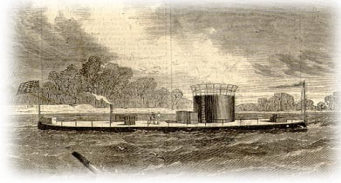


MONITOR LODGE NO. 218 CHARTERED APRIL 8, 1912

THE



MONITOR

Kurt Pfannkuch, Chairman—**Johanna Benker**, Vice Chairman—**Charles Rea**, Secretary—**Karen Sandberg**, Assistant Recording Secretary, **Yvonne Magneheim**, Financial Secretary—**Lillian Stafford**, Assistant Financial Secretary—**Karin Johnson**, Treasurer

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HEADS UP

5/30-6/1
Sweden Days
Alta Park, Auburn



6/6
Finnish Dinner
Farsdag
6:00 Social
7:00 Dinner
Team 3

6/28
Sill Frukost
Amador County
See Page 6

Finland was a province and then a grand duchy under Sweden from the 12th to the 19th centuries and an autonomous grand duchy of Russia after 1809. On December 6th, 1917, Parliament (the Eduskunta) proclaimed Finland an independent republic. During World War II, it was able to successfully defend its freedom and resist invasions by the Soviet Union - albeit with some loss of territory. The nation retained its independence after World War II but had to cede considerable amounts of territory and pay huge war reparations to the Soviet Union. In the subsequent half century, the Finns made a remarkable transformation from a farm/forest economy to a diversified modern industrial economy; per capita income is now on par with Western Europe. Finland joined the European Union on January 1st, 1995. As a member of the European Union, Finland was the only Nordic state to join the euro system at its initiation in January 1999 and began using Euro cash in 2002.



Finland shares borders with Sweden, Norway and Russia. Most people speak Finnish but about 6% of the population speaks Swedish. English is also widely spoken in Finland and is very common in the business world; some international Finnish companies even use it as their house language.

Land area total: 338,145 sq km (about the size of Kansas and Nebraska)

land: 304,473 sq km

water: 33,672 sq km (over 60,000 lakes)

Population: 5.2 million, 17 inhabitants per square kilometre

67% live in towns or urban areas, 33% in rural areas

Principal cities: Helsinki (560,000), Espoo (221,000),

Tampere (199,000), Vantaa (182,000), Turku (174,000) and Oulu (124,000). About one million people live in the Helsinki metropolitan area.

Finland has a highly industrialized, largely free-market economy, with per capita output roughly that of the UK, France, Germany, and Italy. Its key economic sector is manufacturing - principally the wood, metals, engineering, telecommunications, and electronics industries. Major Exports: Electronic and electrical products, pulp and paper, machinery and equipment, metal products, transport vehicles, timber and wood, chemicals. See www.kevos4.com/Modern_Finland_Today.htm

**JUNE/JULY
BIRTHDAYS**

- 4 Kris Arnlund-Wilson
- 7 Karna Boyer
- 9 Beatrix Clark
- 10 Beatrice Mattson
- 15 Elizabeth Johnson
- 16 Jack Larson
- 21 Chris Moore

JULY

- 9 Kerstin Krause
- 10 Eivor Pfannkuch
- 11 Ernest Skorheim
- 16 Arlene White
- 19 Meribeth Bean
Robert Johnson
- 25 Henrik Jul Hansen
- 28 Lars-Erik Hammerin

Midsummer Joys
by Winifred Sackville
Stoner, Jr.

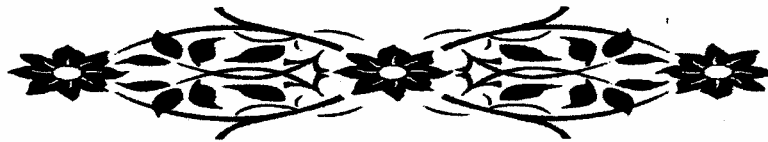
Give me the joys of
summer,
Of SUMMER
QUEEN so fair,
With wealth of lovely
flowers
And fruits and sun-
kissed air!
Talk not to me of winter
With ice and frost
and snow,
Nor changing spring
and autumn
When howling winds
will blow.
No, I will take the joys
Of SUMMER every
time,
So to this Queen of Sea-
sons
I dedicate my rhyme.

MEMBER OF THE MONTH

Please Welcome SIW GORMLEY

I was born in Sundsvall, Sweden in Medelpad County about 200 miles north of Stockholm, Sweden on the Baltic Coast. Sundsvall is noted as a major lumber area in Sweden. I grew up on a farm where we had lumber and dairy in the 1940's and 50's...graduated as a Licensed Registered Nurse from Västeras Nursing School in Sweden. In the 1960's I came to Minneapolis, Minnesota to work as an R.N. at Abbott Hospital. After working in Minnesota, I decided to take a trip across the United States to visit California...enjoyed California with its weather, culture, landscape, and in particular San Francisco. Took an R.N. position at Southern Pacific Hospital, San Francisco...in early 1970's got married and moved to Marin County. While in Marin, worked for Sutter Hospitals for 25 years as an ICU / CCU R.N. until retirement in 1999...then moved to Elk Grove with husband of 35 years marriage to be near our son.

Siw came to America with two of her nursing friends. She enjoyed the challenge of the Intensive Care and Cardiac Care Units and working with patients, their families, and the medical staff. For six years she volunteered at Kaiser Hospital's Education Center, helping patients with information about their medical situations. She also volunteers at a local branch of the American Cancer



The city of Sundsvall is a traditional commercial centre with roots that stretch back to Viking times. Sundsvall's location on the coast and its close proximity to Sweden's neighbours have ensured that the city has always been an important commercial crossroads.

The sawmill industry transformed Sundsvall into Sweden's first major industrial centre at the beginning of the nineteenth century. While the mills have remained important to this day, more recently they have been joined by other industries which have added fascinating new dimensions to the city's commercial character.

Sundsvall is at the heart of an expansive and dynamic region, where a wide range of projects is being carried in all sorts of business areas. As for culture, tertiary education, research and development, leisure and the environment (to mention but a few), Sundsvall rivals any of Sweden's other major cities.

Located at the heart of Sweden and at the very heart of Scandinavia, Sundsvall is as much a centre of trade today as it has always been. The city is best known for its timber industry. This flourished in the mid 1800s, when Sundsvall became the focus for Sweden's timber business and people

flocked from all corners of the country to work on the Swedish "Gold Coast", the first major industrial centre in Sweden.

Sundsvall is still home to many large industries. Most significant is the timber industry, which now produces mainly paper and pulp. Factories making chemical products and Sweden's only manufacturer of primary aluminium are also located here. Exporting industries are important for the city, and, in order to improve competitiveness, a number of the larger industries have invested in new machinery and production processes in recent years. Local industries make their mark on the city in many ways, not only through the jobs they create. Sundsvall is heavily involved in environmental work and applies strict environmental demands on its industries, for example. A consistent and determined approach has meant that the name of Sundsvall has become synonymous with environmental awareness both at home and abroad.



Chairman's Message May 2008

Despite the last minute confusion and the change of cook teams, our May dinner meeting was a success. We had 75 people in attendance, gained three new members, and learned a lot about early Swedish and Norwegian relationships. Thanks to all who helped make the event so successful. I hope to see as good a turnout at our June meeting, at which we will present our annual scholarship award to Elizabeth Johnson, daughter of members Robin and Linda Johnson and granddaughter of Harry and Elizabeth Johnson.

Welcome to our three newest members, Gabriella Lundquist, sponsored by Dale Ingvarsen; Elizabeth Havener, sponsored by Gail Nemy; and Jo Alice Nastal, also sponsored by Dale. I hope you all develop enjoyable relationships within the lodge and take an active part in our activities. There is no better way to get to know fellow members and get the most out of your membership than volunteering and working side by side with other members. Gabriella was born in Åre, Sweden and Liz is from Forsa, so if you want to know more about Sweden today or want to practice your Swedish, I'm sure they would both enjoy talking with you. Jo is a Sacramento gal, but with Swedish heritage and is also a delight to talk with.

We are coming to a time of the year that is near and dear to the heart of this old Air Force retiree, the time that commemorates freedom. It is the time of great holidays like Memorial Day when we honor those who paid the ultimate price of freedom; Sweden Day, when Swedes all over the world honor their flag, heritage and way of life; and our own Flag Day and Independence Day, when we celebrate our own American heritage and freedom. What a combo! Add to the mix Midsommer and you've got a time of year when all Swedish Americans can be proud and celebrate.

Speaking of Sweden Day, don't forget the outing at Camp Norge in Alta, just off Hwy 80, on June 28-30. Whether you come up for the weekend or just for the District activities on Saturday, it's a great chance to visit with old Vasa Friends and make new ones from all over the District. *Pure social time and fun, no business.* Check your previous newsletter for details. Hope to see a lot of Monitor folk there.

Finally, a call for HELP. We need a volunteer to host the August crayfish party (kräftkalas). Due to a major remodeling project at the Carlson's, they will be unable to host it there as originally planned. If you have a fairly large area to offer, I'm sure you will receive plenty of help. This one of our really fun social events of the year and it would be a shame if we had to cancel. If you can offer a location or have suggestion(s) as to what we can do, please contact me so we can get started on replanning the event. I'm sure that with our membership and resources we can make this work.

In Truth and Unity,
Kurt Pfannkuch

NEWSLETTER
DEADLINE FOR
THE JUNE/JULY
ISSUE IS 05/12/08

**IN ORDER TO RE-
CEIVE THE NL VIA
E-MAIL AND IN
COLOR, YOU MUST
DOWNLOAD ADOBE
ACROBAT READER
www.adobe.com.**

**CHECK OUT
[www.angelfire.com/
trek/mountains3/
SWEguidemain.html](http://www.angelfire.com/trek/mountains3/SWEguidemain.html)**

**ADJUST YOUR
DIRECTORY!!**

NEW MEMBERS

Elizabeth Havner,
705 La Leita Circle,
Sacramento, 95864;
(916) 487-2887

Jo Alice Nastal,
6815 Boardwalk Dr.
Granite Bay, CA
95746;
(916) 791-3511;
joalice@surewest.net

Gabriella Lundquist,
501 Gibson Dr #1412,
Roseville, 95678;
(916) 715-0875; [gabri-
ella.lundquist@edward
jones.com](mailto:gabriella.lundquist@edwardjones.com)

Vasa Order of America
A Swedish-American
Fraternal Organization
Since 1876

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Sacramento, CA
95825

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SCANDINAVIAN/NORDIC FESTIVAL

September 13, 2008

10:00 to 3:00

DEVINE SAVIOR CATHOLIC CHURCH

(Two blocks east of Hazel Avenue)

9079 Greenback Lane

Orangevale, CA 95662

\$4.00, Children under 12 free

It is not too early to start thinking about the Scandinavian Festival. We have a new site this year. Because of this we need a lot of publicity. Every member needs to talk to friends and neighbors about the Festival. A lot of people in the Sacramento area look forward to this event each year. We will have Scandinavian dancers, singers and musicians. There will be many vendors selling Scandinavian items. This is a good time to think about Christmas.

As usual, Monitor Lodge is in charge of open face sandwiches, Smörgåsar, Swedish pancakes, coffee and selling entry and food tickets. Myrtle Widmark has volunteered to take calls from anyone willing to help with any of these functions. Her phone number is 481-4056. It would be much easier for those of us on the committee if members would call Myrtle to volunteer instead of us having to call everyone individually asking for help.

Elizabeth Swenson is in charge of making coffee. Art Niemoller is in charge of frying the pancakes. Myrtle is in charge of getting members to make the pancake batter and sell pancakes and sandwiches during the day. (The pancake recipe is attached) Gail Nemy is working with the Finnish group getting members to sell entry tickets at the door and food tickets inside and at the door. Christine Bodelson and Peggy Carlson are in charge of the sandwiches. Chuck Johnson is making signs for the Festival. Monitor Lodge will be responsible to have someone carry the Swedish flag at the flag ceremony at noon. Committee members work hard and would appreciate all the help we can get.

The Festival also needs Scandinavian breads, pastries, coffee cakes and cookies to sell at the pastry table. This is a big money maker for the Festival. All you bakers out there, need your help by bringing baked goods to sell.

MARGARET CARLSON'S SWEDISH PANCAKE RECIPE

24 large eggs
2 cups sugar
4 tsp salt
8 tablespoons of water
8 cups of flour, regular
One gallon whole milk (do not use non fat or reduced fat milk)
1 cup melted butter

Beat eggs well then gradually add rest of ingredients. Make batter the day before so it has a chance to season. It will be a lot easier to fry the pancakes.

Treasurer's Report 2007

Although 2007 was a very unusual year, due to the efforts of the officers and members, it turned out to be a financially successful year. There was a net gain at the end of the year as follows:

Income:		
	Dues	\$3,317.50
	Scholarship	500.00
	Dinners	7,878.00
	Bar	559.00
	Scandinavian Festival	750.00
	Raffles/Silent Auctions	2,057.00
	Miscellaneous	1,547.15
	Total Income	\$16,608.65
Expenses:		
	Assessment	\$4,195.80
	Rent	1,785.00
	Dinners	5,039.14
	Bar	328.35
	Newsletter	1,127.52
	Miscellaneous	2,538.07
	Total Expenses	\$15,013.88
	NET INCOME	\$1,594.77

The proactive planning of various fund raising events was responsible for this financial success and without raising dues. 2008 should be just as successful with:

more stability in our monthly rent expense (we met in four different places in 2007 and paid for offsite storage)
additional income from the bar as we were not able to have our usual bar for several of the dinners last year
the District returning the donation for last year's convention

I would also like to take this opportunity to provide necessary information for financial activities related to Monitor Lodge. There are several officers with financial responsibilities. Although we haven't always followed the procedures for each step in the process of receiving a request for reimbursement or expenses, we will try to follow these procedures in the future. These procedures may seem overly bureaucratic, but they were instituted in order to ensure that reimbursements and receipts are handled appropriately with checks and balances.

Request for Reimbursement

Complete "Check Request" form (see attached)
Submit all applicable receipts with Check Request
Return form to Secretary, either through mail or at meeting
Check request reviewed by auditor for accuracy and applicable documentation
Secretary reads bills for approval of payment at business meeting
Check completed by Treasurer with two signatures
Check available after meeting or sent by Treasurer

Payments to Monitor

The Financial Secretary receives all money
All checks should be made out to Monitor Lodge #218
The Treasurer deposits the money

In Truth and Unity,

Karin M. Johnson

Directions to Pioneer, CA 95666-9338



Summary and Notes

START **A** 1831 Howe Ave, Sacramento,
CA 95825-1025

FINISH **B** 19721 Fallen Leaf Dr, Pioneer,
CA 95666-9338

**Total Distance: 57.7
miles, Total Time: 1
hours 18 mins (approx.)**

Add your notes here...

Distance

A 1831 HOWE AVE, SACRAMENTO, CA 95825-1025

- | | |
|--|-------------|
| 1. Start at 1831 HOWE AVE, SACRAMENTO going toward ALTA ARDEN EXPY | go 3.6 mi |
| 2. Turn L on FOLSOM BLVD | go 0.5 mi |
| 3. Bear R on JACKSON RD(CA-16) | go 21.3 mi |
| 4. Continue to follow CA-16 | go 9.4 mi |
| 5. Continue on CA-49 | go 2.4 mi |
| 6. Turn R on SHENANDOAH RD(CR-E16) | go 0.5 mi |
| 7. Bear R on FIDDLETOWN RD | go 15.8 mi |
| 8. Bear L on SHAKE RIDGE RD | go 3.2 mi |
| 9. Turn R on FERN RIDGE RD | go 0.2 mi |
| 10. Turn L on PINE DR E | go 0.1 mi |
| 11. Turn R on PINE DR E | go 0.4 mi |
| 12. Turn R on FALLEN LEAF DR | go 0.3 mi |
| 13. Arrive at 19721 FALLEN LEAF DR, PIONEER, on the R | go < 0.1 mi |

B 19721 FALLEN LEAF DR, PIONEER, CA 95666-9338

Distance: 57.7 miles, Time: 1 hours 18 mins

**ANNUAL SILL FRUKOST—HERRING BREAKFAST
JUNE 28TH BEGINNING AT 10:00 A.M.
RESERVATIONS ARE NECESSARY—CUTOFF DATE JUNE 21ST
COST BREAKFAST—\$8
COST BAR (LIMITED SELECTION BREAKFAST DRINKS) \$3
MUSIC BY HERR TOM ANDERSON
DANCING (A CHANCE FOR SMÅ GRODORNA!)
BRINGING TABLES AND CHAIRS IS NOT NECESSARY THIS TIME
“REGULAR” BREAKFAST ITEMS WILL BE SERVED ALSO**