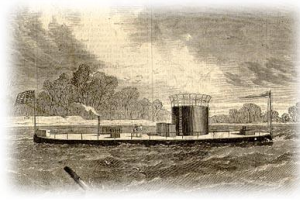


Monitor Lodge, #218
Sacramento, California
Meets at I.O.O.F. Hall, 1831 Howe Ave



December 2019

Tack så mycket to everyone for a wonderful Julbord gathering on Saturday and for a delightful St. Lucia celebration performed by our Children's Club the following Friday. We especially want to thank Peggy Carlson, Anita Nord, Eivor Pfannkuch and DeeDee Dahlberg for serving as table coordinators for the Julbord. Kudos also go to Lisa Rea and her helpers, Anita Nord, Joyce Willow, Sarah Cuthill, Christine Brainerd and Charley Rea for making the St. Lucia and Tomten activities so much fun for the children and their families. You will find more pictures of both events on our Facebook [albums page](#) and please send us your pictures to share.



Julbord and Tomten (above)

St. Lucia and dancers (next page)

2020 Calendar of events
(dates subject to change)

January 3rd – Friday- Dinner and installation of officers

January 14th – Tuesday – tentative date for annual Audit committee meeting

February 7th – Friday - **Pea Soup and Pancakes**

March 14th – Saturday – 107th **Anniversary** luncheon

April 3rd – Friday – **Fika** and business meeting

April 18th – Saturday - 37th **Sacramento Scandinavian Festival** at Scottish Rite

April 24-26 – Friday thru Sunday – Golden Gate District #12 convention

May 1st – Friday – **Mothers' Day** celebration

June 6th – **Sweden Day** – Golden Gate #12 - Micke Grove Park, Lodi

June 13th – Saturday **Sill Frukost**

July – no meeting

August 8th – Saturday - **Kräftskiva** (crayfish party)

September 11th – Friday - **Ham** dinner

October 2nd – Friday - **Swedish Taco bar**

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How good is your Swedish vocabulary? Here are a few simple phrases you can use on a regular basis (you will find translations on the last page of this newsletter):

- Grattis!
- Njut av dagen
- snabbare och snabbare
- Många hälsningar
- Nål och Tråd

Upcoming Monitor events. Our next meeting will be at the IOOF Hall on Friday, January 3rd and will be a potluck dinner along with the installation of our 2020 officers and the initiation of several new members.

Gentle reminder. 2020 Dues are due on January 1, 2020. The yearly dues are still \$35.00 **per** member 14 years of age and older. Dues are delinquent on March 31st. Please make checks payable to Monitor Lodge #218 and mail your dues to:

Anita Nord, Monitor Financial Secretary
6435 Palm Ave.
Carmichael CA 95608

Tack så mycket in advance for your diligence in getting payment in early. We also ask that you consider making a donation to our scholarship fund in honor or in memory of a loved one or just because. If you include a donation in your dues check, please include a note so that Anita knows to allocate the monies to the

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appropriate fund. Contributions to the Education/Scholarship Funds of local lodges, districts and the Grand Lodge are tax deductible under Internal Revenue Code 170(c) (4) as no goods or services are provided in return for these contributions.

Did you know _____ about Monitor Lodge? This occasional section features interesting factoids about Monitor Lodge and VASA. If you want to stay current on what is happening at Monitor Lodge events (including pictures and videos), need a Swedish cultural “fix” or just looking for a new Swedish recipe to try out on your family and friends you only need to go to our own Facebook page at:

<https://www.facebook.com/MonitorLodgeSacramento/>

Sarah Cuthill, our Facebook caretaker, is doing a wonderful job keeping our Facebook page current but she welcomes submittals of articles, links, videos and/or pictures of topics that would be of interest to our members and others interested in Monitor Lodge and Swedish culture. Email her at: sarahmelisse@gmail.com

Children’s Club. The club meets monthly throughout most of the year. We welcome all children interested in participating in traditional Swedish craft, dance, music and literature activities. They need not currently be members of Monitor lodge. Contact Lisa Rea (lrea100@yahoo.com) for more information.

Annual Program book updates. The 2020 program book is in the final stages of production and paper copies should be available in January. The booklet will also be available on our [website](#) where we also post updates throughout the year.

Scholarships. It is not too early to start thinking about pulling together the paperwork to apply for Grand Lodge, Golden Gate District and Monitor Lodge scholarships. Note that the Grand Lodge deadline will be mid-**January 2020** while the District’s and Monitor’s deadline will be **April 1st, 2020**.

Grattis på födelsedagen to our **December** birthday celebrants are Ruth Marie Brown*, Laila Harris*, Adam Johnson, Carol Nesevich* and David Eric Swanson.

If we missed listing you on our monthly listing, it is most likely because we do not have your birthday listed in our database. Please let us know if we inadvertently overlooked you. (* denotes member 75 years of age or older)

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Sunshine (Friendship) Committee: We have several members and their families currently dealing with health issues or unable easily travel to Monitor events and they appreciate receiving your cards, phone calls and visits. Please contact Larry Woodward or Will Hanley, our Sunshine committee members, if you know of a member in need of our assistance in some manner.

Lodge business meetings schedule. We had no business meeting in December so there are no minutes included as an attachment to this newsletter sent to members. **Please take note:** Our next business meeting will be in January 2020 and will include the installation of our 2020 officers. The January meeting will include status reports from our Governing Documents Updates and our Scholarship Program Updates working groups.

New Members. Members are encouraged to invite friends, family and co-workers to our activities. In addition, if you think sending someone our newsletter for a couple of months will pique or sustain their interest, please provide their email to Chuck Johnson so they can be added to the distribution list. Don't forget to let folks know that we always have Legos on hand at our meetings for the kids and the young at heart and remember to refer them to Monitor's web site (<http://www.monitorlodgesacramento.org>) for information.



And for the good of the order - a reminder that we have [Swedish cookbooks](#) on our web site which you can share with family, friends and co-workers when you are chatting with them about Monitor Lodge and Swedish activities in Sacramento.

Translations of some common Swedish phrases you can use every day:

- | | |
|-------------------------|---|
| • Grattis! | Congratulations! |
| • Njut av dagen | Enjoy the day |
| • snabbare och snabbare | faster and faster |
| • Många hälsningar | many greetings |
| • Nål och Tråd | Needle and Thread (a crafts group within Monitor Lodge) |



Newsletter editor: Chuck Johnson
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