June, July, August 2012

MONITOR LODGE NO. 218 CHARTERED APRIL 8, 1912

THE



MONITOR

Jack Larson, Chairman—Yvonne Magneheim, Vice Chairman -Arlene White, Secretary—Charley Rea, Assistant Recording Secretary, Kurt Pfannkuch, Financial Secretary—Gail Nemy, Assistant Financial Secretary—Craig Johnson, Treasurer

SUMMER EVENTS

JUNE

2nd Sweden Day Sveadal

9th Volvo Club @ IKEA See Pg. 10

14th Business Mtg Magneheim Res 7:00 PM

23rd Pancake Brkfst Orangevale See Pg. 11

JULY

NO LODGE MTG. TROLLEBO NO LONGER EXISTS

AUGUST

11th 5:30 Crawfish Party, Netzel Residence No Business Mtg.

9th-12th Junction City, Oregon Scandifest

HOW TO SURVIVE A SWEDISH MIDSUMMER

One Swede's view!



The 25th of June is fast approaching, and in Sweden that means it is almost time for the Midsummer holiday. Midsummer is the biggest celebration of the year in Sweden and is a tradition that celebrates the summer solstice (the longest day of the year). It dates back hundreds of years and was used to ensure a good harvest and the fertilization of the ground.

Traditionally, young people pick bouquets of nine different flowers and put them under their pillow in the hope of dreaming about their future spouse. However, you will see many adults wearing these flowers too. While the roots of this holiday may be about the harvest, today Swedes use the day as an excuse to have a massive party, spend the day outdoors with friends and family, and celebrate the summer weather. After all, we don't have many warm days here in Sweden.

The centerpiece of this celebration, and the most recognized symbol of midsummer, is the maypole. This a tall green pole covered with many leaves and flowers, with a ring of flowers hanging on each side. The maypole is actually a phallic symbol that has been stuck into the ground to fertilize the dirt for next year's harvest. After we stick the pole in the

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SUMMERTIME BIRTHDAYS

JUNE

4th Kris ArnlundWilson
9th Beatrix Clark
Anita Nord
10th Beatrice Mattson
15th Elizabeth
Johnson
16th Jack Larson
21st Christ Moore

JULY

7th Daniel Eriksson
10th Eivor Pfannkuch
16th Arlene White
19th Meribeth Bean
Robert Johnson
25th Henrik Jul
Hansen

AUGUST

1st Carl Larson 5th Theresa Alberts 6th David Benson Troy Nimmo 7th Louise Center 12th Erica Leaman 13th Albert Mitchell 15th Larry Hultquist Lars Ostlund 17th Elizabeth Dahlberg-Bushnell 26th Birgitta Ostlund JoAlice Nastal 29th Gail Nemy Susan Westaby 30th Craig Johnson

> WE HAVE A GAVEL! THANKS KURT

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ground, we do what anyone else would do- we dance around it of course. We dance around the maypole in circles doing strange dance moves, pretending to be frogs, crows and other animals, and othergames. Dancing around the maypole is one of the most time honored Swedish Midsummer traditions there is. **Snaps, Rotten Fish and Dirty Songs**



After dancing, comes the eating, drinking and singing – you will find around any midsummer table a huge array of pickled herring, potatoes, chives mixed with sour cream, and more schnapps than you'll ever see in your life. This is the most important thing on the table. Schnapps are small bottles of really strong alcohol, which is designed to be drunk as a shot. One very important rule is that be-

fore every shot, someone (or everyone, it doesn't really matter) sings a dirty song. Since we drink A LOT of schnapps, we also sing a lot. Singing adds to the festive spirit of the holiday and, as the evening proceeds, the songs get dirtier and the words become more slurred. (I told you this is a celebration after all!)

The second most important item on the table after the schnapps is the pickled and fermented herring. Fish is very important aspect about life in Sweden and herring is the most commonly eaten fish. While the fish smells even worse than it looks, appearances are deceiving and the fish is delicious.

Sweden and the other Scandivanian countries put out some really great movies which never make it to our local theaters. A few years ago a Vasa group met at Vi DeBord's home for The Emigrants series. Some of us would like to get together again for in-home viewing of good Swedish or Scandinavian films monthly or semi-monthly. Who would be interested and who could offer a home where maybe up to a dozen of us could relax and enjoy a Swedish movie night out? Contact Carol Churkin (cchurkin@succeed.net or 530-696-0424) if you'd like to be a part of movie night. Carol is going to Russia and Sweden in June so this won't begin until the earliest in July. Think about it now so we can plan ahead. Carol

What Carol is suggesting is *Small Groups*, a good way to get together with people of like interests.

DeeDee suggests a **Small Group** consisting of trips out of the area to take advantage of Scandinavian happenings outside the Sacramento area. Theresa Alberts suggests a Small Group meeting to bake and share recipes.

Do you have a suggestion for forming a *Small Group*?

No one has applied for the scholarship this year. Those of you who are interested for next year start thinking about this scholarship now. Marianne Ek and Gale Nemv



For all Monitor families that were unable to attend the Anni-April 6th 1912 - April 6th 2012 versary for one reason or another the Lodge would like for you to have a souvenir of the occasion -- an Anniversary Program book which contains Monitor's History and other information in a nicely bound colorful cover. These will be available at future meetings (at no charge) so please give us a call if you would like to have it and we will reserve one for you. Thank you for being a Monitor member.

The Anniversary Committee

WHATA CREW!!!

Thank you Team 3 for a superb Viking Night! I'm not usually in favor of singling out anyone in particular working a dinner team, but I really do have special thanks to Kurt and Eivor for going the extra mile, treading on "bloody stumps" after the Convention/Anniversary the weekend prior to the meeting, not to mention a bout of pneumonia. It just goes to show how committed Monitor Members are to putting on a good party! Thank you, thank you. Special thanks go to "special servers" named Eriksson!! Special thanks to Cultural Leaders Johnson and Dahlberg for bringing the displays from the Convention and sharing a bit of history. As requested, recipes from that evening appear elsewhere in the newsletter and on the Website.

Jack



Ostlunds Address

Twoswedes@frontier.net

From Treasurer Craig:

Opening Balance 4/1/2012 \$11,976.37

Bills Paid \$1329.20

Closing Balance \$10,647.17

Contributions to the Education/ Scholarship Funds within the Vasa Order of America, a 501(c) (8) organization, are tax deductible under Internal Revenue Code 170(c) (4). //No goods or services were provided in return for this contribution...



Tom A. says about his grandson Noah: Life on the ranch, learn early!

Vasa Order of America A Swedish-American Fraternal Organization Since 1876

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Painful Duties

This is a painful time of year for your Financial Secretary. As of Monday, May 14th, we have 43 of our members, roughly 29%, who have not yet paid their dues for 2012. That makes them 45 days overdue. Our constitution states that members who are three months or more delinquent shall be suspended from the lodge, losing all rights, benefits, and privileges until their financial obligations are fulfilled. We have delayed taking the required action, hoping the additional time might help the delinquent members. I will contact each delinquent member this month to try to resolve their individual issues. However, by our lodge constitution and the requirement of my duties as financial secretary, I must submit the names of all delinquent members to the lodge to officially place them on suspension at the next meeting. At any time during the next four months, the suspension will be lifted when the dues are paid. However, if the dues are not paid within the following four months, by the October meeting, the member(s) will be dropped from Monitor.

We all took an oath of membership "to abide by the Constitution and regulations of Vasa", which include the areas of financial responsibility. Please help me clear my books for all as soon as possible. We DO NOT want to lose any members, but we do pay almost all of our \$30 dues to the District and Grand Lodges in assessments and need the funds to function as your lodge.

If you have special needs or problems with payment, please contact me and we can discuss it in confidentiality. Thank you for your prompt response.

Kurt Pfannkuch, Financial Secretary

Minutes, Friday, May 4, 2012

The May Meeting – Viking Dinner, started at 7:00 P.M. followed by the business meeting and message from our Chaplain, Birgitta Ellis.

QUORUM:

Chair Jack Larson, Vice Chair, Yvonne Magneheim, Secretary, Arlene White (Absent), Asst. Recording Secretary, Charley Rea (Absent), Financial Secretary, Kurt Pfannkuch, Asst. Fn. Secretary, Gail Nemy, (Absent), Treasurer, Craig Johnson, Cultural Committee, Karin Johnson, DeeDee Dahlberg, Chaplain, Birgitta Ellis

ACTIONS & ACTIVITIES:

- Minutes of the April meeting were amended to reflect the meeting date of 4/1/2012.
- Results of the resolution presented at the District Annual Convention
 A Membership Chair will be elected to help promote membership in VASA.
- Kurt spoke to the increase of district assessment by \$1.00. Currently we pay \$28.35 of our \$30.00 annual membership dues. We may need to

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do fundraising or increase dues – move study will be made to help make a decision. However, there will be no increase in 2012. Kurt voted NO on this resolution.

- There will be a Business Meeting on June 14th location to be announced in the newsletter. All members are invited and encouraged to attend.
- Chairman Jack Larson met the Grand Master at the convention. The Grand Master said that the lodges are permitted to have "fun" meetings without a business meeting once in a while.
- Chairman Larson asked that a nominating committee be formed.
- Don Johnson motioned that we elect a Nominating Committee
- Margaret Ingvardsen 2nd.
- Maribeth Bean, Elizabeth Swenson Miura and Mark Delle agreed to form the committee
- All were in favor, motion passed.
- Chairman Larson urged the committee members to get people who really want to serve. Interested members can read about the responsibilities in the Handbook.

New Business

- James Netzel informed the members of a camping trip to Bodega Bay with members of other lodges on the weekend of May 18-20, 2012. 4 spots have been reserved and each spot can accommodate 8 people. Call James Netzel if you are interested.
- Eivor Pfannkuch Thank you for such a wonderfully tasty and authentic Viking Meal. Eivor explained the menus and the ingredients. It was so interesting to see how they could cook back in the day without sugar, potatoes, cheese and spices. The Vikings brought many spices, grapes and cheeses back to Sweden! The menu consisted of Frozen Lump Meat, root vegetables from Carol and Mike Churkin's garden, broccoli salad, hard tack, cured salmon (gravlax), pickled herring and Eivor even made her own Cheese. For dessert we had fruits & berries with a topping of oatmeal and hazel nuts native to Sweden. What a fabulous meal!!
- Don and Joyce Johnson were awarded a prize from the convention. Kerstin Herrmann and one other member won gift baskets and Eivor will get the baskets to them.
- Arlie Vies was awarded his 50th year pin at our 100th Anniversary Diner during the Convention. Arlie worked hard on the program book and won a round of applause for all his hard work. No one noticed that he forgot the "n" in hundred years, ha!! I encourage everyone to take a moment to read about the history of our fabulous lodge and all its hard working members who are so talented.

CULTURAL PROGRAM - Karin Johnson, Arlie Vies and DeeDee Dahlberg

- Karin spoke about all the hard work members of VASA did over thud past 100 years as detailed in the Program Book. She spoke of the Camellia Parade in which Monitor hosted a float from 1962 and on for 15 years to promote and get new members for Monitor. Karin also spoke about the hard work to staple all the flowers and leaves on the floats until wee hours of the morning of the parade!!
- Monitor Lodge and all the other Scandinavian Lodges were instrumental in the Friendship Luncheons the drew of 1,000 guests each year.

UPCOMING EVENTS

- June 23rd Pancake Breakfast in Orangevale Park
- So far, park has been reserved
- Barry is organizing some dancers and music
- HELP is needed to organize this event. Call Jack if you can help.

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- June 2nd Sweden Day
- Monitor Lodge will present Miss Columbia. Our own Lucia, Ms. Julia Nemy has been invited by Chairman Larson and she has accepted and will represent us at the Sweden Day festivities.
- Arlie Vies had made a motion to accept Julie and invite her as Ms. Columbia
- Elizabeth Miura seconded.
- Voted yes by all members present.

GOOD OF THE ORDER

- Kurt Pfannkuch complimented and thanked Arlie Vies for the Program Book for our 100th Anniversary Celebration
- Kurt noted that most of the floats in the Camellia Festival were designed by a very talented young engineer by the name of Lennart Andersson engineer from Aerospace!! Thanks Lennart!
- Russ Ellis thanked all the young people who served us dinner tonight!!
- Jack Larson announced that Sounds of Sweden was off the air due to lack of funding. There is still a balance owed and the "hat" was passed for donations to help defray the outstanding balance of \$335.00 to the radio station.

FINANCIAL REPORT - Kurt Pfannkuch

- For the month of April, we took in:
- \$75.00 in dues
- \$440.00 for our dinner meeting
- \$575.00 in Dues
- \$290.00 in bar revenue
- \$1,380. total
- We have received dues from 70% of the membership.

TREASURERS REPORT - Craig Johnson

- Dale Ingvardsen for framing of the Monitor's Charter \$377.01
- Yvonne Magneheim, Bar supplies and miscellaneous \$70.32
- Arlie Vies motioned we pay the bills
- Elizabeth Miura second
- All in favor, motion was passed

Meeting was concluded with a prayer from our Chaplain, Birgitta Ellis

Meeting was adjourned at 8:25pm.

Respectfully submitted, Yvonne Magneheim

ROASTED CARAMELIZED ROOT VEGETABLES

BY MARCUS SAMUELSSON

Chef and co-owner of Restaurant Aquavit in New York Adjusted by Eivor for the Viking dinner

1 cup heavy cream

½ cup honey

1 tsp. finely chopped fresh thyme

3 carrots, peeled and cut into 2-inch pieces

2 parsnips, peeled and cut into 2-inch pieces

(1 small celery root (about 1 pound), peeled and cut into 2-inch pieces)

1 leek, cut up

2 small rutabagas or turnips (21/2 - 3 pounds), peeled and cut into 2-inch pieces 2 tbsp. butter

Preheat oven to 400 degrees.

Combine the cream, honey and thyme in a roasting pan large enough to hold all the root vegetables (in a single layer). Add the vegetables, tossing to coat, and dot with the butter. Roast for 45 minutes to 1 hour, stirring occasionally, until the vegetables are tender and slightly caramelized.

Transfer the root vegetables to a large bowl. Season with a few gratings of nutmeg and salt and pepper to taste.

Serves 4 – 6 This recipe doubles easily if you are serving a crowd.



Homemade Knäkebröd Anyone?





An acquaintance in Sacramento makes knit caps and booties for babies and children suffering from cancer. If you have any leftover yarn sitting around, please consider donating it. Bring it to a meeting or one of our summer events and pass it along through DeeDee Dahlberg or Rose-Marie Westrup.

TJÄLKNÖL FROZEN LUMP

The meat we served at the Viking Dinner was from a recipe very common in Northern Sweden – especially where there is moose meat available. We made it with beef, which works just as well. This is a dish that is great for company, because you can prepare it ahead of time. $2\frac{1}{2}$ lbs. of frozen, boneless roast

Brine: 1 quart of water 1/3 cup of salt 1 tbsp. of sugar (we did honey for the Viking dinner) season with whole black pepper (about 10), 10 juniper berries and a couple of bay leaves.

Turn on oven to 180 degrees. Put the frozen roast in a pan in the oven for about 10-12 hours depending on the thickness of the roast and how you want it done. You can insert a meat thermometer after a few hours when the meat has thawed. When the thermometer shows 140 degrees, the meat is rare, 160 medium and 170 well done. We always put the meat in the oven before we go to bed at night and then in the morning it is done and can be in the brine during the day and it is then ready for dinner at night.

While the meat is cooking, you can make the salt brine. Put all the ingredients in a pot and boil. Let it cool. When the roast is done, put it in the cool brine and keep it in the refrigerator for 4-5 hours. You can put the roast and liquid in a strong plastic bag, so you can turn it, or in a container. When you are ready to serve, slice the meat thinly and serve it cold with a warm gravy. What we served at the Viking dinner was a cream gravy with juniper berries and lingon-berries. You can also add wild mushrooms. The meat sliced thin can be used as a cold cut too – similar to roast beef.

Eivor and Kurt Pfannkuch

Call or email if you have questions 530-674-1068 pfannkuch@comcast.net

SACRAMENTO VOLVO CLUB

Our website:

http://www.sacvolvoclub.org/

The website is always the most correct / up-to-date resource for event details / updates.

To RSVP or ask a question, please e-mail me, Elizabeth Brown (webmaster@sacvolvoclub.org -- if placing my e-mail address directly on the internet, please try to "scramble" it a bit to hide it from spammers with a "click here to e-mail Elizabeth" link or a "webmaster at sacvolvoclub dot org" listing.)

If you are planning on attending, please RSVP so we know to look for you!

We also want to make sure you know that our events are open to the public (VCOA membership and Volvo ownership are encouraged, but not required, however if you do have a Volvo or a Saab, please drive it to the event!).

And, that you are invited to the entire event (the car show / meet and greet portion in the parking lot as well as the lunch / planning meeting portion in the conference room).

I would especially like to encourage everyone to attend the planning meeting portion of the event (after lunch), so we can all sit down together and spend some time discussing our goals and vision for expanding the cultural elements of this event and if there is interest, perhaps even brainstorm some ideas for 2013.

General Goals for expanding the cultural elements of the Swedish Day at IKEA event:

- -Reach out to the Swedish Community (adults and kids)
- -Engage and educate the General Community (adults and kids)
- -Promote Sweden and Swedish Culture

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AND, NOW, THE REST OF THE STORY!

Loved by all and recently celebrating her 96th, read a bit of Dorothy Scherer's History Thankfully submitted by Rosemary Huttle, Dorothy's Daughter

Dorothy, the 8th of 9 children, was born in the family home on March 2, 1916. The delivery was attended by a midwife. The family considered naming her Mabel, but settled on Dorothy. Her father, and grandparents on both sides of the family emigrated from Sweden in the late 1800's. Her maternal grandparents, Andrew and Martha Swanstrom, who came from Varmland, homesteaded 160 acres near Duluth, Minnesota, which they farmed. Dorothy's paternal grandparents had come from an urban area and weren't interested in farming, instead Grandfather Gust Norman made a living as a carpenter and cabinetmaker. Grandmother Anna Norman ran a boarding house. Word has it the grandparents found the Duluth climate even harsher than Sweden's.

Dorothy attended Duluth schools from kindergarten through college. Elementary school was a 2 ½ block walk, junior high was 8 blocks away, and Denfeld High was about 2 1/2 miles from home. Streetcars, and later buses, provided affordable transportation. Dorothy attended Duluth State Teachers College during the Great Depression, working odd jobs and a New Deal work-study program (National Youth Authority) and graduated with a Bachelor's of Education in English in 1937.

For fun as a kid, there was dressing her cat Snoop in doll clothes, playing in a sandpile, wading in a creek, picking berries. In winter, there was sledding and skating. If you stuck your tongue on a pump handle, in a little while the natural warmth and moisture of your tongue would release you, contrary to the flagpole scene in the movie Christmas Story.

In 1916, Woodrow Wilson was US President. It was an election year and in November, the New Jersey Democrat was elected to a 2nd term. To date, Dorothy has seen 17 US Presidents. Her parents' car was a 1925 Chevrolet touring car.

After 33 years of teaching all levels from first through 12th grade, Dorothy retired in 1979. In January of 1981, she was hired at McClellan AFB as a forms librarian, and worked there for 12 years before "really retiring" in 1993.

Dorothy has been married and divorced twice, has 3 daughters, 2 granddaughters, one grandson, one great grandson and 2 great granddaughters.



In November of 2011, Dorothy and daughter Rosemary traveled back to Minnesota, stopping in Duluth to visit Denfeld High, and got an extensive tour of the state-of-theart facility. Denfeld High



had recently undergone a massive remodel and expansion, and now houses over 3000 students. The remodel perfectly blended the old with the new parts, and preserved the impressive clock tower.

As an elected delegate from Monitor Lodge 218 to the Golden Gate No. 12 Annual District Meeting, I am pleased to report the following:

The meeting was held on April 27 - 29, 2012 at the Double Tree by Hilton Hotel in Sacramento. The Friday night reception was well attended with wonderful hors d'oeuvres and upbeat music by Don Sommerfield. There was also a fantastic history display of Monitor Lodge available for all to enjoy, since this district meeting also included the celebration of Monitor Lodge's 100th anniversary. Saturday morning started out with coffee, tea and Swedish pastries provided by Monitor and Sierra Kronan lodges, who were co-hosting the District Meeting. Gail Nemy from Monitor and Raye Brown from Sierra Kronan were in charge of the convention planning committee, which has been working on this project for two years. Following the flag ceremony, the business meeting started with election of officers for the coming year. Elected as District Master was David Jansson from Lindbergh Lodge and Vice District Master is Corky Peterson from Norden Lodge. Catherine Lipscomb from Svea Lodge and Yvonne Magneheim from Monitor remained as District Secretary and Vice District Secretary. The Executive Board consists of James Netzel from Monitor, Emma Hanlon from Svea and Rob Laaback from Sveaborg Lodge. Mikael Peterson continues as district Treasurer. The rest of the officers can be found on our website www.monitorlodgesacramento.org. During the business meeting, the two resolutions up for voting passed. Also, there was a vote for an increase of the assessment to the district of \$1.00 that passed. Saturday evening's banquet was Monitor Lodge's big 100th Anniversary celebration. The dinner was well attended by about 165 guests and over 50 of the guests were Monitor's members. The Rotary Rooters Big Band entertained us in a grand way and it was a great evening. At the luncheon on Sunday, we had the drawing for the big orange horse, which by the way brought in over \$700 for the convention fund. The winner of the Dalahäst was the daughter of our district secretary Catherine Lipscomb and our District Newsletter Editor Chuck Lipscomb. Overall, this was a wonderful weekend with meetings well run, a wonderful hotel with great staff and good food as well as good Vasa fellowship.

In Truth and Unity, Eivor Pfannkuch

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About Us:

We are a local community chapter of the Volvo Club of America (VCOA), a national organization for all Volvo owners and enthusiasts. For more informat visit the VCOA website: http://www.vcoa.org/

The history of the Swedish Day at IKEA event (our Past Event / Photo pages):

2008 (second event of the year): http://www.sacvolvoclub.org/Home/events/2008-past-events

2009: http://www.sacvolvoclub.org/Home/events/2009-past-events#M6

2010: http://www.sacvolvoclub.org/Home/events/2010-past-events#M6a

2011: http://www.sacvolvoclub.org/Home/events/2011-past-events#M6a

If you have any questions or need any more information, please let me know.

Take care,

Elizabeth Brown, SacVCOA Webmaster

http://www.sacvolvoclub.org

Comment: I had a nice chat with Ms. Brown regarding being part of this event at IKEA. While it was tempting, after just finishing with the 100th Anniversary/Convention, and looking forward to Sweden Day and Midsommar, I declined but said we would be interested in this at another time. I explained our calendar is established in September for the following year. I will attach their flyer when I send the NL. *ed*.

CELEBRATE MIDSUMMER IN THE SWEDISH TRADITION



JUNE 23, 2012 PANCAKES, SAUSAGES, OJ AND COFFEE BREAKFAST SERVED BEGINNING AT 9:30-11:00 DECORATE THE MAYPOLE WITH FLOWERS 11:00-12:00

DANCE TRADITIONAL MIDSUMMER RING DANCES ACCOMPANIED BY TIM RUUD ON NYCKELHARPA AND FIDDLE ADULTS \$8, CHILDREN 12 AND UNDER \$5

reservations@monitlodgesacramento.org
THIS EVENT WILL BE HELD AT THE BEAUTIFUL PARK IN
ORANGEVALE, CALIFORNIA
7301 FILBERT STREET
SPONSORED BY MONITOR LODGE NO. 218
SACRAMENTO, CALIFORNIA

BRING YOUR OWN CHAIR AND/OR BLANKET TRADITIONAL DRESS ENCOURAGED

VASA ORDER OF AMERICA

Note to Monitor Members

This event is open to the public and is a way to be noticed as a Scandinavian presence. Help is needed:

- 1. Two griddles (Help Ed Netzel and Ken Carlson)
- 2. Constructing small free-standing Maypole (we can't dig a hole)
- 3. Pancake batter
- 4. Transporting necessities from our storage room.
- 5. Money collectors/hand out information about the lodge

VIOLET DE BORD IS PRETTY BANGED UP AFTER A RECENT FALL AT THE BOWLING ALLEY. SHE WOULD APPRECIATE A CALL BUT HUG HER GENTLY!!!

LODGE MEMBER BEEN MISSING MEETINGS LATELY? GIVE HIM/HER A CALL.

THERE IS NO MEETING THE FIRST FRIDAYOF JUNE. SEE YOU AT THE PAN-CAKE BREAKFAST IN ORANGEVALE!