

**MONITOR LODGE # 218  
VASA ORDER OF AMERICA**

**May 2013**

**CURRENT EVENTS**

**Midsommar Smörgåsbord Celebration**

Monitor's June gathering promises to be a Swedish delight! We're going to celebrate Midsommar with good food, music, and dance. If you have a Swedish costume, this would be the perfect time to show it off for all to see. Have some flowers in the garden? How about making a flower wreath for your hair? Let's enjoy this very special Swedish holiday with all our Monitor friends and kick off "Sommar 2013!"

\*\*\* James Netzel is going to set up a majstång (maypole) right in the middle of our hall at 1831 Howe Avenue, Sacramento, for our midsommar celebration. Traditionally it is decorated with fresh green foliage—birch twigs are especially popular in Sweden—and with lots of flowers. If you can, try to come early—let's say 4:00—with some greenery and flowers to help decorate our maypole.

\*\*\* The bar will be open at 5:30 for our social hour and during that time we will be placing the dishes you bring at the appropriate table for our potluck smörgåsbord.

\*\*\* Please bring enough food to serve 6-8 people and have your dish ready to serve so we just have to put it out upon your arrival. Put your name on your plate or bowl so you get your dishes back at the end of the evening.

You never know exactly what to expect for a potluck, but we're hoping to get a good variety of Swedish foods. We've assigned members to bring food based on names/alphabet. Please look at the next page to see what table you're assigned to. If you have any questions, please call DeeDee Dahlberg at 916-995-4631.

Don't forget to wear your dancing shoes and bring your voice. We will have dancing and singing around the majstång with traditional Swedish music and some instruction for some simple ring dances from the very accomplished Barry Moore.

As we decided at our May meeting, we will have a separate business meeting to pay the bills, etc. on June 11<sup>th</sup> at 7PM at Karin Johnson's home, 4516 Pasadena Ave., Sacramento.

## Potluck Smörgåsbord

Yes, this is a potluck dinner with a Swedish twist for midsommar!

### **Table 1 (Members from Theresa Alberts to DeeDee Dahlberg)**

Traditionally the smörgåsbord begins with herring of all kinds: Dream Herring, Mustard Herring, Currant, Herring, Onion Herring, Island Herring, Lemon Herring, Elderflower Herring, Archipelago Herring, Lingonberry Herring. The variety of different kinds of pickled herring is a never-ending story! Maybe you can create a herring variation of your own by starting with a jar of pickled herring. You could also bring some salmon such as smoked salmon or gravlax. Shrimp is also served with this first course. This is the table where we could use some deviled eggs, some fresh boiled new potatoes with dill, and some cheese. If you can bake, we'd love to have some fresh homemade limpa for this table too!

### **Table 2 (Members from Ed Dahlberg to Chuck Johnson/Christine Bodelson)**

Think COLD food. This table will focus on cold cuts such as various sausages, sliced ham, cold roast beef, and different pates. Various salads and cold side dishes are served with this course also such as pickled cucumbers, potato salad, cabbage salad, pickled beets, jellied veal, chicken salad, fresh green salad, pickles and olives.

### **Table 3 (Members from Don & Joyce Johnson to Ed & Judy Netzel)**

Focus on HOT food for this table. We will have a strip outlet available if you want to bring your dish in a crockpot to keep it warm. You could also put your serving dish in the oven for a short time to keep it warm before serving. Think about bringing some Swedish meat balls for this table or some warm sausages like the little prinskorv. Spareribs are popular on this table for midsommar. Hot side dishes are needed here too like cabbage rolls, brown beans, red cabbage, boiled new potatoes with dill, and a Jansson's Temptation.

### **Table 4 (Members from James & Melissa Netzel to Amy Winter)**

DESSERTS! We'd love to have some homemade baked goods for this table—some cookies or maybe a light cake. This is the spot for a mixed fruit salad. And STRAWBERRIES! Midsommar would not be midsommar without strawberries—served alone with a little sugar and whipped cream—or with ice cream, on top of a meringue, or in the form of jordgubbstårta (Swedish version of strawberry shortcake). Please don't forget to bring the strawberries!

### **FUTURE EVENTS**

**Scandinavian Festival** – Please put the Scandinavian Festival on October 5<sup>th</sup> on your calendar. We need many hands to make this event a success, so if you are able to work please contact Barry Moore or Gail Nemy at the next meeting.

**Crayfish Party** – Put August 17<sup>th</sup> on your calendar for the annual crayfish dinner at James and Melissa Netzel's home. We are planning to have a Kubb (Swedish bowling) tournament and singing and dancing. There will be a newsletter in August (no July newsletter) with more details.

### **2013 DUES**

Congratulations! We are way ahead of this time last year for the collection of dues. Let's see if we can have 100% of dues paid by June 1<sup>st</sup>. Monitor Lodge has not raised dues in many years, so they are still **\$30 per person per year**. If you haven't paid your dues for 2013, you should send them to our Financial Secretary, Elizabeth Swenson at P.O. Box 22943, Sacramento, CA, 95822 or see her at the Midsommar Potluck.

### **JUNE BIRTHDAYS**

6/4 Kris Arnlund	6/9 Beatrix Clark	6/10 Beatrice Matson
6/15 Elizabeth Johnson	6/16 Jack Larson	6/21 Chris Moore

### **JULY BIRTHDAYS**

7/7 Daniel Eriksson	7/10 Eivor Pfannkuch	7/16 Arlene White
7/19 Meribeth Bean & Robert Johnson		

### **Nål och Tråd**

The next meeting of Nål och Tråd will be in August, in preparation for the Scandinavian Festival. . If you have a suggestion for meeting time, date or place, please call Karin Johnson at 916-482-3755.

### **New Member/Program Book Corrections**

Loren Weatherly – [loren.weatherly@gmail.com](mailto:loren.weatherly@gmail.com)  
Andy Hopkins & Alex Hopkins – [landr01@att.net](mailto:landr01@att.net)  
Peter Kidmo – [peter.kidmo@gmail.com](mailto:peter.kidmo@gmail.com)  
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