Sacramento, California
Meets at I.O.O.F. Hall, 1831 Howe Ave







November 2019

Tack så mycket to everyone for a very productive November business meeting and even more importantly the wonderful variety of cookies, cakes and other sweet tooth delicacies. We started the evening off on a solemn note when we draped the Charter in memory of Lillian Stafford. Lillian was a 74 year member of Vasa and a 62 year member of Monitor Lodge. Arlie Veis made a motion that the Lodge make Lillian a Lifetime member of Monitor, posthumously, because of all of her work with Monitor Lodge. Motion was approved unanimously. We then moved on to the election of our 2020 officers by acclamation and other business. The cultural presentation by Brian Horsfield – "Life in Sweden during WWII" plus a small display of Swedish "Friar Skedar" (love spoons) provided by Andy Hopkins" were fascinating looks into cultural events of bygone years in Sweden.

How good is your Swedish vocabulary? Here are a few simple phrases you can use on a regular basis (you will find translations on the last page of this newsletter):

- Smörgåsbord
- Julbord
- Smörgåsar
- Nyckelharpa
- Kärleksmums

Upcoming Monitor events. . Our next meeting will be on Saturday, December 7th at the IOOF Hall where we will enjoy our annual **Julbord.** We will follow that with our **St. Lucia** celebration on Friday, December 13th. January 3rd will be a

2019 Calendar of events

December 7th – Saturday – **Julbord** & Jul Glögg Party

December 13th – Friday – **St. Lucia** celebration

2020 Calendar of events (tentative dates)

January 3rd – Friday- Dinner and installation of officers

February 7th – Friday **- Pea Soup and Pancakes**

March 6th – Friday – **Corned beef and cabbage** dinner

April 4th – Saturday – 107th **Anniversary** luncheon

April 18th – Saturday - 37th Sacramento Scandinavian Festival at Scottish Rite

April 24-26 – Friday thru Sunday – Golden Gate District #12 convention

May 9th – Saturday - **Sill Frukost**

June 5th – Friday – **Midsommar potluck**

June 6th – **Sweden Day** – Golden Gate #12 - Micke Grove Park, Lodi

July - no meeting

August 8th – Saturday - **Kräftskiva** (crayfish party)

September 4th – Friday -**Ham** dinner

Sacramento, California Meets at I.O.O.F. Hall, 1831 Howe Ave

potluck dinner along with the installation of our 2020 officers and the initiation of several new members.

Gentle reminder. 2020 Dues are due on January 1, 2020. The yearly dues are still \$35.00 **per** member 14 years of age and older. Dues are delinquent on March 31st. Please make checks payable to Monitor Lodge #218 and mail your dues to:

Anita Nord, Monitor Financial Secretary 6435 Palm Ave. Carmichael CA 95608

Tack så mycket in advance for your diligence in getting payment in early. We also ask that you consider making a donation to our scholarship fund in honor or in memory of a loved one or just because. If you include a donation in your dues check, please include a note so that Anita knows to allocate the monies to the appropriate fund. Contributions to the Education/Scholarship Funds of local lodges, districts and the Grand Lodge are tax deductible under Internal Revenue Code 170(c) (4) as no goods or services are provided in return for these contributions.

Did you know _____ about Monitor Lodge? This occasional section features interesting factiods about Monitor Lodge and VASA. All dues paying members of VASA should be receiving the newspaper Nordstjernan on a quarterly basis when it carries the VASA Star insert. If you are not receiving the quarterly newspaper, please contact Yvonne Magneheim to get the subscription information updated. However, you may want to consider getting a regular monthly subscription to Nordstjernan which will bring you a plethora of Swedish cultural information, including recipes, calendar of events and human interest stories. In addition, a regular subscription provides access to their on-line edition which is continually updating content beyond the monthly newspaper.

Children's Club. Monitor's Children's Club is currently rehearsing for our St. Lucia celebration but the club meeting monthly throughout most of the year. We welcome all children interested in participating in traditional Swedish craft, dance, music and literature activities. They need not currently be members of Monitor lodge. Contact Lisa Rea (Irea100@yahoo.com) for more information.

Sacramento, California Meets at I.O.O.F. Hall, 1831 Howe Ave

Annual Program book updates. We have no known changes to the **2019** book this month. You can always find the most current information in our online <u>directory</u> on our website. You need a password to access this page so please contact Chuck Johnson if you cannot log into the page.

Scholarships. It is not too early to start thinking about pulling together the paperwork to apply for Grand Lodge, Golden Gate District and Monitor Lodge scholarships. Note that the Grand Lodge deadline will be mid-**January 2020** while the District's and Monitor's deadline will be **April 1**st, **2020**.

Grattis på födelsedagen to our **November** birthday celebrants Diane Brownell, Susan Edelmayer, Russell Ellis*, Richard Eriksson, Sr*, Kathy Matthews*, Donna Niemoller*, Karen Sandberg, Elizabeth Swenson-Miura, Loren Weatherly and Larry Woodward. And our **December** birthday celebrants are Ruth Marie Brown*, Laila Harris*, Adam Johnson, Carol Nesewich* and David Eric Swanson.

If we missed listing you on our monthly listing, it is most likely because we do not have your birthday listed in our database. Please let us know if we inadvertently overlooked you. (* denotes member 75 years of age or older)

Sunshine (Friendship) Committee: We have several members and their families currently dealing with health issues or unable easily travel to Monitor events and they appreciate receiving your cards, phone calls and visits. Please contact Larry Woodward or Will Hanley, our Sunshine committee members, if you know of a member in need of our assistance in some manner.

Lodge business meetings schedule. Our November business meeting minutes are included as an attachment to this newsletter sent to members. **Please take note:** Our next business meeting will be in January 2020 and will include the installation of our 2020 officers.

New Members. Members are encouraged to invite friends, family and co-workers to our activities. In addition, if you think sending someone our newsletter for a couple of months will pique or sustain their interest, please provide their email to Chuck Johnson so they can be added to the distribution list. Don't forget to let folks know that we always have Legos on hand at our meetings for the kids and the young at heart and remember to refer them to Monitor's web site (http://www.monitorlodgesacramento.org) for information.

Sacramento, California Meets at I.O.O.F. Hall, 1831 Howe Ave

And for the good of the order - a reminder that we have <u>Swedish cookbooks</u> on our web site which you can share with family, friends and co-workers when you are chatting with them about Monitor Lodge and Swedish activities in Sacramento.

Translations of some common Swedish phrases you can use every day:

• Smörgåsbord a Scandinavian meal served buffet-style with multiple hot and cold dishes of various foods on a table

Julbord Christmas themed Smörgåsbord

• Smörgåsar open faced sandwich

• Nyckelharpa a traditional Swedish musical instrument. It is a string instrument or chordophone

• Kärleksmums Chocolate "yummy" cake



Newsletter editor: Chuck Johnson info@monitorlodgesacramento.org