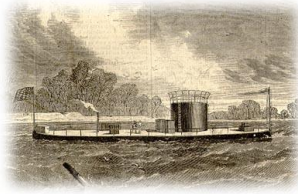


Monitor Lodge #218

Sacramento, California

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April (April) 2024

March had the membership enjoying a wonderful meal of corned beef and cabbage followed by a very interesting presentation on contemporary Swedish music by Marianne Ek. The meeting also saw the initiation of our two newest members: Marie Green and Nils Hedglin.

Upcoming Monitor events. April will be very busy with our **112th** anniversary luncheon, **40th** annual Sacramento Scandinavian festival and the Golden Gate District #12 annual convention. But we don't slow down much in May as the Reas will be hosting our annual Sillfrukost at their home. Then in June we return to the IOOF Hall to celebrate Midsommar.

A grattis på födelsedagen to our birthday celebrants for **April:** Annika Anderson*, Dick Baldwin*, Michelle Kauffman*, Sandra Kesler, Margaretha Logus*, Barry Moore, Melissa Netzel, Bobbie Watson, Lisa Widmark and Tiffany Yokoi. (* denotes member 75 years of age or older).

Important reminder: Our 2024 dues are due on January 1, 2024. The yearly dues are still \$35.00 **per** member 14 years of age and older. Dues are delinquent on March 31st. Please make checks payable to Monitor Lodge #218 and mail your dues to:

Anita Nord, Monitor Financial Secretary
6435 Palm Ave.
Carmichael CA 95608

Tack så mycket in advance for your diligence in getting payment in early. We also ask that you consider making a donation to our scholarship fund when you send in your renewal check in honor or in memory of a loved one or just because.

2024 Calendar of events (dates subject to change)

April 6th – Saturday – **112th Anniversary luncheon**

April 20th – Saturday – **40th annual Scandinavian Festival**

April 26-28 – **Golden Gate District #12 annual convention**

May 4th – Saturday – **Sillfrukost**

June 7th – Friday – **Midsommar**

July – no meeting

August 3rd – Saturday – **Kraft kiva**

September 6th – Friday – **Officer nominations**

October 4th – Friday – **Swedish Taco Night**

November 1st – Friday
Pie social (tentative)

December 7th – Saturday
Julbord and Glögg Party

December 13th – Friday
St. Lucia program

2025 Calendar of events (dates subject to change)

January 10th – Friday
installation of officers

February 7th – Friday – **Pea Soup and Pancakes**

March 7th – Friday – **Corned Beef & Cabbage**

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Annual Program book updates. Our 2024 Program Book was mailed to all active members in late December. While we endeavor to ensure the information is correct, it is a living document so please contact Brian Horsfield, Anita Nord and Chuck Johnson whenever your information changes so we can update the Program Book, membership database and newsletters. Tack så mycket. We have the no updates for April:

Important reminder: The annual scholarship deadlines are fast approaching. The Grand Lodge 2024 application was due February 15, 2024 while Monitor Lodge's and Golden Gate District's applications are due **no later than April 1, 2024**. Additional information and application forms available on Monitor's website at:

<https://www.monitorlodgesacramento.org/membership/scholarship/>

Read the instructions carefully as the requirements are slightly different for each scholarship.

Did you know _____ about Monitor Lodge? This occasional section features factoids about Monitor Lodge and VASA. This month we are deferring exploring another bit of Monitor's history as our researcher has been sidetracked with other activities.

Current financial report (summary) as of the end of February 2024 from our Financial Secretary and Treasurer and we continue to be comfortably in the black. The figures below reflect the recent payment of our annual District and Grand Lodge assessments (\$3,252.20).

<u>General Fund</u>	<u>Children's Club</u>	<u>Nål och Träd</u>	<u>Building</u>	<u>Scholarship</u>	<u>Totals</u>
\$11,176.04	\$156.26	\$6,144.70	\$4,668.990	\$7,491.86	\$29,637.76

How good is your Swedish vocabulary? If you want to brush up on your Swedish in addition to Monitor's Swedish language classes led by Will Hanley you will find Swedish vocabulary and lessons in the Swedish edition of The Local (<https://www.thelocal.se/>) or Nordstjernen (<http://www.nordstjernen.com/>). You can also get a language fix from bi-weekly podcasts at: <https://shows.acast.com/the-newbie-guide-to-sweden-podcast>.

We again offer our Swedish word of the day courtesy of The Local on [September 23rd, 2022](#). This time the word is: *vårdagjämning*. *Vårdagjämning* is the Swedish term for the spring equinox, made up of the word *vår* ("spring") and *dagjämning* ("equinox").

The word *vår* comes from the Old Norse *várr*. *Várr* originated from Proto-Indo European **wésr*, which is actually also the root of the Latin word for spring, *vēr*.

You can see words originating from Proto-Indo European **wésr* in multiple other languages, such as Ancient Greek *ἔαρ* (*éar*, meaning "spring"), Lithuanian *vasara* ("summer"), Sanskrit *वसर्* (*vasar*, "morning") and *वसन्त* (*vasantá*,

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"spring"), Persian بهار (bahâr, "spring"), Old Armenian *գարուն* (garun, "spring"), and Russian *весна́* (vesná, "spring").

The Latin adjective to describe something spring-like or something related to spring then became *vernālis* or, more commonly, *vērnus*, which is where another English term for the spring equinox, the vernal equinox, comes from.

On the day of an equinox, daytime and nighttime are of approximately equal duration (this is true at the same time all over the planet, not just in Sweden). There is one in spring – this year falling on March 20th – and one in autumn, known as *höstdagjämning*.

The word used in English, equinox, comes from Latin: *aequus* ("equal") and *nox* ("night"). The Swedish word for equinox, *dagjämning*, is made up of the word for day, *dag*, and *jämning*, which means something like "levelling" or "equilibrium".

The Swedish term *jämn* is directly related to Old Norse *jafn*, and is an adjective similar to "even". It can be used to describe a physical quality (*en jämn yta* is "an even surface"), as well as to mean "equal", or an even number (*ett jämnt tal*).

You can also see *jämn* in the Swedish word for equality, *jämställdhet* or *jämlikhet*. March 20th (sometimes 21st) is the spring equinox. From that date onwards, days include more light minutes than dark ones. The days will continue to get longer until the summer solstice, which falls on June 20th this year.

Example sentences

Det är vårdagjämning i dag, när dag och natt är lika långa. Today is the equinox, when day and night are the same length.

Heter det dagjämningen när man firar sommarens kortaste natt? Nej, det är sommarsolståndet som vi firar på midsommarafton. Is it called the equinox when we celebrate the shortest night of summer? No, that's the summer solstice which we celebrate on Midsummer's Eve.

For the good of the order: 1. *Don't forget* that we have Friday, April 19th as setup and Saturday, April 20th for our **40th** annual Sacramento Scandinavian festival at Elks Lodge #6 in the Pocket area off of Riverside Blvd. Monitor still needs volunteers (yourselves, your family members, coworkers and friends) to work our food sales, ticket sales and bring baked goods donations for the Baked Goods table.

2. This month's tid-bit is a nod to all of our members who like chickens – a little bit of information on Swedish poultry breeds:

<https://www.google.com/search?client=firefox-b-1-d&q=swedish+breeds+of+chickens>

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The [Swedish Flower Hen](#) (Skånsk Blommehöna) is an endangered traditional Swedish breed of domestic chicken. It is one of eleven traditional chicken breeds in Sweden.



The [Swedish Black Rooster, Hen or Chicken](#) (Svarthöna, Bohuslän-Dals svarthöna) is a Swedish landrace of domestic chicken that is considered to have originated from Ayam Cemani/Kadaknath breeds of chickens transported from Mozambique to Norway by sailors sometime in the 17th century.

The [Hedemora Chicken](#) (Hedemora or Hedemorahona), is a rare chicken breed over 500 years old that originated in the forested areas of Dalarna County of Sweden close to Hedemora. It's said to be the most cold hardy chicken in the world. Hedemoras are known to lay throughout the frigid winters, and are willing foragers even in the snow at a very low temperature in subzero weather.



The [Silverudd Blue](#) (Silverudds Blå) is a Swedish breed of chicken. It was developed by Martin Silverudd in Småland, in southern Sweden. Hens lay blue/green eggs, weighing 50–65 grams. The flock-book for the breed is kept by the Svenska Kulturhönsföreningen – the Swedish Cultural Hen Association.

The [Öland hen](#) (Ölandshöna) is a robust and sociable land breed has adapted to the sometimes harsh climate on one of Sweden's largest islands - Öland. They can withstand cold and wind and are good at avoiding birds of prey. At Skansen you will find Öland's chickens in the City Quarter, on the tannery farm where they live in a hen house and roam freely during the day.



Newsletter editor: Chuck Johnson