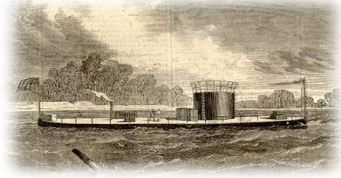


MONITOR LODGE NO. 218 CHARTERED APRIL 8, 1912

THE



MONITOR

Jack Larson, Chairman—Yvonne Magneheim, Vice Chairman -Arlene White, Secretary—Charley Rea, Assistant Recording Secretary,
Kurt Pfannkuch, Financial Secretary—Gail Nemy, Assistant Financial Secretary—Craig Johnson, Treasurer

**CALENDAR
NOVEMBER**

11/2 @ 7:00
Pumpkin Pie/Coffee
Provided by the Lodge
Election of 2013
Officers!!
Cultural Presentation

**CALENDAR
DECEMBER**

12/7 @ 5:30
Julbord
(smörgåsbord)
With Lucia

**CALENDAR
JANUARY**

1/4/13 @ 5:30
Spaghetti Dinner
Hosted by 2012 Officers

Installation of
Officers 2013

**NON-
PERISHABLE
FOOD ITEMS
COLLECTED AT
NOVEMBER
MEETING**

TIRED OF TURKEY?

*Kalops, a classic
A solid meat stew
ward off the au-
Serve with pota-
tall glass of beer.*



*Swedish autumn dish
that fills you with energy to
tumn chill.
toes, pickled root beets and a*

Living in Sweden,
change your hab-
the days get
yellow, orange
dressing up the
ours, you start
foods that warms the core of your body. Autumn is also harvest time for
all kinds of vegetable roots and the livestock that had been grassing
outdoors all summer are also now starting to fill up the meat counters in
the supermarkets.

in Northern Europe makes you
its with the seasons and when
shorter and the leaves turn
and brown and you start
grass lawn in all kinds of col-
thinking about more hearty

A traditional autumn dish in Sweden that is rather simple to make is *ka-
lops*. It's a full flavoured, meaty beef stew that would feel completely at
home in an Indian restaurant if it wasn't for the spices that are different
in Sweden.

Here are the ingredients if you feel like trying. Serves four persons as a
single dish.

Heat up a large and deep pot with a dollop of butter and let
two diced and sliced onions simmer.

Cut up about 1 kg (2 lbs) beef (marrowbone) in comfortable
bite sized cubes.

Add about 10 allspice seeds and 2-3 bay leaves.

Add 1 meat cube if you like and if so, no extra salt in
needed.

Add 1/2 liter of water mixed with 3 tbs wheat flour to
thicken the sauce. Halfway through the cooking time, add
two carrots cut up in thick slices.

Simmer under lid on slow heat. When the onions are mostly

(Continued on page 2)

(Continued from page 1)

Dissolved, the dish is ready. This old fashioned dish just gets richer and better with longer cooking time. Overnight sitting is best.

Scandinavian Cuisine

Introducing PLÄJ, a new innovative concept from Swedish born Owner/Chef Roberth Sundell where California fare and Scandinavian flavors become one. PLÄJ is a celebration of local and seasonal ingredients inspired by the rustic flavors and simple elegance of Scandinavian cuisine.

Perfect Location

Located inside the beautiful Inn at the Opera, just steps away from the city's Civic Center, the San Francisco War Memorial Opera House, the California Supreme Court, and Louise M. Davies Symphony Hall, Pläj is a prelude to the finest cultural activities San Francisco has to offer.

<http://plajrestaurant.com/>

OUR OCTOBER MEETING celebrating höst (autumn, fall), all members with German ancestry, brats, kraut and beer, and celebrating three new members to the Lodge, Diane Berg, Jennifer Hornick and Lisa Widmark was a fun filled evening with a great presentation about Oktoberfest shared by DeeDee Dahlberg! DeeDee arrived just a bit after the evening began and turned the hall into a brilliance of the season by her decorations, adding to the table decorations by Siw Gormley. Team 1 did its usual mastery with the meal sans my help for the most part. Officers really should not be on a dinner team!

The brats were from Morants! Delicious. The sauerkraut was also German Style from Morants. The team made the potato salad and dessert, and Tom and Annika made homemade red cabbage and those great pretzels!

We have Bratwurst left over and will be selling it at a savings to you at our November meeting. Thanks to DeeDee, they have been packaged in one pound containers and await your purchase!



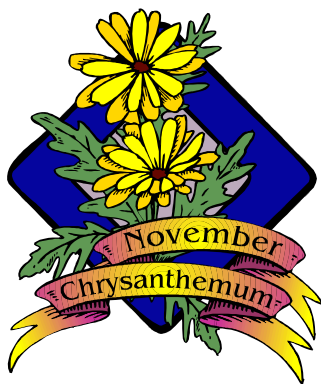
OUR NOVEMBER MEETING finds us enjoying pumpkin pie (PURCHASED BY THE LODGE SO DO NOT BRING PIE!!!) at .50 per slice. The matter of a final slate of officers.

vänster/höger (left/right)

Diane, Jennifer, Lisa

HAPPY BIRTHDAY NOVEMBER

- 11/1 Ruby Hendrickson
- 11/2 Diane Brownell
Elizabeth Swenson
- 11/6 Diana Nimmo
- 11/11 Richard Eriksson
- 11/13 Donna Niemoller
- 11/16 Russ Ellis
- 11/19 Christi Kagstrom
Alice Axberg
- 11/24 Lillian Stafford
Kathryn Matthews
- 11/28 Susan Edelmayer



TREASURER'S REPORT SEPTEMBER

Opening balance	\$10890.84
Income	560.00
Bills paid	1238.75
Closing balance	\$ 10212.09

PLEASE TAKE A MINUTE AND SEND A NOTE OF ENCOURAGEMENT TO DOTTIE BJUR, NOW UN- DER HOSPICE CARE

Dorothy Bjur
6633 Stanley Avenue
Carmichael, CA 95608

OK, I have been initiated into the Vasa Order of America! What now?

This is how I became active in the lodge after being initiated a mere 11 years ago.

In the days of David Benson's Chairmanship, the lodge held business meetings separate from monthly meetings, and the first business meeting I attended I was asked to take over the newsletter. Always willing to broaden my horizons, I accepted the challenge. That's how I came to be the Newsletter Editor, something I have enjoyed doing, but something I will not be doing after the January 2013 issue. That is not new information, I mentioned it a month or so ago. I bet there is a new lodge member who would love this opportunity to be of service to keep the information flowing. Whomever takes over is encouraged by me to "create" your own unique format and content.

It was also at a business meeting that the subject of Margaret Carlson's health deteriorating quickly came up and what could we do to help her out. With Margaret's approval the Dinner Teams were formed, another project I spearheaded.

For those of you who did not know Margaret, she is Ken Carlson's mother and Peggy Carlson's mother-in-law and Emily Carlson's farmor. She was a mover and a shaker in the Lodge.

Along the line, I co-chaired the Cultural Leader position at Monitor, along with Eivor. That in itself was a learning experience, just as the newsletter has been. I have held office as Chaplain at Monitor and encouraged the use of Swedish in the Opening of a meeting, with most members putting up with my poor svenska! Speaking of that, there was the "experiment" with Sounds of Sweden on KJAY!!

For awhile a group met monthly in a restaurant to work on our language skills. When I say "work on our language skills," I refer to those who are not native speakers. As mentors at this gathering, we had Tom and Annika, Jill Stockham and Lars and Birgitta.

I have been a Delegate to the District Convention where I was elected to the Executive Board and made District Cultural Leader. During my term as CL, with the help of Eivor, I put on a District Cultural Seminar.

Linda and I are dual members Monitor Lodge and Sierra Kronan. Our son is a member of Sveaborg Lodge in Concord, and he and I belong to the Swedish Society of Oakland, the lodge of my family as I was growing up.

To most of you this is "old news," but I thought perhaps the new members might like a bit of history of my short involvement at Monitor. New members, please step up and become active in this wonderful lodge. Jack

Christmas Smorgasbord (Julbord) Reservations

With the annual Julbord less than 8 weeks away, December 7th, now would be a good time to spell out reservation procedures and policies. Hopefully, with a clear understanding of the process now, there will be no misunderstandings later on.

1. **ALL** reservations are secured by prepayment. No money, no reservation. Checks will be held until the day of the function, so feel free to predate your checks.
2. **Early Bird** reservations will open to members in good standing, **dues current for 2012**, on October 19th at the reduced rate of \$25 per member. Requests for guests, at the rate of \$30, and children under 14 at the rate of \$10 will be accepted along with the early birds, BUT will be put on a waiting list and not confirmed until the day **after** the November meeting in order to give members a head start.
3. As of November 3rd, the wait list for guests will be processed in the sequence they were received, and additional reservations open to all on a 'date received' priority and at the \$30 price, whether member or guest, and children under 14 will remain at \$10.
4. When our maximum of 120 reservations is reached, any requests for reservation will be placed on a standby list and the individuals informed of their status.
5. If cancellations come in, the reservations will be offered to people on the standby list in the order the list was created.

Cancellations and refunds: We realize that circumstances may arise that will force some people to cancel with little notice. We expect to have a wait list again which **may** allow us to make some adjustments. If something comes up and you must cancel, please give us as much notice as you can and we will try to "sell" your reservation to someone on the list. We **must know** as early as possible, and absolutely no later than the day of the event.

**UPDATE YOUR PROGRAM BOOK/
DIRECTORY
BRIAN STOCKHAM
datorman@digitalpath.net**



Stained Glass
Concert One

PORTALS OF
HEAVEN
Inspiring Master-
works of comfort
and joy
Gabriel Fauré
Antonio Vivaldi -
Gloria

(Both works with Organ accompaniment)
Cathedral of the Blessed Sacrament
1017 11th Street, Sacramento

Sunday, October 28, 2012 at 3:00 PM
Sacramento Choral Society and Orchestra

<http://www.sacramentochoral.com/index.html>

*You Are Cordially Invited to the
2012 Sacramento Turner Harmonie
Annual Fall Concert - Wasser, Wellen und Lieder*

Date: November 10, 2012
Place: 3349 J Street, Sacramento
Time: 3:30 – followed by no host bar, traditional German dinner and dancing.
Admission to Concert is FREE. Cost for dinner/dance is \$25 per person. Checks to Sacramento Turner Harmonie—payable in advance.
RSVP for dinner to Dorothy Niesl by November 2, 2012 at 447-7508 or g_dniesl@yahoo.com; 2117 F Street, Sacramento, CA 95816

MONITOR LODGE #218

October 5, 2012

The October gathering started with dinner served by Team #1 and was enjoyed by all. Dinner was in celebration of Ocktoberfest.

The meeting was called to order and the following officer role was taken:

Chair Jack Larson
Vice Chair Yvonne Magneheim (absent)
Secretary Arlene White
Asst. Rec. Sec. Charley Rea (absent)
Financial Secretary Kurt Pfannkuch
Asst. Fin. Sec. Gail Nemy (absent)
Treasurer Craig Johnson
Cultural Comm. Karin Johnson (absent)
Dede Dahlberg
Chaplain Birgitta Ellis

Minutes were posted on bulletin board for the assembly to read and have also been sent out to the membership by the chair and will be voted on at the November meeting.

Applications for new members were presented which included Lisa Widmark, Diane Berg. Jennifer Hornick's application had been voted on at the September meeting. The membership voted to initiate these new applicants and Don Johnson, Brian Horsfield, Mark Delle along with Chaplain Birgitta Ellis and Chair Jack Larson initiated these new members.

Following the initiation we had a break for dessert.

The cultural program was presented by Dede Dahlberg. The presentation was about traditions celebrated for Ocktoberfest and again Dede did an outstanding job.

The nominating committee which was represented by Meribeth Bean, Mark Delle and Elizabeth Swenson (James Netzel was absent) presented the following slate of prospective officers:

Chair No nominations
Vice Chair No nominations
Secretary No nominations
Rec. Secretary Gail Nemy
Treasurer Johanna Benker
Financial Secretary Elizabeth Swenson
Asst. Fin. Secretary. Kurt Pfannkuch
Cultural Leader ` Dede Dahlberg

Asst. Cultural Leader No nominations
Chaplain Birgitta Ellis
Master of Ceremonies Meribeth Bean
Asst. Master of Ceremonies Brian Horsfield

(Continued on page 6)

(Continued from page 5)

Guards Violet De Bord
Al Mitchell
Historian Brian Stockham
Auditor Peggy Carlson
Trustee Karin Johnson

Arlie Veis nominated James Netzel to be Chair for 2013 and James' wife expressed that James was very busy at this time and declined the nomination on his behalf.

Meribeth Bean and Mark Delle will be sharing the duties as Vice Chair for 2013. Majority elected.

Treasurer, Craig Johnson, presented the following bills for payment:

Jack Larson (dinner) \$ 300.78

Grand Lodge (pins) 61.95

Peggy Carlson 215.68

Rent 220.00

Marilyn Johnson 12.86

Motion made and seconded and voted to pay the bills as presented.

Before the convention Monitor gave \$2000.00 as seed money which was paid back at this time. Also Johanna Benker reported that \$3,589.00 was taken in at the time of the convention with 1/3 going to Sierra Kronan and the remaining to Monitor.

Birgitta Ellis will be starting rehearsal for the Lucia to be presented at the Julbord. First rehearsal will be at her home on October 14. She also reported that Eva Allred will be celebrating her 90th birthday.

There will be a District Cultural Seminar held on October 20 and Dede will be attending and welcomes riders.

A list was given out of items that are needed by Loaves and Fishes.

Jack mentioned that Dorothy Bjur is now being cared for by Hospice.

Kurt Pfannkuch gave the following income report:

Crayfish income \$ 637.00

Sill Frukost 275.00

Dues and Initiation 190.00

Dinner 384.00

Bar 70.00

Kurt wanted to know if Monitor members wish to keep the fee for the Julbord at \$25.00 for members and \$30.00 for non-members. It was unanimous to maintain that amount. Members have until November 19th to obtain their Julbord tickets after that purchases will be opened to non-members.

Motion was made and seconded to contribute \$200 to The Food Bank as we have done in the past. Motion passed.

(Continued from page 6)

Motion made and seconded to adjourn meeting. Motion passed.

Meeting adjourned.

Respectfully submitted in Truth and Unity,

Arlene White, Secretary
Monitor Lodge #218

JULBORD UPDATE

A julbord (smörgåsbord) meeting was hosted by Peggy Carlson on Saturday, October 13, where plans were finalized for this year's event. Thank you, Peggy, for your beautiful table spread with goodies, and for opening your home to this meeting.

The 2012 julbord will pretty much follow the traditional Monitor outline for an event of this kind, with separate tables for each "course." **AS A REMINDER AGAIN**, this is a Swedish smörgåsbord with plenty of food, each table being different than the previous table in content and deliciousness!

So, eat as the Swedes do at this sort of gathering. They always save room for what the "next table" has to offer. Believe me, you will get your money's worth.

We have several new members this year—HURRA, HURRA, HURRA— so, a few things might need clarification. This is not a potluck, but you may be asked to bring a **PARTICULAR** item that will help us fill the menu. **PLEASE DO NOT BRING ANYTHING THAT IS NOT "APPROVED" BY A TABLE LEADER.** The "Table Leaders" are: Kurt/Eivor (Table 1), Peggy Carlson (Table 2), DeeDee Dahlberg (Table 3), Lisa Widmark (Table 4)

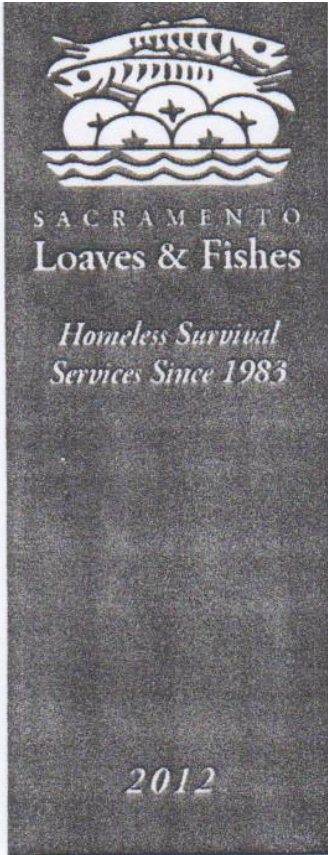
You will be reimbursed for the cost of making your contribution provided you fill out a request form (available from the Secretary or Chairman) and you include the purchase tags.



November is a month of Thanks, beginning with All Saints' Day, remembering those who have been a part of our lives and who make up just a bit of who we are, to Thanksgiving Day, our annual celebration of the first meal shared with the Native Americans in this great land.

Let us remember in our recollections of this past year, all members of our organization, each one's contribution to keeping the Order alive and vibrant.

HAPPY THANKSGIVING



Holiday Needs List

General Needs

- Toilet Paper!!!
- Sleeping Bags & Blankets (new and gently used)
- Back Packs/Day Packs
- Combs and Brushes
- Fast Food Restaurant Gift Cards
- Small Toiletries: Soap, Shampoo, Conditioner, Lotion, Vaseline, Chapstick, Cough Drops, Hand Sanitizer
- Toothpaste and Toothbrushes
- Gift Cards - Target/Walmart/Safeway/Raleys
- Bicycle Tire Repair/Patch Kits
- Tarps

Adults

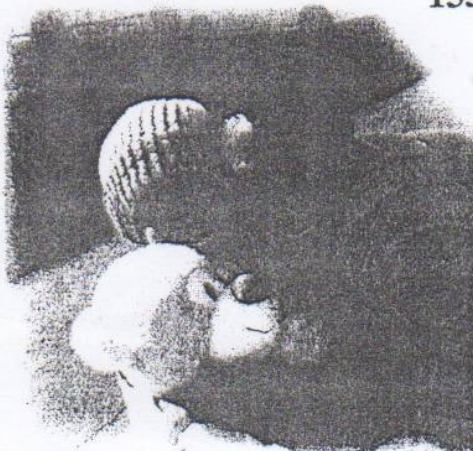
- Coats & Jackets
- Sweatshirts (L - XL)
- Tube Socks
- Reading Glasses (No RX)
- New Underwear (All Sizes)
- Sweat Suits (L-3XL)

Children

- Knit Hats & Gloves
- Baby Bottles
- Diapers (All Sizes)
- Baby Formula
- Jars of Baby Food
- Sweat Suits (All Sizes)

Donations can be dropped off:

Monday - Friday 7am to 3pm
1351 North C Street, Sacramento, CA 95811
916-446-0874
www.sacloaves.org



OR

*Bring items to
next Vasa mtg
on Fri, Nov 2*

Please no used clothing, used household items, or used toys during the holiday season.



Thank you, Brian for the great pictures
More available on the Website