, and soul
and will be joined by special guests throughout the evening.

Special Feature: Live Music

It is a special event for the PC Medical community.

Event Location: Grand Ballroom, Hyatt Regency

Evening Party with Live Music 7:00-11:00 PM

Location: Grand Ballroom, Hyatt Regency

The evening party will be a special event for the PC Medical community
and will be held in the Grand Ballroom of the Hyatt Regency.

Event Location: Grand Ballroom, Hyatt Regency

100 tickets for the evening party will be available for purchase
at a special price of \$100 per ticket.

REGISTRATION FORM

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Event Location: Grand Ballroom, Hyatt Regency

Time: 7:00 PM

Event Location: Grand Ballroom, Hyatt Regency

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Recipe Collection Sheet



Please carefully follow simple instructions on back.

For office use only

CATEGORY _____

Recipe Title _____

Submitted By _____

INGREDIENTS: Standard Abbreviations: pt. qt. pkg. c. tsp. T. oz. lb. gal. doz. sm. lg.

DIRECTIONS: _____

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DIRECTIONS: _____

INSTRUCTIONS

- TYPE OR PRINT CLEARLY IN INK, NOT PENCIL, AND PLACE ONLY ONE RECIPE PER FORM.
- If more room is needed, attach another sheet of the same size and staple together.
- Keep your directions in paragraph form — not in steps.
- Spell out names of ingredients in the directions, i.e., "Combine flour and sugar," DO NOT use statements like, "Combine first three ingredients."
- Anything not part of the recipe (ingredients, directions, contributor name, serving size or recipe title) will be included as a Recipe Note for an additional charge.
- Spell your name the way you want it listed with your recipe, and be consistent with the spelling of your name on each recipe you contribute.

Dear Friend,

Our organization is preparing a taste-tempting cookbook featuring favorite recipes from members of our community. Each recipe selected will show the name of the recipe contributor and be beautifully bound in an attractive cookbook sure to be treasured for years.

We would like you to submit three or four of your favorite recipes so you can be represented in our memorable collection. Please read the instructions at the top, and neatly print or type one recipe per sheet. Your recipe should fit into one of the following categories.

Appetizers & Beverages
Soups, Salads & Vegetables
Main Dishes & Casseroles
Meat, Poultry & Seafood
Breads & Rolls
Pies, Pastry & Desserts
Cakes, Cookies & Candy
This & That

Each cookbook will contain helpful cooking hints, basic kitchen information, illustrated category dividers, table of contents, index and special pages of interest to our community. The cookbook will be fully typeset in easy-to-read print on large 5 1/2" x 8 1/2" size pages.

Proceeds from the sales of our cookbook will go into our treasury to further worthwhile projects which our organization sponsors. Your help in contributing recipes will insure that our cookbook will be a success.

We are anticipating a great demand for our cookbooks and you may want to reserve one or more copies for yourself and your family at this time to be assured of receiving them, as a limited number will be printed.

Please reserve _____ books for me.

Name _____

P.S. Please submit your recipes to the committee within five days so they can be turned over to the the publisher. Thank you!

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