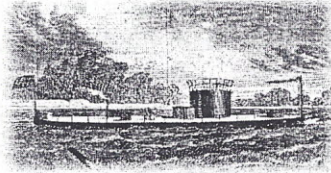


MONITOR LODGE NO. 218 CHARTERED APRIL 8, 1912

THE



MONITOR

Dale Ingvarlsen, Chairman—Matthew Wilson, Vice Chairman—Paige Tally, Secretary—Assistant Recording Secretary, Peggy Carlson
Gail Nemy, Financial Secretary—Diedre Dahlberg, Asst. Financial Secretary—Karin Johnson, Treasurer

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HEADS UP

9/29

10AM-4PM

Scandinavian Festival
Sacramento
St. Ignatius Parish Hall
3235 Arden Way

10/5

Danish Dinner
Election of Officers

10/21

Centennial Celebration
Swedish American
Hall, SF



**CELEBRATE LEIF ERIKSSON DAY
OCTOBER 9!**

Leif Ericson

Christopher Columbus was not the first European to discover the New World! This commonly held belief is wrong. Columbus didn't reach the New World until 1492, 500 years after Leif Erikson's arrival in 1001 AD.

Leif Erikson was the first European to set foot in the New World, opening a new land rich with resources for the Vikings to explore. But for some unknown reason, the Vikings only made a few voyages to the New World after Leif. Unfortunately, this caused his discovery to remain unknown to nearly all of Europe, which was in the midst of the Crusades.

Here will be discussed Leif's life before his voyage, growing up in Iceland, living in Greenland, and his first voyage. His voyage to the New World and his stay there will also be discussed.

Leif was born in Iceland in about 960 AD, son of Eric the Red. As was tradition with the Vikings, Leif did not grow up with his family. Instead, when he was eight he moved in with a man named Thykker. Thykker was from Germany where Eric the Red had captured him, had taken him to Iceland, but had not enslaved him. Thykker taught Leif everything he needed to know, including reading and writing runes, the Celtic and Russian tongue, and the ways of trade. Leif was also taught the old sagas, plant studies, and the use of weapons. When Leif was not learning he and his friends would watch the ships come into the harbor; then he would listen to the tales of the sailors.

At 12, Leif was considered a man and traveled back to his father's house. Eric's house had grown since Leif had left. The herds had multiplied and there were new houses and more slaves. The spring after Leif arrived, Eric was summoned

(Continued on page 2)

OCTOBER BIRTHDAYS

- 10/5 Karin Johnson
 10/6 Dale Ingvarlsen
 10/8 June Persson
 Barbara Erickson-Lutz
 10/15 Astrid Broess
 10/17 Ruby Anderson
 10/21 Marianne
 Lomax
 10/24 Diane Curtis
 Marianne Ek
 10/27 Russ Franson
 10/30 John Anderson



Swedes like to celebrate. So with a Name Day Calendar you can celebrate not only your "birth" day but your "name" day as well! Extra coffee and cake for you on your name's day!

FIND YOUR NAME DAY

[www.scandinavius.com/
sweden/seconnections/
namesday/oct.html](http://www.scandinavius.com/sweden/seconnections/namesday/oct.html)

(Continued from page 1)

to a Thingvellir or lawmaking assembly. Eric took Leif along with him to the Thing. The next day, among the crowds, Eric met a man with whom he was feuding. They started to fight and Eric killed the other man.

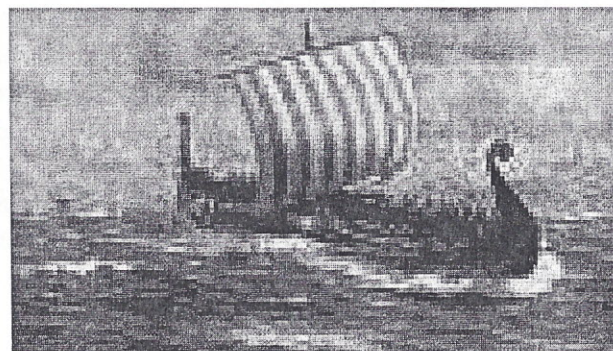
Because of this, the Thing council banished Eric from Iceland for three years. Eric, not being able to go to Norway (he had previously banished from there too) decided to investigate rumors of lands to the west. So, Eric took his wife and kids, some slaves, and ample supplies and traveled west. A few days later they landed on a new land, which he named Greenland and started to build a camp. It was on this voyage that Leif is believed to have learned how to be a good deep-sea sailor.

Discovery of Greenland

For the years Eric spent on Greenland during his banishment, he explored the new land and taught Leif many things. After three years, Eric traveled back to Iceland and told the people about Greenland. Many people decided to return to Greenland with Eric and his family because times had not been good in Iceland. There had been a famine, the lands were overgrazed, and there were almost no trees left.

Leif was probably 15 to 17 when he was out and saw a young polar bear on an ice flow. He decided to capture the bear but there was a strong current between the ice flow and land. So using his knowledge of the sea, he went "upstream" from the polar bear and let the current carry his boat into the ice flow. After capturing the bear he used the same tactic to get back to land, impressing the people on shore.

One day, when Leif was watching the boats, he saw an old tattered ship rowing very slowly. Leif became very excited because he recognized this ship as belonging to Bjarni Hergelfson, who had been gone over a year. After the ship landed, Leif followed Bjarni into a hall where Bjarni told the story of how mist had covered the North Star so they couldn't navigate. They sailed for many days and finally spotted land, but it wasn't Greenland, where they had been heading. Glaciers did not cover the coast they had seen, but instead it was green with trees. They did not go ashore though, because they wanted to get to Greenland. They kept sailing and found another land. This one was flat and forest covered, but they did not land there either. They had to get back to Greenland. *(To be continued)*



NÅL OCH TRÅD

October is truly in the fall season—nature goes to sleep to return in beauty in the spring. What a wonderful world!

Nål och Tråd will meet, as yet, at an undetermined place; we will announce it at our next meeting. Any questions, call Dorothy Scherer or Dorothy Mogford.

Christmas is getting closer, and we will be busy making some nice gifts for you to buy and give to your favorite folks.

Have a happy, spooky Halloween! *Dorothy M.*

KÖKSNYHETER

Danish Frikadellar will be featured at the dinner meeting honoring our Danish brothers and sisters on October 5th. Dinner is at 7:00, the bar opens at 6:00. We would like to have a "ballpark" head count as we tried with the Finnish Dinner in June. It's so difficult to plan for an undetermined number of diners. Please be ready to respond when you are called. Team 1 will be the hosts for this special evening. You are: The Larsons, Bjurs, Ingvarsens, Whites, Kantars, Larry Hultquist, Siw Gormley and Thelma Gorrell.

The Danish Dinner is our first at the IOOF Hall, and because we are charged for "extra" time, it is necessary to prepare as much food ahead of time as possible. This first dinner should give us an idea of how best to work dinner meetings in the future. We must remember to call a day in advance of when we need to get into the facility. The number is 921-0562 mornings only.

A preliminary and rather underattended meeting was held recently to begin to plan this year's Smörgåsbord. One more meeting to finalize this event will be held on October 26th at 7:00 and once again we are glad to be meeting at Dorothy Mogford's home. Table "facilitators" are in place and will be calling on you to either help them the day of the event and/or provide food. **PLEASE DO NOT BRING SOMETHING UNLESS IT HAS BEEN APPROVED BY THE TABLE PERSON!**

'08 SWEDISH CALENDARS
 MYRTLE IS NOW TAKING ORDERS FOR '08 CALENDARS
 \$12 AT THE TIME OF PLACING THE ORDER
 MAIL A CHECK TO MYRTLE OR ORDER AT 10/5 MEETING

NEWSLETTER
DEADLINE FOR
THE SEPTEMBER
ISSUE IS 10/12

IN ORDER TO RECEIVE THE NL VIA E-MAIL AND IN COLOR, YOU MUST DOWNLOAD ADOBE ACROBAT READER www.adobe.com.

Phone Change:

Lennart and Britt-Marie
Anderson

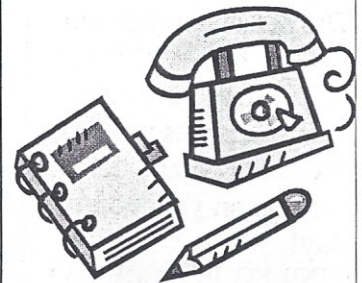
360-809-0436

Address/Phone/Email
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Kris & Matt Wilson

7231 Almond Avenue
Orangevale, CA 95662
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A Swedish-American
Fraternal Organization
Since 1876

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Minutes of the Monitor Lodge Business Meeting
Odd Fellows Hall
September 7, 2007

1 & 2. To Order & Roll Call. The meeting was called to order at 7:20 pm by the Chair, Dale Ingvarlsen, and roll was taken.

Officers Present: Dale Ingvarlsen, Gail Nemy, Karin Johnson, Peggy Carlson, Paige Talley.

3. Membership Applications. Chair Ingvarlsen informed everyone that membership applications were available if anyone was interested, or knew someone who was interested, in joining the Monitor Lodge.

4. Acting on Minutes for the Meeting on August 11, 2007. A motion was made, seconded and passed unanimously to approve the August 11, 2007 meeting minutes. (Broess/Griffith)

5. Announcements and Reports.

5.1 Nordic (Scandinavian) Festival. Elizabeth Swenson informed members that she needs spots filled for the Scandinavian Festival scheduled for Saturday, Sept. 29. She asked that anyone who would like to work a mid-morning shift or an early afternoon shift to contact her. Gail Nemy asked that everyone please sell tickets for this event. Gail also announced that there will be a meeting regarding the Nordic Festival on Monday evening, Sept. 10.

Chair Ingvarlsen exclaimed that Ed installed the much needed shelving at the Odd Fellows Hall. Thank you, Ed!

Chair Ingvarlsen told the members that there will be a program planning meeting at Ed Netzel's home on Wednesday, Sept 12 and he asked that everyone who has any suggestions to please give them to any of the Lodge officers.

6. Unfinished Business.

Vacancy: Co-Coordinator of Food/Dinners (to replace Dorothy Mogford). LaVerne Griffith offered to take over for Dorothy, and Myrtle offered to assist LaVerne.

Keys for Storage Room and Locker. Chair Ingvarlsen explained with the move to Odd Fellows Hall, there will be more control over the whereabouts of the keys. The master key will be kept by the chairman to be used only for making duplicate keys. Keys will be assigned to individuals needing access regularly to storage and kitchen facilities. Written records will be kept of all key assign-

(Continued on page 5)

ments / locations.

7. **Reading of Correspondence.** The Secretary read one piece of mail that was from the Skogen Lodge No. 700, inviting Monitor Lodge members to its 34th Anniversary celebration to be held at Tucker Oaks Golf Club in Anderson on Saturday, September 15. (The Secretary pointed out that the invitation was not received until mid-August.) The Secretary was directed to send a congratulatory card to Skogen Lodge from Monitor Lodge.

8. **New Business**

Officers for Next Year and Nominating Committee. Chair Ingvarlsen pointed out that it is time to be thinking about Lodge officers for next year. Elections will be held soon. A Nominating Committee will have responsibility for obtaining a list of candidates willing to serve. The past chair will serve as chair for the committee. Members are asked to make suggestions and encourage interested people to volunteer.

Plans for Danish Dinner—Cook Team #1. October 5 is the Danish dinner meeting. Jack Larson will be the lead. If you are on Cook Team #1, please talk with Jack Larson to learn how you can help. Louise Sims has provided Danish cook books to the meeting.

9. **Future Events.**

9.1 Sept. 12 7:00 pm Program Planning Meeting for 2008 year @ the Netzel's residence.

Sept 15 12 – 7 pm- Polish Festival @ Polish American Club, 327 Main Street, Roseville. (Several people said that this event has great food and fabulous entertainment!)

Sept 29 10 – 3 pm – Nordic (Scandinavian) Festival at the St. Ignatius Parish Center, 3235 Arden Way, Sacramento.

Oct. 5 7 – 9 pm Danish Dinner Meeting, Cultural Presentation, Flag Draping

Oct 21 2 – 6 pm Fylgia Lodge 100th Anniversary Celebration and Dinner, at the Swedish American Hall, 2174 Market Street, San Francisco--\$40 per person. Chair Ingvarlsen said that a few Monitor Lodge members have expressed interest in attending and if anyone else would like to go, they may want to share rides to San Francisco.

10. **Reading and Acting on Bills Received.** Karin Johnson read the bills for payment. A motion was made, seconded and passed unanimously to approve payment of the bills (Bushnell/De Bord)
11. **Report from the Financial Secretary and Treasurer.** Gail Nemy reported that after contacting members who have renewed by phone and by mail, with no response, that she was dropping from the membership those who have not renewed. After some discussion about incorrect phone numbers and or addresses listed in the Monitor Lodge roster, Karin Johnson suggested that all of the members check the roster for accurate contact information.
12. **Good of the Order.**

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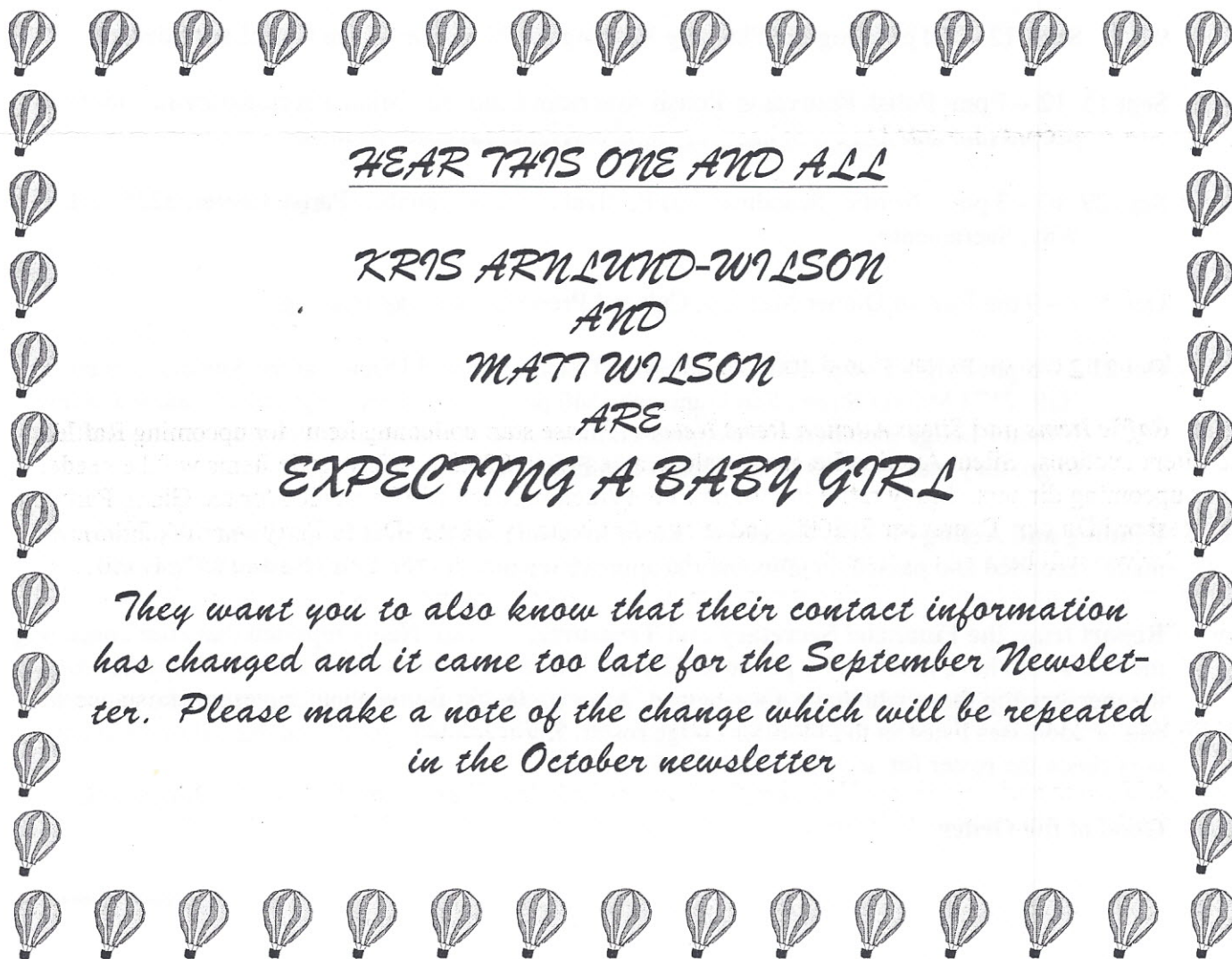
12.1 Myrtle informed everyone that it is time to place orders for the 2008 calendar. She indicated that the production cost is \$6.82, plus shipping and handling. Suggested retail price is \$12.50. It was moved, seconded and passed unanimously that the price be placed at \$12.00. (M. Ingvaridsen/Swenson)

Chair Ingvaridsen asked that everyone please be aware that the Lodge needs to raise more funds. He suggested that members begin thinking about collecting items for the December dinner meeting, saying that silent auction items should have a value above \$35 and that the raffle items will be below \$35. He recommended that if everyone simply secured one item, the event would be a big success.

The meeting adjourned at 7:45 pm.

Respectfully submitted on September 11, 2007

Paige Talley
Secretary



HEAR THIS ONE AND ALL

KRIS ARNLUND-WILSON
AND
MATT WILSON
ARE

EXPECTING A BABY GIRL

They want you to also know that their contact information has changed and it came too late for the September Newsletter. Please make a note of the change which will be repeated in the October newsletter

CHAIRMAN'S MESSAGE

VASA MONITOR CHAIRMAN'S MESSAGE OCTOBER 2007

WHAT FUN...at the Kaffekalas, on Friday, September 7th! Both the pastry and the coffee were tasty. Everyone liked the new meeting location in the I.O.O.F. Hall. We all had so much fun playing **BINGO**. Using the new Professional Bingo set with cage, numbered balls and cards with bright playing pieces donated to the lodge by **Dale and Margaret Ingvarlsen**, **Margaret** ran the games, assisted by **Astrid Broess**. Winner of the first game, **Paige Talley**, received a large magnum size bottle of champagne. **Wanda Newsowich** won a basket with coffee cups, Gevalia Coffee, and Swedish cookies. **Diedre Dahlberg** won a bottle of Merlot wine. The cash prize was won by **Bud Mogford**. Dale & Margaret provided prize items for the games.

Election of Officers for Next Year. The Nominating Committee, headed by **Ed Netzel**, will be contacting those interested in serving during the next year, and this report will be given at the October meeting. At this October 5th meeting additional nominations will be taken, followed by election of officers. Contact Ed at (916) 362-4659 if you would like to nominate someone or volunteer yourself.

Fylgia Lodge #119 Announces their 100th Anniversary Celebration and Dinner. This event will be held on Sunday, October 21st from 2:00 P.M. until 6:00 P.M., at the Swedish-American Hall, 2174 Market Street in San Francisco. A reception begins at 2:00 P.M., followed by Smorgasbord and program at 4:00 P.M. Cost is \$40.00 per person. Several of our members are planning to be there. If you would like to attend, please send your name and the number attending with your check (payable to Fylgia 100th) to:

Barbara Erickson
265 Fowler Avenue
San Francisco, CA 94127

Position of Co-Coordinator of Food/Dinners has been filled! Thanks to **LaVerne Griffith** who agreed to take over this job held by **Dorothy Mogford** for the past several years. Thanks, also, to **Myrtle Widmark**, who volunteered to assist Laverne.

Shelving Installed in our Storage Room at I.O.O.F. Hall. Thanks and appreciation, again, to **Ed Netzel** for using two of his vacation days to do this work!

Raffle Items and Silent Auction Items Needed. Please start collecting items for upcoming Raffles and Silent auctions. Silent Auction Items are valued at less than \$35.00. A few raffle Items will be needed at our upcoming dinners. Many raffle items and Silent Auction Items will be needed for the Glogg Party & Smorgasbord Dinner (December 7, 2007) and at our Anniversary Dinner-Dance Party (April 4, 2008). Funds derived will be used to offset the price of the anniversary dinners for members and to "pay the rent" (increased at our new location). Bring items to any of our lodge meetings, or you may bring them the night of the event(s).

Getting together and organizing Past Lodge Records. **David Benson** has requested assistance with this project. If you are able to help, please call David at (916) 933-5502.

Addresses and Telephone Numbers for Some of You Are Wrong...in the Member Handbook. Please check your hand book to learn if the address and telephone number listed there are correct. If there are errors, please call Gail Nemy (916) 481-0373 or Dale (916) 729-0632 to give correct information.

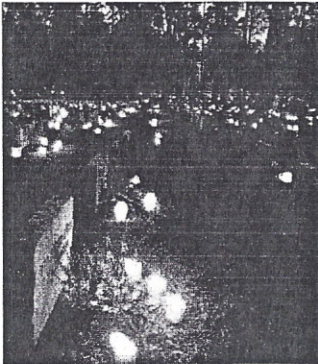
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Danish Night – Dinner and Cultural Program. Plan now to attend. In addition to a delicious dinner and interesting program, you will be able to vote for next year's officers

In Truth and Unity,
Dale Ingvarlsen

All Saints' Day - Sea of lanterns shine for the departed



At All Saints' Day, every Swedish church yard turns into a sea of light when Swedes commemorate their dearly departed, laying wreaths and lighting lanterns on their graves. It is celebrated on the last weekend in October or the first weekend in November. The tradition, which became customary during the 1900s, has evolved from two different traditions: All Saints' Day and All Souls' Day.

All Saints' Day has been celebrated to honor the saints of the Church since the 9th century. Previous to this, each saint was celebrated individually, but when the days of the year had all been taken up, it was decided that there should be a common day for all the saints.

All Souls' Day was a Roman Catholic remembrance day for the deceased. This day was canceled from the Swedish calendar in connection with the reformation, but has been reintroduced as a remembrance day in modern times. It falls on the Sunday after All Saints' Day.

By the end of the 20th century, the American tradition of Halloween also began being celebrated over the All Saints' holiday weekend in Sweden. However, this being criticized by many people led to the moving of "Swedish Halloween" to October 28, the same time as the USA, thereby avoiding a clash with the All Saints' holiday.



Many useful hands and hearts will help make the Nordic (Scandinavian) Festival on September 29th a success once again this year. Members of the planning committee from Monitor Lodge are counting on you. Any time you can contribute to help will be appreciated. Call Elizabeth Swenson or Myrtle Widmark if you will be able to help.

Linda and I stopped at John and Ruby Anderson's home today for a short visit. John is recently back home and enjoying Ruby's cooking while recovering from a broken hip. John is also experiencing some effects from ALS (Lou Gehrig's Disease). John was taking an afternoon nap so we chatted a bit with Ruby who is considerably better than she's been the past few months. The Andersons have dropped their membership in Monitor Lodge because they are no longer able to travel to the meetings. Please consider sending them a note or making a phone call, 215 Endicott, Jackson, CA 95642, 209-223-1049. ed.

HAPPY HALLOWEEN

Monitor Lodge
VASA Order of America
6478 Cedar Ranch Drive
Citrus Heights, CA 95621